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SPALDING'S
ATHLETIC LIBRARY

Auxiliary Series

OFFICIAL HANDBOOK

**Jersey City Public
• School •
Athletic Association**

1917

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OFFICIAL HANDBOOK

*JERSEY CITY PUBLIC
SCHOOL ATHLETIC
ASSOCIATION*

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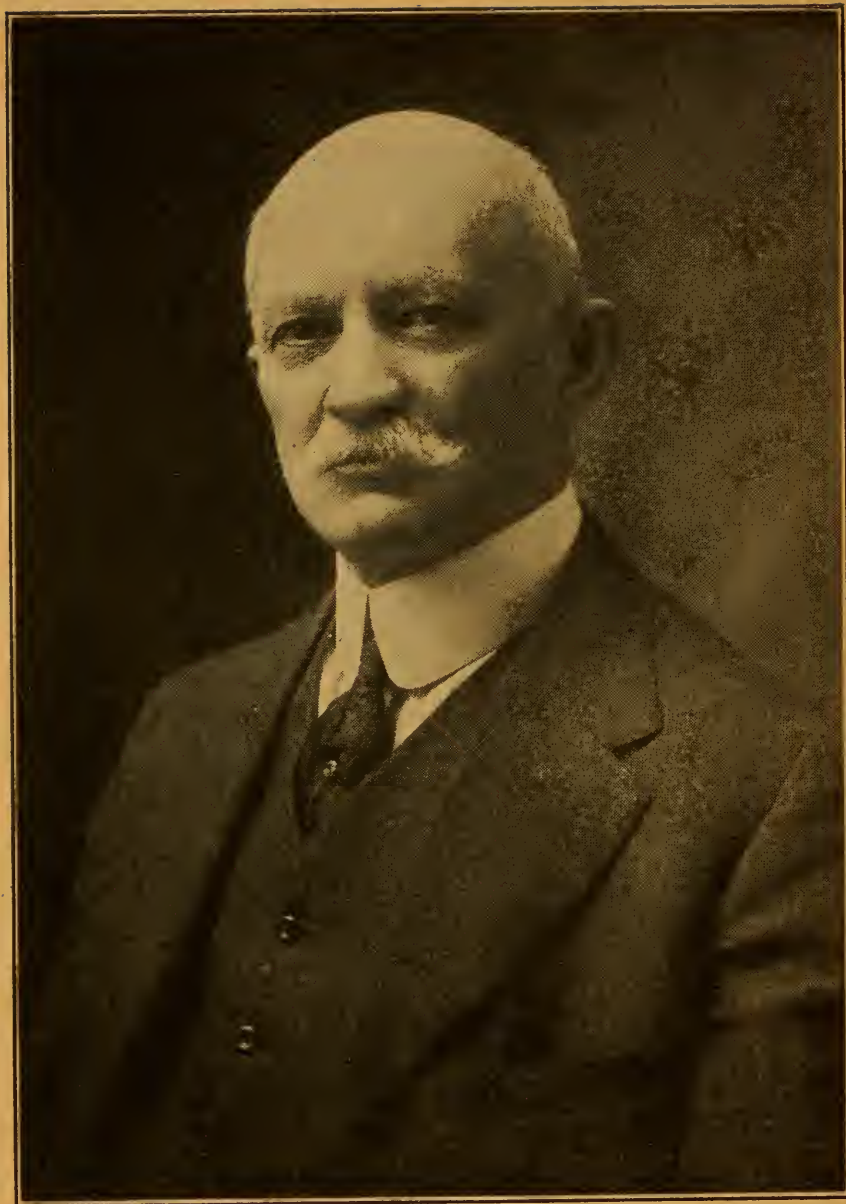
*K. L. THOMPSON N. L. CHANCE
HOWARD DARE WHITE*

1917

Published by the

AMERICAN SPORTS PUBLISHING COMPANY

45 Rose Street, New York



DR. HENRY SNYDER,
Superintendent of Schools, Jersey City.

Wilms, Photo.

To the Pupils of the Public Schools

You all realize how deeply your principals and teachers are interested in your progress in school. Their activity in organizing the Public School Athletic Association and their willingness to do all the hard work necessary to provide you with the opportunities to take part in the games in which you delight are especially pleasing to you and to your friends. I hope you will show your appreciation of their efforts by joining in the games and sports which they will inaugurate, joyfully and enthusiastically. But remember always to do so fairly and honestly. Remember that the traits which you habitually show in your games are bound to stick to you all your lives. Remember that the boy who is unfair or dishonest in his play is going to be dishonest in business when he becomes a man. Remember that the foundation of real manliness and womanliness is laid in childhood. Always play hard that you may grow strong in body. That you may gain mental strength, the courage to win without boasting and to lose with good nature and without jealousy, always be guided by the spirit of "Fair Play."

HENRY SNYDER,
Superintendent of Schools.



K. L. THOMPSON
President.



HOWARD DARE WHITE,
Vice-President.



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Secretary.



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Executive Com.

Officers Jersey City Public School Athletic Association.

The History and Purpose of the Jersey City Public School Athletic Association

In the Spring of 1911, the Male Principals' Association took active steps toward organizing an athletic association, which should control and encourage all forms of athletics. President W. F. Babcock at that time appointed Dr. J. K. Light, W. B. Du Rie, and N. L. Chance as a committee to visit Newark, and ascertain the methods used in that city. Its report was presented at a meeting held December 5, 1911. At that meeting, Mr. Elmer K. Sexton, of Newark, was present by invitation, and described very carefully how athletic affairs were managed in that city. On that date, the Public School Athletic Association of Jersey City was formed.

AIM.

The aim of the Jersey City Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, because of the changed conditions of life in the home and the factory. Nowadays the available means of muscular development is very largely diminished by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Then, too, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in victory. The influence of athletic meets, moreover, extends throughout all the schools with wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Jersey City are under-

taking to help boys and girls to enjoy activities which, without some outside assistance of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the Association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and prevent the evil practices which so often work their way into competitive athletics.

The Association decided not to make scholarship and deportment a qualification for participation in interschool events. These are too intangible and indefinite to give any firm basis for decisions, in case a participant is protested for such cause. Instead, each principal may regulate this matter for himself, and decide upon those who may compete with honor to the school.

The Association also recognizes its opportunity for exerting a wholesome moral influence, by developing an ideal of fairness, gentlemanly conduct, courtesy, and truthfulness in matters pertaining to competition. In fact, one of the great lessons to be learned from competition is manliness and cheerfulness in defeat, as well as humility in victory. Such a spirit characterizes the true athlete.

The Association has striven also to permit no competition which shall injure the physical organism in any way. Certain events, for instance, have been omitted, because they entailed too great a strain upon the heart and nervous system. Further, it has been provided that no boy shall enter more than two events, one a track event, and the other a field event. Again, the classification makes it impossible for the older and larger boys to compete against the younger and smaller. It is further believed that no one should be permitted to compete, if shown by the family or school physician to be unfit. The physical record cards afford a good basis for such judgment. To provide for all around development and to give each an opportunity to win distinction, standard events have been provided. These standard contests are non-competitive, and represent an attempt to meet a certain standard of proficiency in different events. A button is given to each child who is able to reach these standards.

Prize and standard events for girls have also been provided, that the girls, too, may share in the benefits of regulated athletics.

The first annual meet was held on June 7, 1912, at the Jersey City Base Ball Grounds. In this meet about 2700 children took part. The second annual meet was held at the same place on June 3 and 4, 1913. About 3700 children took part in this meet. Since then, annual meets have been held in June with an in-



FACSIMILE OF MEDAL GIVEN FOR PRIZE EVENTS.

creased number of participants. The results of the last one will be found elsewhere in this book.

The financing of such an undertaking is a serious problem. The success of this organization has been due in large measure to the series of entertainments held in different schools throughout the city. Through these, the organization has been placed on a solid financial basis.

In the fall of 1913, an athletic carnival, under the direction of Mr. Gustav H. Bojus, was held. The object of this carnival was to start a fund for the purchase and equipment of an athletic field for the use of the school children of Jersey City. While this aim has not yet been attained, the Association still hopes that it may be realized in the near future.

The Association began its career auspiciously. Its further success depends upon the continued loyalty and co-operation of every principal, teacher and pupil, and upon the sympathetic, lasting co-operation, financial and moral, of every parent and of every person interested in the school and in the school children of Jersey City.



SOME HIGH OFFICIALS OF THE ASSOCIATION.

Detrick, Photo.

Trophies

For the Fifth Annual Meet of the Jersey City Public
School Athletic Association, June 16
and June 17, 1916.

CUP.

To the School Scoring the Most Points in the Meet
(Boys and Girls).

Donors—JERSEY CITY P.S. ATHLETIC ASSOCIATION.

Winner—School No. 27

CUP.

To the Grammar School Scoring the Most Points in
Standard Events (Boys and Girls).

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City Superintendent of Schools.

Winner—School No. 23

CUP.

To the Primary School Scoring the Most Points in
Standard Events (Boys and Girls).

Donor—JERSEY CITY PRIMARY PRINCIPALS' ASSOCIATION.

Winner—School No. 31

CUP.

To the School Winning the Senior 880-Yard Relay
Race (Boys).

Donor—MR. J. FISHER ANDERSON,
President Board of Education.

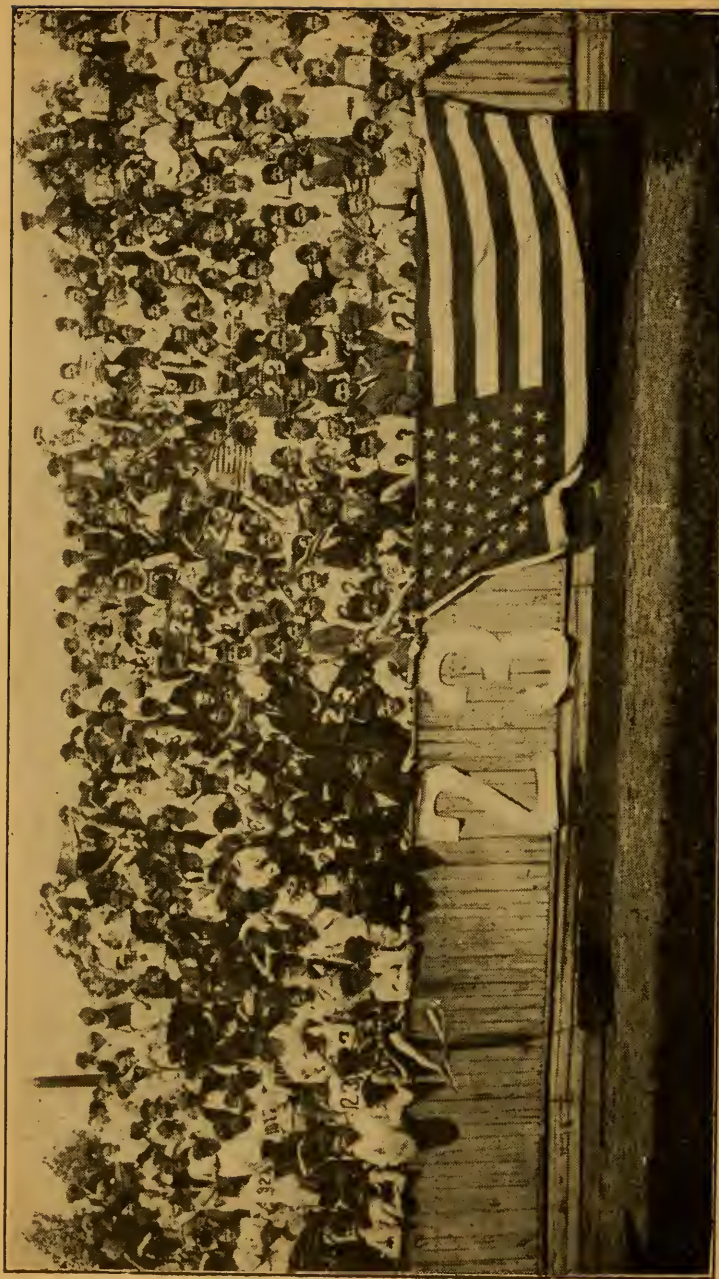
Winner—School No. 11

CUP.

To the School Winning the Intermediate 660-Yard
Relay Race (Boys).

Donor—EUREKA FIRE HOSE MANUFACTURING COMPANY.

Winner—School No. 11



COMPETITORS FROM PUBLIC SCHOOL No. 23.

Detrick, Photo.

CUP.

To the School Winning the Junior 440-Yard Relay Race (Boys).

Donor—MR. JOHN J. VOORHEES.

Winner—School No. 24

CUP.

To the School Scoring the Most Points in Field Prize Events (Boys).

Donor—JERSEY CITY TEACHERS' ASSOCIATION.

Winner—School No. 27

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor—MR. KENNINGTON L. THOMPSON,
President Jersey City P.S.A.A.

Winner—School No. 11

CUP.

To the School Winning the Oat Bag Relay Race (Girls).

Donors—MARK M. FAGAN, A. HARRY MOORE, GEO. F. ERENSINGER, FRANK HAGUE, HENRY BYRNE,
Commissioners of Jersey City.

Winner—School No. 14

CUP.

To the School Winning the 440-Yard Relay Race (Girls).

Donor—DIEGES & CLUST.

Winner—School No. 23

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—DR. HENRY H. BRINKERHOFF,
Director of Medical Inspection.

Winner—School No. 23

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—SCHWARTZ, KERWIN & FAUSS.

Winner—School No. 27



CHINNING THE BAR.

Detrick, Photo.

CUP.

To the School Winning the Shuttle Relay Race (Girls).

Donor—MR. J. W. WAKEMAN.

Winner—School No. 20

CUP.

To the School Winning in Base Ball in the Hudson City District.

Donor—MR. E. A. MURPHY,
Assistant City Superintendent of Schools.

Winner—School No. 6

CUP.

To the School Winning in Base Ball in the Bergen District.

Donor—MR. JOHN WARD.

Winner—School No. 22

CUP.

To the School Winning in Base Ball in the Greenville District.

Donor—MR. W. J. TUERS.

Winner—School No. 34

CUP.

To the School Winning in Base Ball in the Eastern District.

Donor—MR. G. FRED EGE,
Secretary Board of Education.

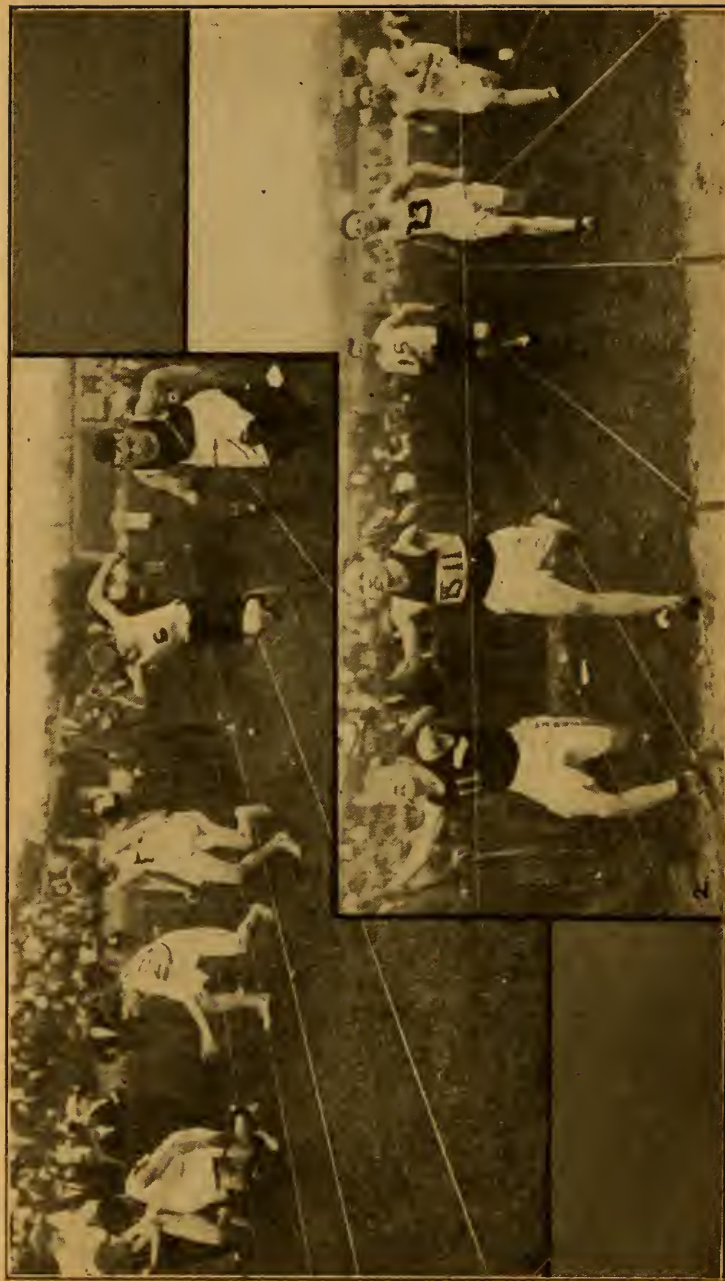
Winner—School No. 9

CUP.

To the School Winning the City Championship in Base Ball.

Donor—JERSEY CITY MALE PRINCIPALS' ASSOCIATION.

Winner—School No. 34



1, AWAY AT THE STARTER'S SIGNAL.

2, NEARING THE FINISH LINE.
Detrick, Photos.

Boys' Prize Records, June 17, 1916

JUNIOR.

50-yard Dash.

1. Edgar FarquarhsonPublic School No. 8
2. Pasquale BuffoPublic School No. 9
3. Harold WatsonPublic School No. 6
4. Sidney JosephPublic School No. 8

Time, $7\frac{1}{5}$ seconds.

Running High Jump.

1. Thompson KennedyPublic School No. 27
2. Joseph McCarthyPublic School No. 6
3. Wayman StokesPublic School No. 12
4. Edgar FarquarhsonPublic School No. 8

Height, 4 feet 4 inches.

Running Broad Jump.

1. John FootePublic School No. 17
2. Harold MorrisonPublic School No. 27
3. Otto ReinartsenPublic School No. 15
4. Edward KellyPublic School No. 17

Distance, 12 feet $2\frac{1}{2}$ inches.

440-yard Relay.

1. Lester Browne, Walter Dunn, Bernard Langan,
Fred Thilo, Harry Oakley, Herman Sieb,
Public School No. 24
2.Public School No. 9
3.Public School No. 27
4.Public School No. 12

Time, 1 minute $1\frac{3}{5}$ seconds.

INTERMEDIATE.**75-yard Dash.**

1. Emile RoverPublic School No. 27
2. A. BoehmPublic School No. 27
3. Arthur MuhlenbeckPublic School No. 28
4. Charles TrumeriePublic School No. 34

Time, 9 $\frac{4}{5}$ seconds.

Running High Jump.

1. Clarence TriboutPublic School No. 8
2. Nestor AymongPublic School No. 15
3. Edward MichaelsPublic School No. 28
4. William ErwoodPublic School No. 9

Height, 4 feet 9 inches.

Running Broad Jump.

1. Emile RoverPublic School No. 27
2. Michael SteinPublic School No. 6
3. Ferdinand SchimackPublic School No. 23
4. Donald Spence.....Public School No. 17

Distance, 14 feet 6 $\frac{1}{2}$ inches.

660-yard Relay.

1. Lewis Allen, George Bonnell, Raymond Harper,
Andrew Hart, Joseph Richards, Harry West,
Public School No. 11
2.Public School No. 9
3.Public School No. 27
4.Public School No. 6

Time, 1 minute 29 $\frac{2}{5}$ seconds.

SENIOR.**100-yard Dash.**

1. Lester CanningPublic School No. 11
2. Edward HaddenPublic School No. 11
3. Harold HardingPublic School No. 23
4. Frank OertellPublic School No. 28

Time, 11 $\frac{4}{5}$ seconds.

Running High Jump.

1. L. FeinenPublic School No. 27
2. Thomas SmithPublic School No. 17
3. William KoenigPublic School No. 24
4. Thomas MartinPublic School No. 9

Height, 4 feet 10 inches.

Running Broad Jump.

1. Harold HardingPublic School No. 23
2. Edgar BrooksPublic School No. 8
3. Lester CanningPublic School No. 11
4. J. AmitraniPublic School No. 27

Distance, 16 feet 7 inches.

880-yard Relay.

1. Lester Canning, Edward Hadden, Harold Livingston, John McQuillen, John Miller, Charles Nygaard, Christian Danischewski,
Public School No. 11
2.Public School No. 14
3.Public School No. 6
4.Public School No. 27

Time, 1 minute 55 $\frac{3}{5}$ seconds.



TWO OF THE GIRLS' TEAMS OF PUBLIC SCHOOL No. 23.
Detrick, Photos.

Girls' Prize Records, June 16, 1916

Oat-Bag Relay.

1. Helen Brown, Sarah Drach, Ella Foil, Gladys Fox, Martha Hill, Georgianna Jones, May Muse, Minnie Max, Celestine Smith, Alice Saunders, Irma Watkins.....Public School No. 14
2.Public School No. 27
3.Public School No. 9
4.Public School No. 23

Time, 1 minute 29 seconds.

440-Yard Relay.

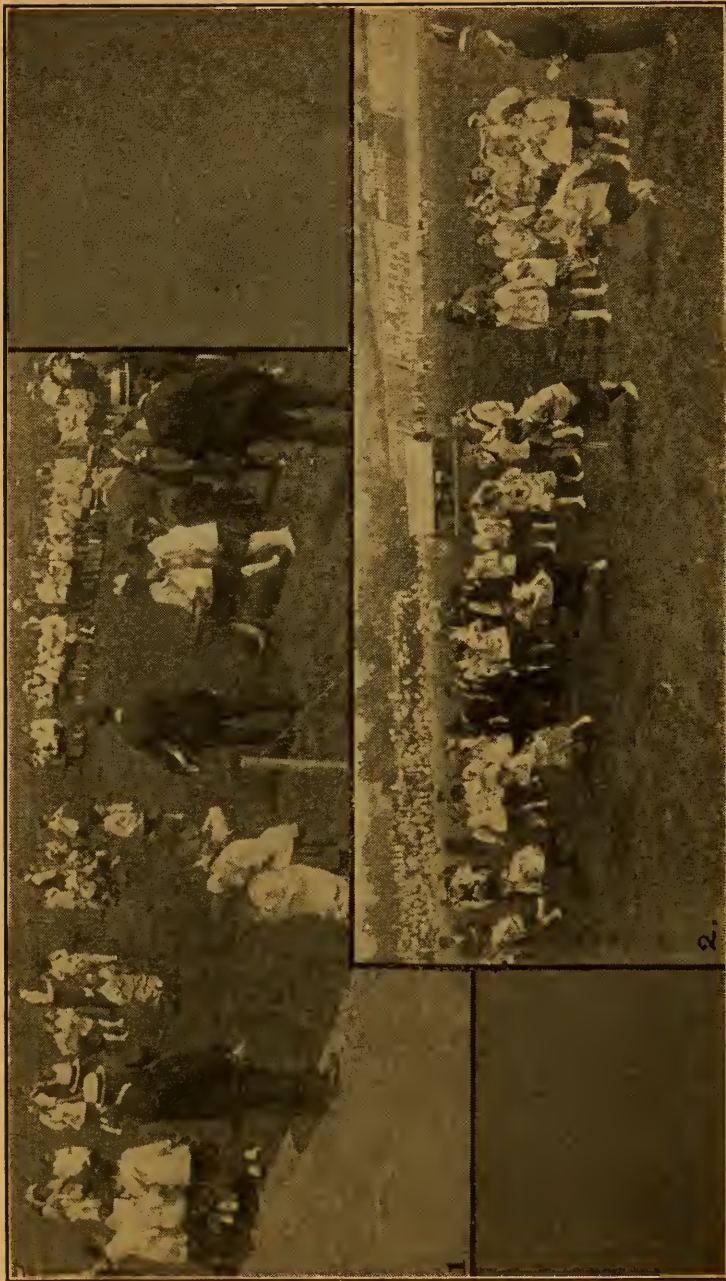
1. Millie Buffano, Claire Forquignon, Pauline Farber, Vita Grilla, Lillian Geary, Ariel Harkrader, Lottie Kosanowicz, Grace McLean, Frieda Ruesgen, Elizabeth Sessa, Louise Teschner, Lucille Thurber.....Public School No. 23
2.Public School No. 9
3.Public School No. 6
4.Public School No. 27

Time, 1 minute 7 seconds.

Flag Relay.

1. Grace Cleaver, Geneva Ciccarelli, Matilda Caroselli, Dorothy Danahue, Louise Gustaferra, Dorilla Loranger, Josephine Luciano, Natalie Minatelli, Mabel Ruder, Anna Riemer, Rosie Grilla.....Public School No. 23
2.Public School No. 28
3.Public School No. 14
4.Public School No. 8

Time, 42 seconds.



1, POTATO RELAY.

2, FLAG RELAY.

Detrick, Photos.

Potato Relay.

1. Lucy Aubrey, F. Brindopke, B. Boehm, M.
Himsel, M. Marcus, C. Muller, A. Spring, M.
Schmarle, I. Tohla, F. Wolfer. Public School No. 27
2. Public School No. 24
3. Public School No. 14
4. Missing

Time, 2 minutes 24 $\frac{1}{5}$ seconds.

Shuttle Relay.

1. Anna Alexander, Margaret Berberick, Violet
Brown, Gladys Clark, Antoinette Coca, Rose
Farrell, Dorothy Harris, Minnie Lawrence,
May Palmer, Emily Richard, Frances Schmale,
Lillian Smith Public School No. 20
2. Public School No. 17
3. Public School No. 30
4. Public School No. 34

No time taken.

Summary of Events

Held during the year 1916 under the direction of the
Jersey City Public School Athletic Association:

1. Girls' Athletic Meet, at Jersey City Base Ball Park,
June 16th.
2. Boys' Athletic Meet, at Jersey City Base Ball
Park, June 17th.
3. Four Base Ball Leagues. 20 teams.

At the Athletic Meet, June 16th and 17th, there were
provided:

- 5 Girls' Prize Events.
- 6 Girls' Standard Events.
- 12 Boys' Prize Events.
- 11 Boys' Standard Events.

The number of pupils who qualified in the Standard
Events were as follows:

For Girls—

Throwing Basket Ball for Distance.....	119
Throwing Oat Bag for Height.....	93
Hand-Walk on 16-foot Ladder.....	89
50-Yard Dash	99
30-Yard Dash	171
Indoor Base Ball.....	159

Total	730
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For Boys—

Junior Standing Broad Jump.....	186
Junior Chinning the Bar.....	149
Junior 50-Yard Dash.....	410
Intermediate Running Broad Jump.....	45
Intermediate Running High Jump.....	101
Intermediate Chinning the Bar.....	60
Intermediate 75-Yard Dash.....	204
Senior Running Broad Jump.....	12
Senior Running High Jump.....	17
Senior Chinning the Bar.....	11
Senior 100-Yard Dash.....	25

Total	1220
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Comparative Statement of Entries for the Meets of 1915 and 1916

SCHOOL No.	GIRLS		BOYS						TOTAL BOYS		GRAND TOTAL	
			JUNIOR		INTER- MEDIATE		SENIOR					
	1915	1916	1915	1916	1915	1916	1915	1916	1915	1916	1915	1916
1	31	9	16	12	20	7	11	5	47	24	78	33
3	33	60	18	40	13	8	5	5	36	53	69	113
4	9	26	11	13	5	4	1	1	17	18	26	44
6	180	113	126	101	99	63	17	21	242	185	422	298
8	60	80	60	78	36	34	10	12	106	124	166	204
9	123	134	43	49	54	62	22	17	119	128	242	262
10	14	13	13	27
11	33	86	42	32	27	23	9	11	78	66	111	152
12	36	79	26	25	7	16	6	39	41	75	120
13	2	7	5	2	4	9	9	9	11
14	47	84	14	25	6	18	8	11	28	54	75	138
15	96	101	84	89	52	52	9	1	145	142	241	243
17	71	75	50	62	32	41	8	5	90	108	161	183
19	11	7	3	10	21
20	93	67	44	40	21	18	11	6	76	64	169	131
21	20	19	6	25	45
22	7	31	5	7	3	20	1	5	9	32	16	63
23	320	430	213	201	126	159	45	48	384	408	704	838
24	122	93	86	87	51	34	16	7	153	128	275	221
25	46	20	20	30	19	19	2	6	41	55	87	75
27	146	132	111	113	47	51	9	12	167	176	313	308
28	59	48	37	11	32	20	10	10	79	41	138	89
30	12	14	10	21	1	10	22	22	36
31	19	32	29	41	10	6	39	47	58	79
32	9	53	1	16	5	13	1	3	7	32	16	85
34	84	150	95	96	34	62	5	13	134	171	218	321
	1647	1953	1155	1226	704	741	206	199	2065	2166	3712	4119

Record Holders—Boys

JUNIOR.

50-yard Dash—

6 $\frac{3}{5}$ seconds....Emile Rover, P.S. 27...1914

Running High Jump—

4ft. 4in..Thompson Kennedy, P.S. 27...1916

Running Broad Jump—

15ft. 4 $\frac{7}{10}$ in....Emile Rover, P.S. 27...1915

440-yard Relay—

59 seconds.....Victor Aime, Emile
Rover, Thompson
Kennedy, Arthur
Spring, Frank Boci-
lieri, Otto Medeck, P.S. 27...1915

INTERMEDIATE.

75-yard Dash—

8 $\frac{4}{5}$ seconds....Harry Green, P.S. 22...1914

Running High Jump—

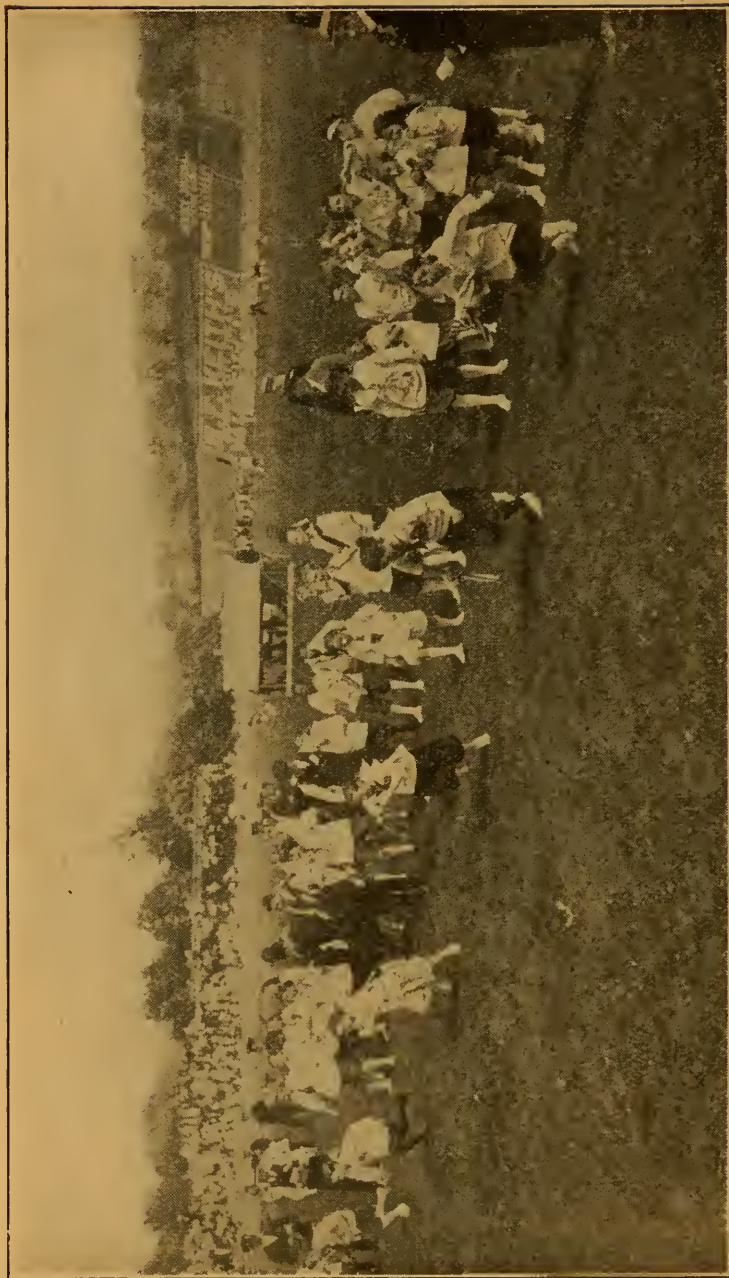
4ft. 9in.....Clarence Tribout, P.S. 8 1916

Running Broad Jump—

15ft. 7in.....Harry Green, P.S. 22...1914

660-yard Relay—

1 min. 17 $\frac{2}{5}$ sec. Pierre Boquel, Thos.
Barney, Rocco Es-
posito, Joseph Fac-
cone, Benjamin
Silverstein, George
McLaughlin, P.S. 9...1914



FLAG RELAY.

Detrick, Photo.

SENIOR.**100-yard Dash—**

10 4/5 seconds...Fred Beddiges, P.S. 8...1914

Running High Jump—

4ft. 10in.....William Hahn, P.S. 11...1913

4ft. 10in.....Edward Hahn, P.S. 11...1914

4ft. 10in.....Hugh Behr, P.S. 23...1915

4ft. 10in.....L. Feinen, P.S. 27...1916

Running Broad Jump—

17ft. 1in.....Fred Beddiges, P.S. 8...1914

880-yard Relay—

1 min. 39 sec....F. Bowyer, Domi-
nick Casciano,
Harold Cooke, Rus-
sell De Lorme,
Percy Dutcher, Ed-
ward Sweden, P.S. 17...1914

Record Holders—Girls**Oat Bag Relay—**

1 min. 3 3/5 sec..P.S. 14.....1915

440-yard Relay—

1 min. 5 3/5 sec..P.S. 27.....1914

Flag Relay—

42 sec.P.S. 23.....1916

Potato Relay—

2 min. 17 4/5 sec.P.S. 6.....1914

Shuttle Relay—

No time taken...P.S. 20.....1916



THROWING THE OAT-BAG.

Detrick, Photo.

Constitution of the Jersey City Public School Athletic Association

NAME.

This Association shall be known as the "JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of Jersey City, New Jersey; in connection therewith, to cooperate with and encourage athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

SECTION 1. The active membership shall consist of all the male principals of Jersey City.

SEC. 2. The associate membership shall consist of all the female principals of schools of Jersey City.

SEC. 3. Honorary officers and members may be elected.

ARTICLE III.

MEETINGS.

SECTION 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the first Wednesday in October in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

SEC. 2. At any meeting of the Association, six members shall constitute a quorum.

ARTICLE IV.

OFFICERS.

SECTION 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant

secretaries. Other assistants to the secretary may be appointed by the president.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the first Wednesday in October.

SEC. 3. The president, vice-president, and treasurer shall perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

SEC. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

ARTICLE V.

COMMITTEES.

SECTION 1. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, and three other active members, appointed annually by the president, which shall have all powers of the Association, when the Association is not in session. This committee shall meet at the call of the president or of the vice-president. Four of this committee shall constitute a quorum.

SEC. 2. The executive committee shall have control and management of the affairs and funds of the Association.

SEC. 3. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. Their decision upon all matters referred to it shall be final. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

SEC. 4. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the treasurer.

SEC. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VI.

DISTRICT LEAGUES.

SECTION 1. Girls' and other auxiliary, associate, or district leagues, may be established under regulations to be made by the executive committee.

SEC. 2. The Jersey City Public School Athletic Association shall have control of all district baseball leagues, basketball leagues, football leagues, or such other leagues as may be established in the public schools of Jersey City.

ARTICLE VII.

AMENDMENTS.

This Constitution may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association; also by a two-thirds vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each member at least five days before the meeting.

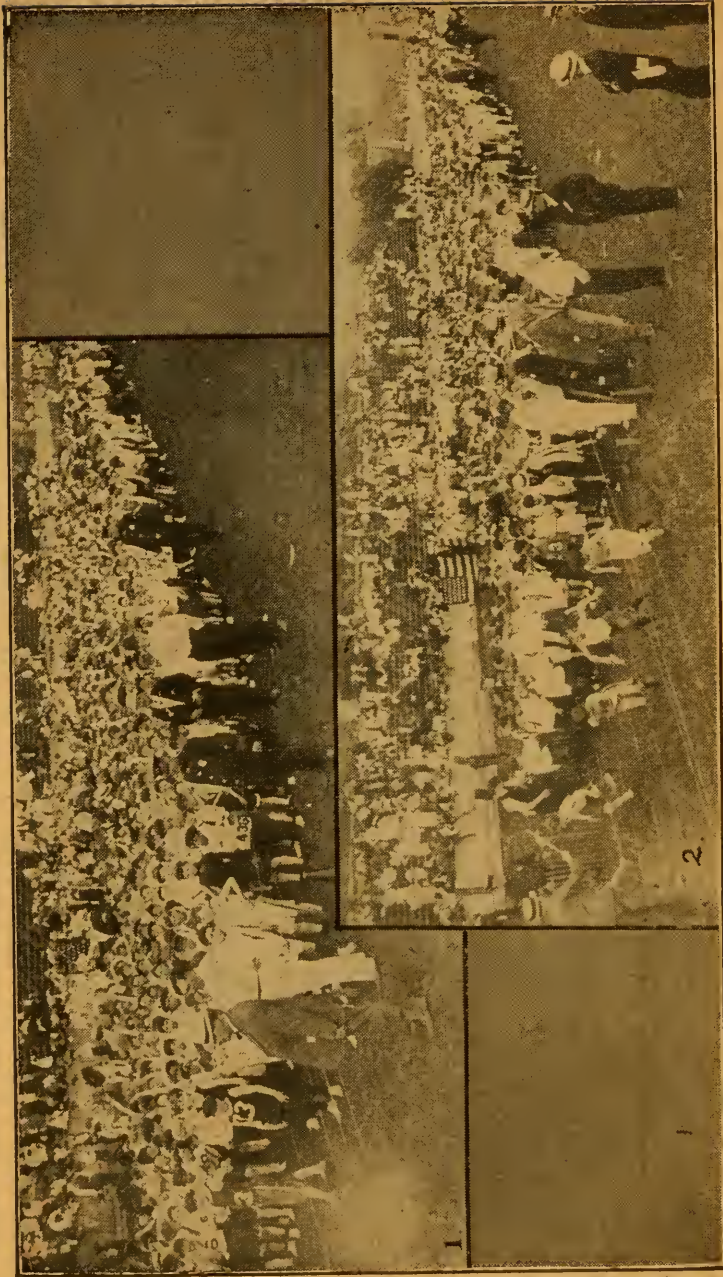
ARTICLE VIII.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee, and are subject to change when deemed expedient for the best interests of the Association.

ARTICLE IX.

All notices to members, and also all notices to all officers and directors, shall have been sufficiently served, if mailed to them at the address given by them to the Secretary and Treasurer respectively.



1, INTERMEDIATE 75-YARD DASH.

2, JUNIOR 50-YARD DASH. Detrick, Photos.

Athletic Rules of the Jersey City Public School Athletic Association

RULE 1. The Jersey City Public School Athletic Association recognizes as athletic members all boys and girls, pupils of Jersey City public schools.

RULE 2. Attendance of at least three months in the school system directly previous to any contest shall be required of all pupils before they shall be entitled to represent their school in athletics. The age limit for competition in events of the elementary schools, except baseball, shall be from the ninth to the seventeenth birthday. *No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Only three boys from each school are allowed to enter the same prize event.* Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

RULE 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors. No pupil shall be allowed to compete in events of the elementary schools who is not nine years of age.

CLASSIFICATION FOR ALL EVENTS.

Adopted March 1, 1912.

Junior.

Boys must be over nine and under thirteen, and not over four feet, ten inches in height.

Intermediate.

Boys under fifteen, and not over five feet, three and a half inches in height.

Senior.

Fifteen years and over, any height.

Note.

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the INTERMEDIATE class; or, a boy fourteen years of age, five feet, four inches high, would go into the SENIOR class.

Note.

Measurements to be made in STOCKING FEET.

RULE 4. There shall be certain standard events for each classification, qualifications in which will entitle competitors to special buttons.

One button will be given for each event if the standard is made by the contestant. A special button will be given to contestants winning two different standard events at the same meet.

BOYS' STANDARD EVENTS.**Junior.**

Standing broad jump—5 feet 10 inches.

Chinning the bar—9 times.

50-yard dash—7 3-5 seconds.

Intermediate.

Running broad jump—11 feet 9 inches.

Running high jump—3 feet 6 inches.

Chinning the bar—9 times.

75-yard dash—10 2-5 seconds (time subject to change).

Senior.

Running broad jump—12 feet 9 inches.

Running high jump—3 feet 9 inches.

Chinning the bar—9 times.

100-yard dash—13 1-5 seconds.

RULE 5. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.**Junior.**

50-yard dash.
Running high jump.
Running broad jump.
440-yard relay race (4 boys to a team).

Intermediate.

75-yard dash.
Running high jump.
Running broad jump.
660-yard relay race (4 boys to a team).

Senior.

100-yard dash.
Running high jump.
Running broad jump.
880-yard relay race (4 boys to a team).

RULE 6. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 7. Prizes will be as follows, viz., 1st, 2nd, 3d prize. A button will be given for fourth place.

RULE 8. Special trophies will be given as follows:

1. To the school scoring the most points.
2. To the grammar school scoring the most points in standard events.
3. To the primary school scoring the most points in standard events.
4. To the school winning the senior relay race.
5. To the school winning the intermediate relay race.
6. To the school winning the junior relay race.
7. To the school having the greatest number of points in field prize events.

8. To the school having the greatest number of points in track prize events.

RULE 9. In all relay races no more than five teams shall be run in a heat, except by order of the referee. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper positions on the track.

RULE 10. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission for all other pupils shall be ten cents, adults twenty-five cents.

RULE 11. All athletic meets shall be run according to the rules of the Association.

RULE 12. Points. First prize shall count five points, second prize three points, third prize two points, fourth place one point. Those teams winning in the relay races shall be credited with double the number of points mentioned above.

RULE 13. There shall be an official physician and nurse in attendance.

RULE 14. Relay teams will be allowed to enter two substitutes in each event.

RULE 15. Outdoor track and field, baseball, football, and basketball championship meets may be held annually at such times and places as may be decided upon by the executive committee.

RULE 16. The awarding of trophies, except in prize events, shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule. In case of schools having a grammar department only, their rating shall be computed by comparing the registration in all grades represented in such schools with similar grades in all other grammar schools. In no case will any grammar grades be omitted from such comparison.

RULE 17. The kindergarten, first and second years, and the lower half of the third year shall be omitted from the enrollment of the schools in arriving at the percentage and in reckoning for points and trophies.

Girls' Athletics

BRANCH OF THE JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The girls are given a pin, the same as the boys are given a button, when they make a standard.

Girls' Athletic Meet.

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

Girls' Prize Events.

Grades 8-A and 8-B.

Oat Bag Relay, ten girls to a team.

Grades 7-A and 7-B.

440-Yard Relay, eight girls to a team.

Grades 6-A and 6-B.

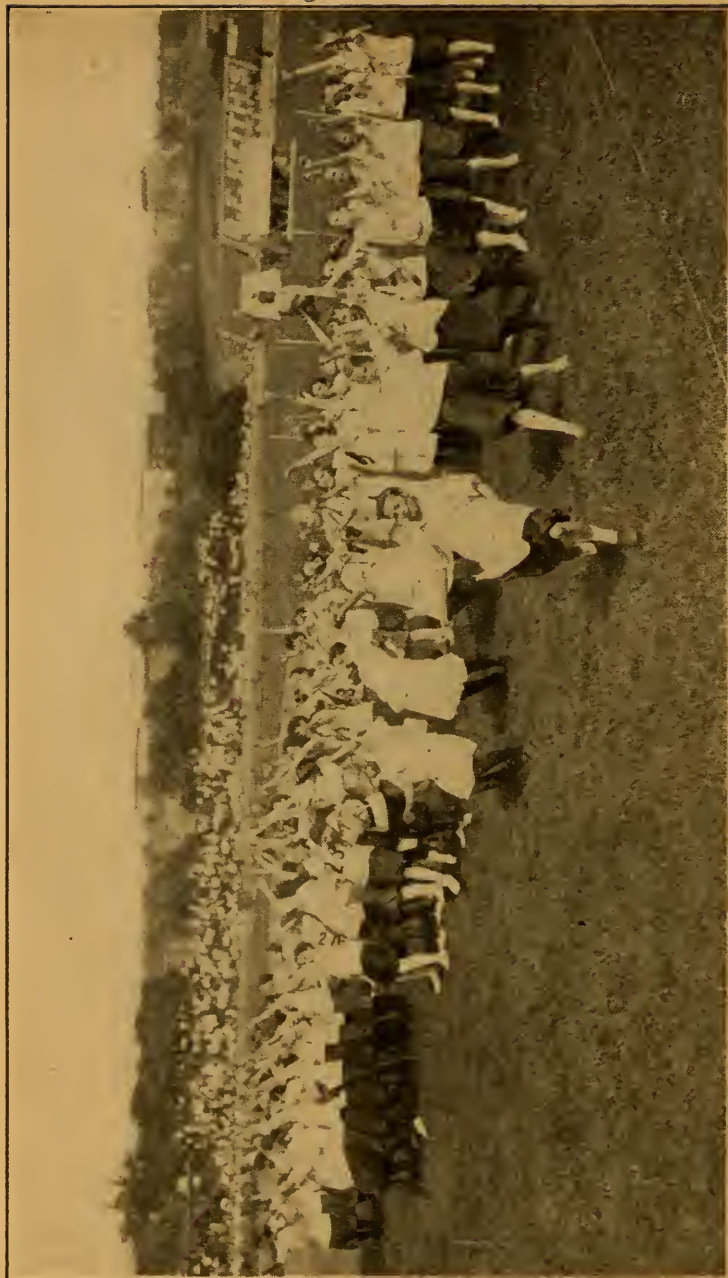
Indian Club and Flag Relay, six girls to a team.

Grades 5-A and 5-B.

Potato Relay, six girls to a team.

Grades 4-A and 4-B.

Shuttle Relay, eight girls to a team.



OAT-BAG RELAY.

Detrick, Photo.

Girls' Standard Events.

Grades 8-A and 8-B.

Throwing the basket ball for distance—40 feet (three trials).

Grades 7-A and 7-B.

Throwing the oat bag for height—17 feet (three trials); (weight of bag four pounds); disk 20 inches in diameter; jump allowed.

Grades 6-A and 6-B.

Hand walk twice the length of a 16-foot horizontal ladder; from rung to rung without touching the floor (or by skipping), over and back with a turn. 50-yard dash—8 seconds.

Grades 5-A and 5-B.

30-yard dash—5 seconds.

Grades 4-A and 4-B.

Throwing the indoor base ball (17 inches in circumference) for distance—30 feet (three trials).

Oat-Bag Relay

For Girls in the 8-A and 8-B Grades.

The oat-bag relay race consists of a competition of teams made up of ten pupils from the 8A and 8B grades of each school. The teams line up, one pupil behind another, No. 1 girl standing on the starting line and the rest of the team spread out behind, one in back of the other. Sixty feet back of this starting line there is a second line drawn parallel to the first on which poles are to be placed. In front of the starting line a third line is drawn thirty feet away. The first or No. 1 girl standing on the starting line holds an oat bag approximately eight inches in diameter and weighing four pounds, which she passes at command over her head with both hands to No. 2 girl, behind. Each girl in turn passes the bag over her head with both hands until it reaches the last or No. 10 girl, who turns and runs to the rear line around the pole which was spoken of as being sixty feet back of the starting line. The pole may be grasped, if the

runner so chooses, in making the turn. Here she turns and quickly returns to the starting line, passing to right of her team, and passes the bag over her head in the same way that the first girl did; then gets back on the line. The successive members of the team thus run to the rear line and to the front until at last the first or number 1 girl has gradually moved back to the last one in the line. She must not only run to the back line, but instead of stopping at the starting line she runs at full speed to the finish line thirty feet away and crosses it, thereby finishing the race.

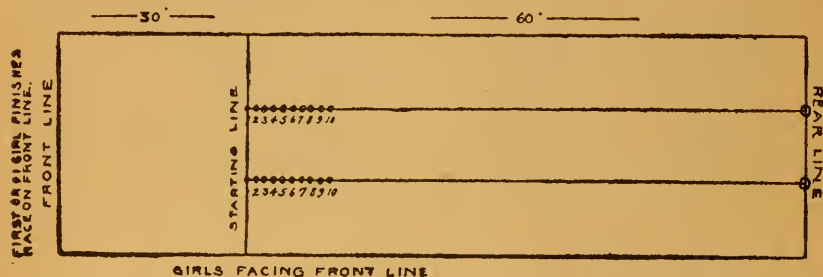


Diagram Illustrating Oat-Bag Relay.

The first girl is responsible for the team being on the line, but this shall not be interpreted as referring to the girl who is running with the bag.

440-Yard Relay

For Girls in the 7-A and 7-B Grades.

Eight girls constitute a team; each girl is stationed on a mark, the marks being 55 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the eighth girl crosses the finish line.

Indian Club and Flag Relay

For Girls in the 6-A and 6-B Grades.

An Indian club and flag relay race consists of a competition of teams made up of six pupils from the 6-A and 6-B grades of each school. The teams line up as in the oat-bag relay race;

that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Fifty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line fifty feet in front a pole is set up. At the word of command the first or No. 1 girl, who holds a United States flag 16 inches in length without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line,

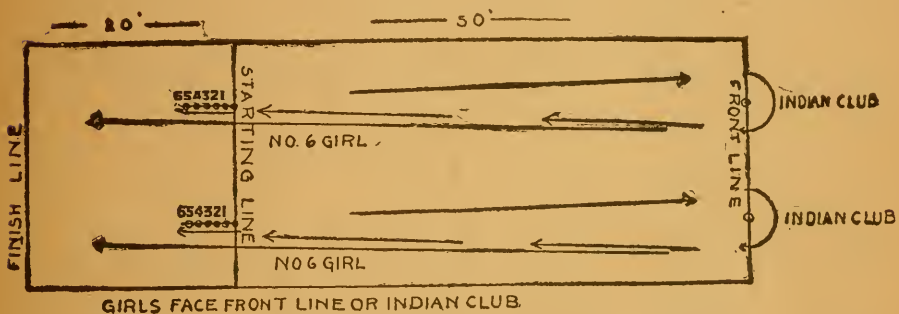


Diagram Illustrating Indian Club and Flag Relay Race.

where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs, by on the right side of her teammates, she hands the flag to the outstretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole, and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing teammates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race.

If the pole is knocked over it must be reset in its original position by the one knocking it down, before the team continues.

Potato Relay

For girls in the 5-A and 5-B Grades.

The Potato Relay Race consists of a contest between teams of six girls from the 5-A and 5-B grades.

The competitors line up standing behind two stands, which are 10 yards apart. The 1st, 3d and 5th girls stand behind one of the stands and the 2nd, 4th and 6th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings, one at a time, four potatoes and places them on her own stand, which is empty; having placed the last potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Indian Club Relay. After No. 1 makes the touch off she takes her place on a line 10 feet back of the starting line and sits down. The same order is followed by numbers two, three, four, five and six. No. 6 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 90 yards.)

The potatoes must be on the stand, if they roll off they must be put back by the one who makes the mistake, otherwise the team shall be disqualified.

Shuttle Relay

For girls in the 4-A and 4-B Grades.

Eight girls constitute a team. Each competing team shall be divided in two equal parts, which shall line up in single file facing each other back of the starting lines, drawn at opposite ends of the running space and 20 yards apart. The 1st, 3rd, 5th and 7th girls will be behind one line, and the 2nd, 4th, 6th and 8th girls behind the opposite one. At the pistol shot No. 1 of the team shall run forward and touch No. 2 at the opposite side. No. 2 shall run forward to touch off No. 3, and so on until all have touched off, when the last girl (No. 8) shall dash forward over the finish line, which is the same as the starting line. Each girl, after touching off the next one, will have finished her part of the race, and shall quickly leave the running space and remain out of the way of the remaining runners. She shall not line up again with the runners.

Rules Governing Girls' Athletic Contests

1. The competition shall be between girls of the same grade.
2. The judges shall be selected by the executive committee of the Jersey City Public School Athletic Association.
3. First, second, third and fourth prizes will be awarded for each event.
4. First place will count five points, second place will count three points, third place will count two points, fourth place one point.
5. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same should be purchased by the different schools.
6. Four substitutes will be allowed for each prize event.

Points.

7. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

Special Trophies for Girls' Prize Events.

1. To the school winning the Oat-Bag Relay.
2. To the school winning the 440-Yard Relay.
3. To the school winning the Indian Club and Flag Relay.
4. To the school winning the Potato Relay.
5. To the school winning the Shuttle Relay.

Girls' Standard Events

1. Throwing Basket Ball for Distance. 8A and 8B. Distance 40 feet (3 trials).

2. Throwing the Oat Bag for Height. 7A and 7B. Round oat bag weighing 4 pounds. Distance 17 feet—3 trials—(Throw with both hands.)

RULE. The contestant may jump from the ground and must hit a round disc, 20 inches in diameter with the 4-lb. oat bag.

3. Hand Walk on 16-foot Horizontal Ladder. 6A and 6B.

The contestant shall place herself under one end of the ladder and without assistance jump and catch over-grasp the rungs of the ladder. She shall then "walk" the full distance, moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward, or they may return on sides of ladder. Only one trial shall be allowed.

50-Yard Dash. 6A and 6B.

The contestant must run 50 yards in 8 seconds.

NOTE—Contestants may choose one, but not both 6th year standards.

4. 30-Yard Dash. 5A and 5B. Time, 5 seconds.

5. Throwing the Indoor Base Ball. 4A and 4B. A Spalding indoor base ball 17 inches in circumference shall be used.

The ball must be thrown 30 feet.

Rules Governing the Base Ball Leagues of the Jersey City Public School Athletic Association

RULE No. 1. The City shall be divided into four districts for the present, and the names of the leagues shall be the Greenville League, Bergen League, Hudson City League, Eastern League.

RULE No. 2. Each District League shall have as officers a President and a Vice-President.

RULE No. 3. The President and Vice-President shall be selected from the principals of the city schools.

RULE No. 4. A schedule of games, never more than two a week, shall be made by the Presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

RULE No. 5. The duties of the Presidents of the District Leagues shall be, besides those usually designated to this office, the providing and assignment of the baseball diamonds to the several teams, and the general oversight of the field of play during the contest.

RULE No. 6. The Vice-President, besides the usual duties of this office, shall aid and abet the authority of the President and may assist the President in assigning the diamonds.

RULE No. 7. All players must be eligible according to the rules of the Association. (See Rule 2, page 37; Rule 19 on following page.)

RULE No. 8. Any team playing ineligible members may be dropped from the League in consequence.

RULE No. 9. The official ball shall be adopted each year by the Association. For the year 1916 Spalding's Boys' League Ball shall be used exclusively in all games.

RULE No. 10. At least one principal or a teacher shall be in attendance to supervise each game.

RULE No. 11. On the field of play only the two captains shall be recognized and any dispute arising shall be settled between these two men and the umpire. The umpires have power to retire any player who questions their decisions, and they have

power, in case any team refuses to play, to award the game to their opponents, if play is not resumed within two minutes.

RULE No. 12. The official rules shall be the playing rules adopted according to the national agreement for the year.

RULE No. 13. Before the opening of the game the balls, in original unopened boxes, must be submitted to the President of the League and to the umpire to be passed upon. Each team must furnish one ball.

RULE No. 14. All baseballs and bats for the series will be furnished by the Association. A limited number of bats and balls for practice will also be furnished.

RULE No. 15. All trophies shall be provided by the Jersey City Public School Athletic Association and shall consist of five cups.

RULE No. 16. Each school shall raise funds for the support of its baseball teams, and shall own and supply all uniforms and baseball paraphernalia, except bats and balls.

RULE No. 17. All championship games of the Baseball Leagues shall be played on the baseball diamonds approved of by the Executive Committee of the Association.

RULE No. 18. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

RULE No. 19. Boys playing on any team must have been a member of the Jersey City Public Schools twelve weeks previous to the games.

RULE No. 20. The names of all players are to be sent to the President of the League before the season opens and by him furnished to each principal.

RULE No. 21. Spike shoes must not be worn. The penalty for their use is forfeiture of the game.



PUBLIC SCHOOL No. 22-CHAMPIONS BERGEN LEAGUE, 1916.

Detrick, Photo.

Bergen League Base Ball Schedule, 1917

PRESIDENT, J. A. KALB.

May 7.

Public School No. 23.....*vs.*.....Public School No. 11
Public School No. 22.....Public School No. 12

May 10.

Public School No. 23.....Public School No. 17
Public School No. 12.....Public School No. 11

May 14.

Public School No. 23.....Public School No. 12
Public School No. 22.....Public School No. 17

May 17.

Public School No. 23.....Public School No. 22
Public School No. 17.....Public School No. 11

May 21.

Public School No. 17.....Public School No. 12
Public School No. 22.....Public School No. 11

May 24.

Public School No. 11.....Public School No. 23
Public School No. 12.....Public School No. 22

May 28.

Public School No. 17.....Public School No. 23
Public School No. 11.....Public School No. 12

May 31.

Public School No. 12.....Public School No. 23
Public School No. 17.....Public School No. 22

June 4.

Public School No. 22.....Public School No. 23
Public School No. 11.....Public School No. 17

June 7.

Public School No. 12.....Public School No. 17
Public School No. 11.....Public School No. 22



PUBLIC SCHOOL No. 9—CHAMPIONS EASTERN LEAGUE, 1916.

Monarch, Photo.

Eastern League Base Ball Schedule, 1917

PRESIDENT, JAMES T. MACKEY

May 7.

Public School No. 1.....	vs.	Public School No. 4
Public School No. 9.....		Public School No. 32

May 11.

Public School No. 1.....	vs.	Public School No. 3
Public School No. 9.....		Public School No. 4

May 14.

Public School No. 1.....	vs.	Public School No. 9
Public School No. 3.....		Public School No. 32

May 18.

Public School No. 1.....	vs.	Public School No. 32
Public School No. 3.....		Public School No. 4

May 21.

Public School No. 3.....	vs.	Public School No. 9
Public School No. 4.....		Public School No. 32

May 25.

Public School No. 4.....	vs.	Public School No. 1
Public School No. 32.....		Public School No. 9

May 28.

Public School No. 3.....	vs.	Public School No. 1
Public School No. 4.....		Public School No. 9

June 1.

Public School No. 9.....	vs.	Public School No. 1
Public School No. 32.....		Public School No. 3

June 4.

Public School No. 32.....	vs.	Public School No. 1
Public School No. 4.....		Public School No. 3

June 8.

Public School No. 9.....	vs.	Public School No. 3
Public School No. 32.....		Public School No. 4



PUBLIC SCHOOL No. 34—CITY CHAMPIONS, 1916.

Detrick, Photo.

Greenville League Base Ball Schedule, 1917

PRESIDENT, W. J. TUERS

May 2.

Public School No. 34.....	vs.	Public School No. 14
Public School No. 20.....		Public School No. 15

May 4.

Public School No. 24.....	vs.	Public School No. 15
Public School No. 34.....		Public School No. 20

May 9.

Public School No. 14.....	vs.	Public School No. 20
Public School No. 24.....		Public School No. 34

May 11.

Public School No. 14.....	vs.	Public School No. 15
Public School No. 24.....		Public School No. 20

May 16.

Public School No. 14.....	vs.	Public School No. 24
Public School No. 15.....		Public School No. 34

May 18.

Public School No. 14.....	vs.	Public School No. 34
Public School No. 15.....		Public School No. 20

May 23.

Public School No. 15.....	vs.	Public School No. 24
Public School No. 20.....		Public School No. 34

May 25.

Public School No. 20.....	vs.	Public School No. 14
Public School No. 34.....		Public School No. 24

May 29.

Public School No. 15.....	vs.	Public School No. 14
Public School No. 20.....		Public School No. 24

June 1.

Public School No. 24.....	vs.	Public School No. 14
Public School No. 34.....		Public School No. 15



PUBLIC SCHOOL No. 6—CHAMPIONS HUDSON CITY LEAGUE, 1916.

Costello, Photo.

Hudson City League Base Ball Schedule, 1917

PRESIDENT, H. B. HOWELL

May 1.

Public School No. 6.....vs.....Public School No. 25
Public School No. 28.....Public School No. 8

May 3.

Public School No. 27.....Public School No. 25
Public School No. 28.....Public School No. 6

May 8.

Public School No. 8.....Public School No. 27
Public School No. 25.....Public School No. 28

May 10.

Public School No. 27.....Public School No. 6
Public School No. 8.....Public School No. 25

May 15.

Public School No. 28.....Public School No. 27
Public School No. 6.....Public School No. 8

May 17.

Public School No. 25.....Public School No. 6
Public School No. 8.....Public School No. 28

May 22.

Public School No. 25.....Public School No. 27
Public School No. 6.....Public School No. 28

May 24.

Public School No. 27.....Public School No. 8
Public School No. 28.....Public School No. 25

May 29.

Public School No. 6.....Public School No. 27
Public School No. 25.....Public School No. 8

May 31.

Public School No. 27.....Public School No. 28
Public School No. 8.....Public School No. 6



RUNNING HIGH JUMP.

Detrick, Photos.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public School Athletic Association shall be under the control of the following officials:

- The executive committee.
- A director of games.
- A referee.
- Three or more judges at finish.
- Four or more field judges.
- Three or more time keepers.
- One or more starters.
- One clerk of the course, with assistants.
- One chief scorer.
- One assistant scorer.
- One official photographer.
- One chief marshal, with assistants.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing must be referred to the executive committee.

RULE III.

REFEREE.

The referee shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise covered by these rules. He shall disqualify for fouls and for ungentlemanly conduct. He shall decide all ties in the case of races by having the race run over. Ties in field events shall be decided as provided for in the rules applying to such events. In deciding such ties, the loser takes the next lower rank, the others being reduced one point in rank. The decision concerning the tie awards the points as well as the medals, there being no division of points. The referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE V.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the heat or race. In standard races, the dropping of the flag denotes the close of the race.

RULE VI.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course. He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

1. "On your marks."
2. "Get set."
3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 660 yards, three yards for the first and three more for the second attempt; in races over 660 yards

and including 880 yards, four yards for the first and four more for the second attempt. In all cases, a third attempt disqualifies.

RULE VII.

THE CLERK OF THE COURSE.

The numbers of all competitors in each event shall be given to the clerk of the course. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE VIII.

THE SCORERS.

The scorers shall score all points and announce the various winners and the schools which have taken the most points. The Assistant Scorers are subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE IX.

DIRECTOR OF GAMES.

The director of games shall have general oversight of all arrangements and competitors on the field. He shall see that proper officials are present at each event. With the referee, he shall have power to make any changes in program or other arrangements which may seem necessary.

RULE X.

THE MARSHAL.

The marshal shall have general police supervision over the field and the competitors.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remaining therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee, who may disqualify the offender.

RULE XI.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle im-



RUNNING HIGH JUMP.

Detrick, Photo.

mediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accompany the competitors on the track or in field.

RULE XII.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XIII.

PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet, the referee shall decide the matter at once.

If the protest is a question of age, then the competitor must produce satisfactory proofs of same.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XIV.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XV.

THE COURSE.

In straightaway races, lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord is attached. Each contestant shall run in his own lane.

In all relay races position shall be assigned by lot. The names shall be printed in the program to conform with such assignment, the first mentioned being next to the pole, the others taking their respective positions. If possible there shall not be two contestants from one school in the same heat.

RULE XVI.

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

RULE XVII.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event.

RULE XVIII.

RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick two inches in width, and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be decided by the field judges.

The height shall be measured from the middle of the bar to the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing forfeits his right to jump again at the height declined.

If, however, a competitor takes a trial at any height and fails in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take before attempting a jump.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XIX.

RUNNING BROAD JUMP.

A joist two inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.



RUNNING HIGH JUMP.

Detrick, Photos.

In front of the scratch line, the ground shall be removed to a depth of three and a width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps shall each have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XX.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad jump govern the standing broad jump as well.

RULE XXI.

CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXII.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.



50-YARD DASH—PRIZE EVENT.

Detrick, Photo.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

Running.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

Running Broad Jump.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the

speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

Running High Jump.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

Shot Putting.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

General Training.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

Diet.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding.

Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

Clothing.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

Training for Sprints.

Master the crouch start.

Don't look around or allow other competitors to worry you.

Don't run with the head up in the air or bending backward.

Don't throw the heels up in back; don't run on the heels; don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race.

Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

CROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or

six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

Chinning the Bar.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

Standing Broad Jump.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

The Ethics of Competition

Obedience to Rules.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opposing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may also lead to further infringement, which will spoil the game.

Abide by the Decisions of the Judges.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper authorities for their decision.

Gentlemanly Conduct.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another. Games won by such foul means were better lost.

Possess Good Nerve.

Frequently a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

Team Work.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to

take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his position might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

Honesty.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keeping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

Character.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

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QUALITY

SPALDING "OFFICIAL NATIONAL LEAGUE" (REG. U. S. PAT. OFF.) BALL

PATENT CORK CENTER
(Patented August 31, 1909)



THE OFFICIAL BALL OF THE WORLD SERIES

Adopted by the National League in 1878



Is the only ball used in Championship games since that time and has now been adopted for twenty years more, making a total adoption of fifty-four years. Each ball wrapped in tin foil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

No. 1. Each, \$1.25 Dozen, \$15.00

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SPALDING OFFICIAL BASKET BALL

Cover is made in four sections, with capless ends and of finest and most carefully selected pebble grain leather, special tanned. Extra heavy bladder, made especially for this ball, of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with raw-hide lace and lacing needle, and guaranteed perfect in every detail.

No. M. Spalding Official Basket Ball. Each, \$8.50



WE GUARANTEE this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

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SPALDING BASKET BALL SHOES



No. AB

No. AB. High cut, drableather, Blucher cut; heavy red rubber suction soles, superior quality.

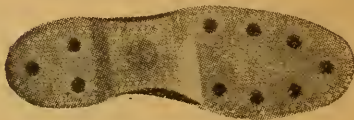
Pair, \$6.00



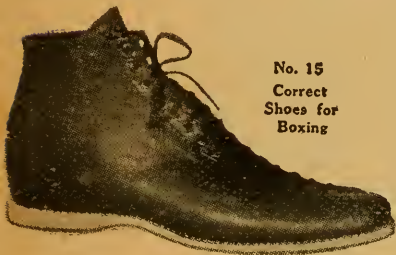
No. BBL

No. BBL. Women's. High cut, light; black leather, good quality red rubber suction soles.

Pair, \$5.00



SPALDING GYMNASIUM SHOES



No. 15
Correct
Shoes for
Boxing

No. 15. High cut, kangaroo uppers, genuine elkskin soles. Will not slip on floor; extra light. The correct shoes to wear for boxing.

Pair, \$6.00



No. 155

No. 155. High cut, elkskin soles, and will not slip on floor; soft and flexible.

Pair, \$5.00



No. 166

No. 166. Low cut, selected leather, extra light and electric soles, men's sizes only.

Pair, \$4.00



No. 66L

No. 66L. Women's. Low cut, extra light, selected leather uppers. Electric soles.

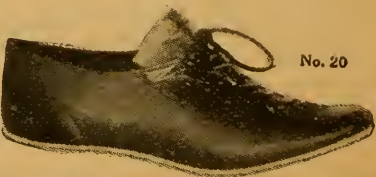
Pair, \$4.00



No. 21

No. 21. High cut, blackleather, electric soles. Sewed and turned, which makes shoes extremely light and flexible.

Pair, \$3.25



No. 20

No. 20. Low cut. Otherwise as No. 21. Sewed and turned shoes.

Pair, \$2.50

No. 20L. Women's. Otherwise as No. 20. Sewed and turned shoes.

Pair, \$2.50

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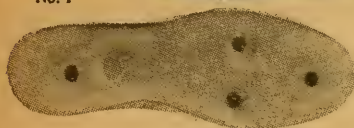
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Spalding Canvas Top Gymnasium and Basket Ball Shoes



No. P



No. P. Special quality soft rubber soles. These soles absolutely hold on the most slippery floor. Light weight, durable, correct in design. Sizes, 5 to 11 only. No other sizes. Pair, **\$3.25** ★ *\$36.00 Dozen Pairs.*

No. HH. High cut, white canvas uppers. Sole surface is similar to our popular gymnasium shoes, but of white, best quality rubber, twice as thick as on rubber sole canvas gymnasium shoes. Men's sizes, 6 to 12, inclusive.

Pair, **\$2.25**
★ *\$24.30 Doz.*

No. HHB. Boys', 2½ to 5½, inclusive. Otherwise same as No. HH. Pair, **\$2.00**
★ *\$21.60 Doz.*



No. HH

No. HHX. Youths', 11 to 2, inclusive. Otherwise as No. HH. Pair, **\$1.75** ★ *\$18.90 Doz.*

No. H. Men's. As No. HH, but low cut. Sizes, 6 to 12, inclusive. Pair, **\$2.00** ★ *\$21.60 Doz.*

No. HB. Boys', 2½ to 5½ inclusive. Otherwise as No. H. Pair, **\$1.75** ★ *\$18.90 Doz.*

No. HX. Youths', 11 to 2, inclusive. Otherwise as No. H. Pair, **\$1.60** ★ *\$17.28 Doz.*

Spalding High Grade Canvas Shoes, with Rubber Soles

MEN'S—Sizes, 6 to 12, inclusive.

No. IH. High cut, best quality white rubber soles. White canvas. Pair, **\$1.75** ★ *\$18.90 Doz.*

No. I. Low cut. Otherwise as No. IH. Pair, **\$1.50** ★ *\$16.20 Doz.*

No. M. High cut. **1.00** ★ *10.80* "
No. K. Low cut. **.90** ★ *9.72* "

YOUTHS'—Sizes, 11 to 2, inclusive.

No. IHX. High cut, best quality white rubber soles. White canvas. Pair, **\$1.50** ★ *\$16.20 Doz.*

No. IX. Low cut. Otherwise same as No. IHX. Pair, **\$1.25** ★ *\$13.50 Doz.*

No. MX. High cut. **.95** ★ *10.26* "
No. KX. Low cut. **.75** ★ *8.10* "

BOYS'—Sizes, 2½ to 5½ inclusive.

No. IHB. High cut, best quality white rubber soles. White canvas. Pair, **\$1.60** ★ *\$17.28 Doz.*

No. IB. Low cut. Otherwise same as No. IHB. **1.50** ★ *16.20* "

No. MB. High cut. Pair, **\$1.00** ★ *\$10.80 Doz.* No. KB. Low cut. **.85** ★ *9.18* "

Spalding Women's High Grade Canvas Shoes, White Rubber Soles

No. IHL. Similar to No. IH, narrow lasts. All Sizes. Pair, **\$1.60** ★ *\$17.28 Doz.*
No. IL. Similar to No. I, narrow lasts. All Sizes. **1.40** ★ *15.12* "

Spalding Special Grade Canvas Shoes, White Rubber Soles

MENS'—Sizes, 6 to 12, inclusive.

No. WM. High cut. Pair, **\$1.25** ★ *\$13.50 Doz.*
No. WK. Low cut. **1.00** ★ *10.80* "

YOUTHS'—Sizes, 11 to 2, inclusive.

No. WMX. High cut. Pair, **\$1.05** ★ *\$11.34 Doz.*
No. WKX. Low cut. **.90** ★ *9.72* "

BOYS'—Sizes, 2½ to 5½ inclusive.

No. WMB. High cut. Pair, **\$1.10** ★ *\$11.88 Doz.* No. WKB. Low cut. Pair, **95c.** ★ *\$10.26 Doz.*

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Spalding "Olympic Championship" Running and Jumping Shoes

All of these are fine turned shoes. Finest kangaroo uppers and fine leather soles. The same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and are worn in competition by all prominent athletes in this country.

Spalding "Monitor" Sprint Running Shoes

Patented May 2, 1916



No. 3-0



No. 3-0. Lightest running shoe made. Hand made spikes. Especially for 100 or 220 yards races. Strictly bench made throughout.

Pair, \$6.50

Spalding "Olympic Championship" Short Distance Running Shoes



No. 2-0

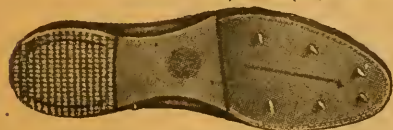


No. 2-0. Extremely light and glove fitting. Hand made steel spikes. Worn by all champions for short distances, especially 440 and 880 yards and one mile races. . . Pair, \$6.50

Spalding "Olympic Championship" Long Distance Running Shoes



No. 14C



No. 14C. For long distance races on athletic tracks. Rubber heels, flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair, \$5.50

Spalding "Olympic Championship" Jumping Shoes



No. 14H



No. 14H. Specially stiffened soles. Hand made steel spikes placed as suggested by champion jumpers. Also correct shoes for shot putting, weight and hammer throwing. . . Pair, \$7.00

Rubber Heels To Be Put Inside Jumping Shoes

No. E. Inside rubber heels for jumping, hurdling and pole vaulting shoes. Pair, 25c.

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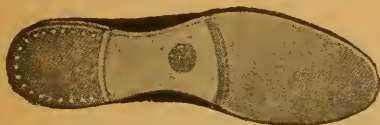
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Spalding "Olympic Championship" Walking Shoes

Spalding "Olympic Championship" Pole Vaulting Shoes



No. 14W



No. 14V



No. 14W. For competition and match races. These shoes are the same as are used by all champion walkers. . . . Pair, \$5.50

No. 14V. High cut, special last. Hand made steel spikes in soles; one spike in heels. To order only. Not carried in stock. Pair, \$7.00

On special orders we will supply Pole Vaulting Shoes with one high and one low cut shoe at no extra charge.

Spalding MARATHON "Magadon" Long Distance Running Shoes



No. MH



No. MO



No. MH. High cut but light in weight. Well finished inside so as not to hurt the feet in a long race. Special leather soles, will not wear smooth; light leather heels, soft leather uppers. Hand sewed. Pair, \$5.50

No. MO. Low cut. Blucher style. Otherwise same as No. MH. Pair, 5.00

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Spalding Running and Jumping Shoes



No. 111



No. 14J



Spalding Indoor Running Shoes

Spalding Outdoor Jumping Shoes

No. 111. Soft leather, corrugated rubber soles, with spikes. Pair, \$5.00

No. 14J. Strong leather; machine made. Durable. Steel spikes. Pair, \$5.50 ★ \$59.10 Doz.



No. 11T



No. 11



Spalding Outdoor Running Shoes

No. 11T. Soft leather uppers, machine made; solid leather tap sole holds spikes firmly in place. Pair, \$5.00 ★ \$54.00 Doz.

No. 11. Strong leather, machine made. " 3.50 ★ 36.00 Doz.

Juvenile Outdoor Running Shoes

No. 12. Leather, good quality, complete with spikes. Sizes 12 to 5 only. Pair, \$3.00

Cork Athletic Grips

No. 2. Best quality cork, with elastic bands. Pair, 20c.

No. 1. Selected cork, shaped. " 15c.

Keep the uppers of all running shoes soft and pliable by using Spalding "Dri-Foot." It will greatly add to the wear of shoes. . . . Can, 10c.



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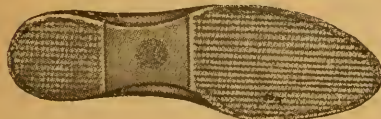
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Spalding Indoor Running and Jumping Shoes



No. 210



No. 112S



Spalding Indoor Jumping Shoes

No. 210. Hand made. Strong uppers, rubber tap soles and rubber heels. . . . Pair, \$5.50

Spalding Indoor Running Shoes

No. 112S. Good leather uppers and leather soles, short spikes. Pair, \$4.50 ★ \$48.60 Doz.



No. 112



No. 114



Spalding Indoor Running Shoes

No. 112. Good leather, rubber tap soles. No spikes. Pair, \$4.00 ★ \$42.00 Doz.

Spalding Indoor Running Shoes

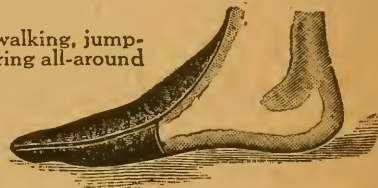
No. 114. Leather uppers; rubber tap soles. No spikes. Pair, \$3.50 ★ \$37.80 Doz.

Spalding Juvenile Indoor Running Shoes

No. 115. Leather, good quality, without spikes. Sizes 12 to 5 only. Pair, \$2.50

Chamois Pushers

No. 5. Fine Chamois skin. Should be used with running, walking, jumping and other athletic shoes, especially in long races or during all-around competition. Pair, 50c.



Use Spalding "Dri-Foot" on uppers and soles of Running and Jumping Shoes. It prevents deterioration of the leather and keeps them soft and pliable. . . Can, 10c.

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Vaulting Standard

SPALDING VAULTING AND STANDARDS

Substantially built and measurements are clearly and correctly marked.

No. 116. Graduated in half inches, adjustable to 13 feet.

Complete, \$18.00

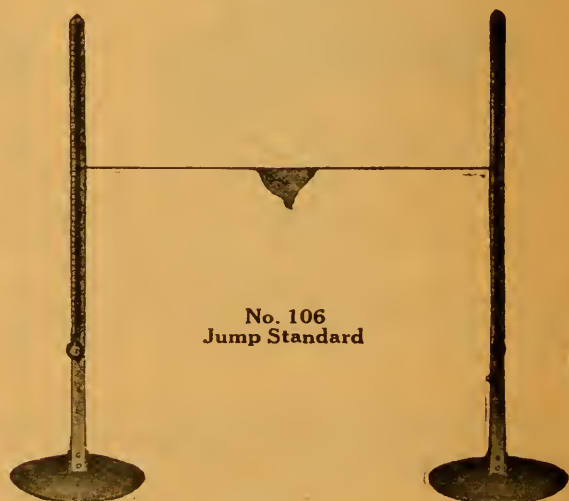
No. 106. Inch graduations, 7 feet high. . . Complete, \$10.00

Cross Bars

No. 212. Officially correct. Hickory. . . Dozen, \$6.00

No. C. Cord, with Weight Bags at either end, for use on Vaulting Standard. . Each, \$2.00

We supply everything needed to fit out an athletic field in proper shape, in addition to everything needed by officials in charge. Write us about anything required which is not listed in this book. We are the "official outfitters" for all organized athletic bodies in the United States.



No. 106
Jump Standard

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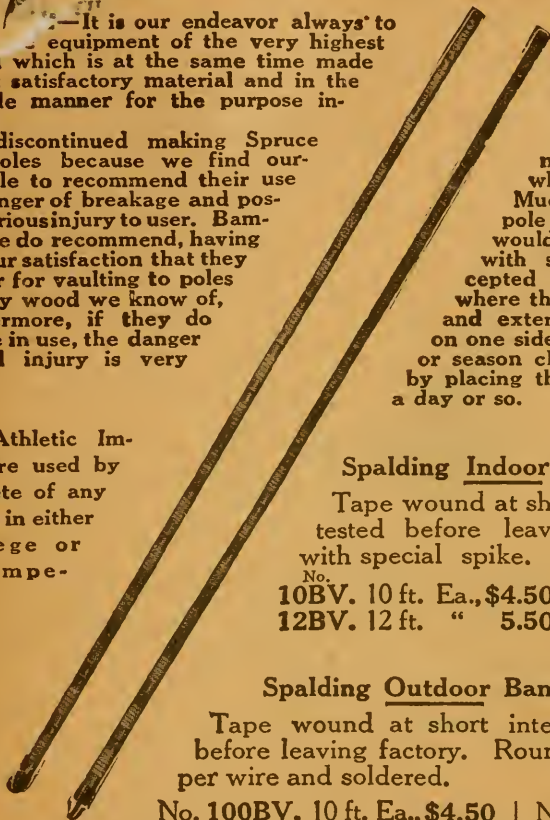
Spruce

SPALDING VAULTING POLES

—It is our endeavor always to have the equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Athletic Implements are used by every athlete of any prominence in either club, college or school competition.



Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.

Spalding Indoor Bamboo Vaulting Pole

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

No.		No.	
10BV.	10 ft. Ea., \$4.50	14BV.	14 ft. Ea., \$6.50
12BV.	12 ft. " 5.50	16BV.	16 ft. " 7.00

Spalding Outdoor Bamboo Vaulting Poles

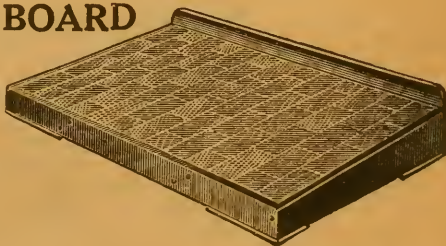
Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No. 100BV.	10 ft. Ea., \$4.50	No. 104BV.	14 ft. Ea., \$6.50
No. 102BV.	12 ft. " 5.50	No. 106BV.	16 ft. " 7.00

INDOOR POLE VAULTING BOARD

17. Made up of sectional blocks of wood placed on end so that spike or vaulting pole will not split them. Bound in by heavy wood frame.

Complete, \$16.00



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Spalding Athletic

No. 16BH. Spalding
"Official Olympic"
Brass Shell Head
16 lb. Hammer (Pat'd
Aug. 20, 1912), includ-
ing patented ball-
bearing swivel. Sup-
plied regularly with
double triangle wire
grip (Pat'd Dec. 22,
1914). Each, \$10.00

No. 12BH. 12-lb. Brass
Shell Head Hammer,
otherwise same as No.
16BH. Each, \$9.00



ented ball-bearing
swivel, double triangle
wire grip. Each, \$4.50

No. 12IHB. 12-lb.
Solid Iron Head Ham-
mer, otherwise same
as No. 16IHB.

Each, \$4.00

No. 8IH. 8-lb. Solid
Iron Head Hammer,
without ball-bearing
swivel. Double tri-
angle grip. Ea., \$3.00

Extra Handles for Athletic Hammers



No. MG

No. MG. Single Grip Style. Used by many prominent hammer
throwers. Supplied separately with wire handles. Each, \$2.00
No. FH. Double Triangle Grip, complete with wire handle, furn-
ished separately. Each, 75c.

Any regular Spalding Hammer listed above furnished with No. MG grip
instead of double triangle style, on special order, at an extra charge of \$1.25

Leather Case for Athletic Hammers

No. L. Leather Case, to hold either 12 or 16-lb. hammer. . . . Each, \$3.00

Spalding "Official Olympic" Circles



No. 9. 7 Foot Diameter Circle. The sh-
weights are thrown from this size circle:
sections, band iron, painted white. . . Each,

No. 19. 8 Foot 2 inch Diameter Circle. For throw-
ing Discus. Three sections, band iron, painted
white. Each, \$10.00

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Flexible binding. Mailed postpaid on receipt of 50 cents each number.

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 No. 523L. HOW TO PLAY BASE BALL: HOW TO ORGANIZE A LEAGUE; HOW TO MANAGE A TEAM, ETC.
 No. 524L. SPALDING'S OFFICIAL LAWN TENNIS ANNUAL

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No. 223 How to Bat [Percentages
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No. 227 How to Play Third Base
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No. 231 { How to Organize a Base Ball League [Club
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HENRY BYRNE,

Commissioners of Jersey City.

Spalding's Athletic Library

OFFICIAL HANDBOOK
JERSEY CITY PUBLIC
SCHOOL ATHLETIC
ASSOCIATION

Editing Committee

K. L. THOMPSON N. L. CHANCE
HOWARD DARE WHITE

1916

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no 1

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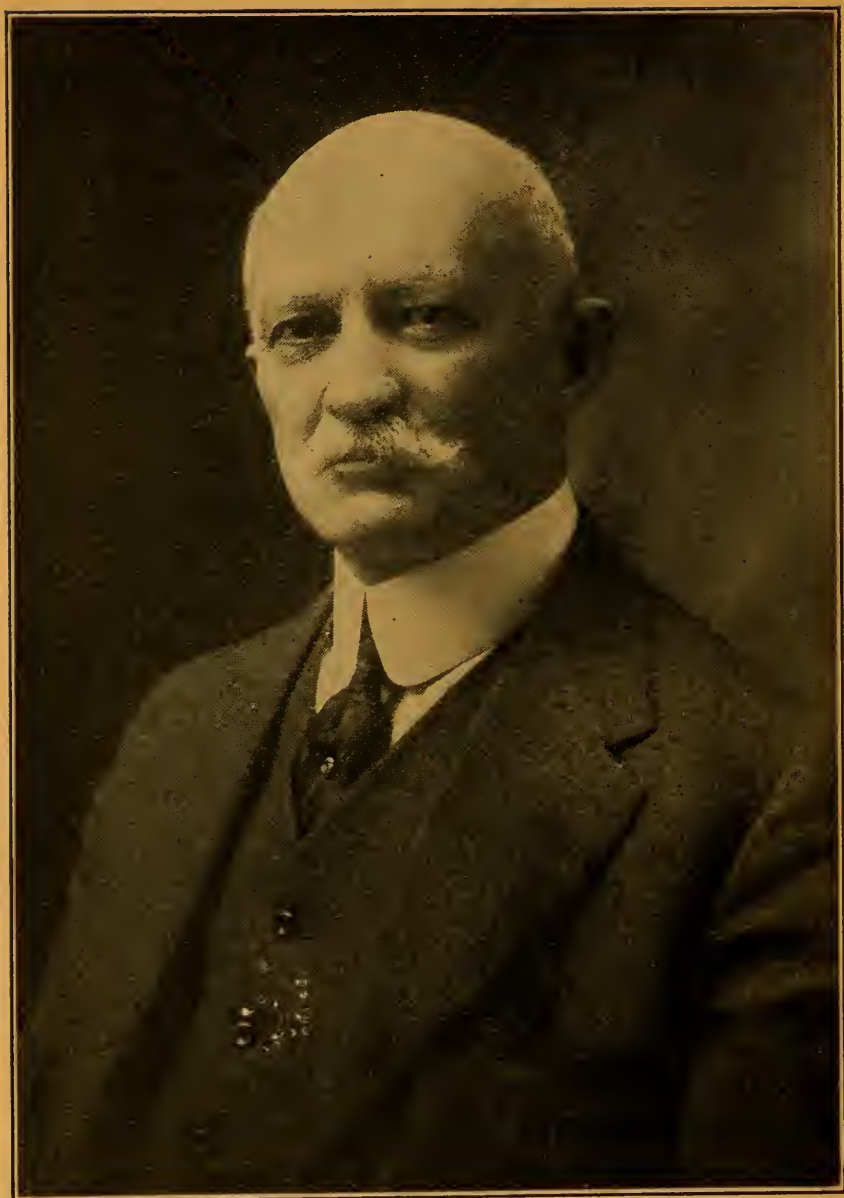
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Honorary Members

HENRY SNYDER City Superintendent

E. A. MURPHY Assistant City Superintendent

G. FRED EGE Secretary Board of Education



DR. HENRY SNYDER,
Superintendent of Schools, Jersey City.

Wilms, Photo.

To the Pupils of the Public Schools

You all realize how deeply your principals and teachers are interested in your progress in school. Their activity in organizing the Public School Athletic Association and their willingness to do all the hard work necessary to provide you with the opportunities to take part in the games in which you delight are especially pleasing to you and to your friends. I hope you will show your appreciation of their efforts by joining in the games and sports which they will inaugurate, joyfully and enthusiastically. But remember always to do so fairly and honestly. Remember that the traits which you habitually show in your games are bound to stick to you all your lives. Remember that the boy who is unfair or dishonest in his play is going to be dishonest in business when he becomes a man. Remember that the foundation of real manliness and womanliness is laid in childhood. Always play hard that you may grow strong in body. That you may gain mental strength, the courage to win without boasting and to lose with good nature and without jealousy, always be guided by the spirit of "Fair Play."

HENRY SNYDER,
Superintendent of Schools.



K. L. THOMPSON
President.



HOWARD DARE WHITE,
Vice-President.



C. A. SHEPPARD,
Secretary.



ALBERT MONCRIEF,
Asst. Secretary.

Officers Jersey City Public School Athletic Association.



JAMES NUGENT,
Asst. Secretary.



N. L. CHANCE,
Executive Com.



A. F. STAUFFER,
Executive Com.



J. R. FITZNER,
Executive Com.

Officers Jersey City Public School Athletic Association.

The History and Purpose of the Jersey City Public School Athletic Association

In the Spring of 1911, the Male Principals' Association took active steps toward organizing an athletic association, which should control and encourage all forms of athletics. President W. F. Babcock at that time appointed Dr. J. K. Light, W. B. Du Rie, and N. L. Chance as a committee to visit Newark, and ascertain the methods used in that city. Its report was presented at a meeting held December 5, 1911. At that meeting, Mr. Elmer K. Sexton, of Newark, was present by invitation, and described very carefully how athletic affairs were managed in that city. On that date, the Public School Athletic Association of Jersey City was formed.

AIM.

The aim of the Jersey City Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, because of the changed conditions of life in the home and the factory. Nowadays the available means of muscular development is very largely diminished by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Then, too, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in victory. The influence of athletic meets, moreover, extends throughout all the schools with wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Jersey City are under-

taking to help boys and girls to enjoy activities which, without some outside assistance of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the Association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and prevent the evil practices which so often work their way into competitive athletics.

The Association decided not to make scholarship and deportment a qualification for participation in interschool events. These are too intangible and indefinite to give any firm basis for decisions, in case a participant is protested for such cause. Instead, each principal may regulate this matter for himself, and decide upon those who may compete with honor to the school.

The Association also recognizes its opportunity for exerting a wholesome moral influence, by developing an ideal of fairness, gentlemanly conduct, courtesy, and truthfulness in matters pertaining to competition. In fact, one of the great lessons to be learned from competition is manliness and cheerfulness in defeat, as well as humility in victory. Such a spirit characterizes the true athlete.

The Association has striven also to permit no competition which shall injure the physical organism in any way. Certain events, for instance, have been omitted, because they entailed too great a strain upon the heart and nervous system. Further, it has been provided that no boy shall enter more than two events, one a track event, and the other a field event. Again, the classification makes it impossible for the older and larger boys to compete against the younger and smaller. It is further believed that no one should be permitted to compete, if shown by the family or school physician to be unfit. The physical record cards afford a good basis for such judgment. To provide for all around development and to give each an opportunity to win distinction, standard events have been provided. These standard contests are non-competitive, and represent an attempt to meet a certain standard of proficiency in different events. A button is given to each child who is able to reach these standards.

Prize and standard events for girls have also been provided, that the girls, too, may share in the benefits of regulated athletics.

The first annual meet was held on June 7, 1912, at the Jersey City Base Ball Grounds. In this meet about 2700 children took part. The second annual meet was held at the same place on June 3 and 4, 1913. About 3700 children took part in this meet. Since then, annual meets have been held in June with an in-



FACSIMILE OF MEDAL GIVEN FOR PRIZE EVENTS.

creased number of participants. The results of the last one will be found elsewhere in this book.

The financing of such an undertaking is a serious problem. The success of this organization has been due in large measure to the series of entertainments held in different schools throughout the city. Through these, the organization has been placed on a solid financial basis.

In the fall of 1913, an athletic carnival, under the direction of Mr. Gustav H. Bojus, was held. The object of this carnival was to start a fund for the purchase and equipment of an athletic field for the use of the school children of Jersey City. While this aim has not yet been attained, the Association still hopes that it may be realized in the near future.

The Association began its career auspiciously. Its further success depends upon the continued loyalty and co-operation of every principal, teacher and pupil, and upon the sympathetic, lasting co-operation, financial and moral, of every parent and of every person interested in the school and in the school children of Jersey City.



W. H. RORKE, REFEREE, AND SUPERINTENDENT HENRY SNYDER.
Detrick, Photo.

Trophies

For the Fourth Annual Meet of the Jersey City Public
School Athletic Association, June 18
and June 19, 1915.

CUP.

To the School Scoring the Most Points in the Meet
(Boys and Girls).

Donors—MARK M. FAGAN, A. HARRY MOORE, GEO. F.
BRENSINGER, FRANK HAGUE, HENRY BYRNE,
Commissioners of Jersey City.

Winner—School No. 23.

CUP.

To the Grammar School Scoring the Most Points in
Standard Events (Boys and Girls).

Donor—DR. HENRY SNYDER,
City Superintendent of Schools.

Winner—School No. 23.

CUP.

To the Primary School Scoring the Most Points in
Standard Events (Boys and Girls).

Donor—JERSEY CITY PRIMARY PRINCIPALS' ASSOCIATION.

Winner—School No. 31.

CUP.

To the School Winning the Senior 880-Yard Relay
Race (Boys).

Donor—MR. THOMAS LOUGHRAN,
President Board of Education.

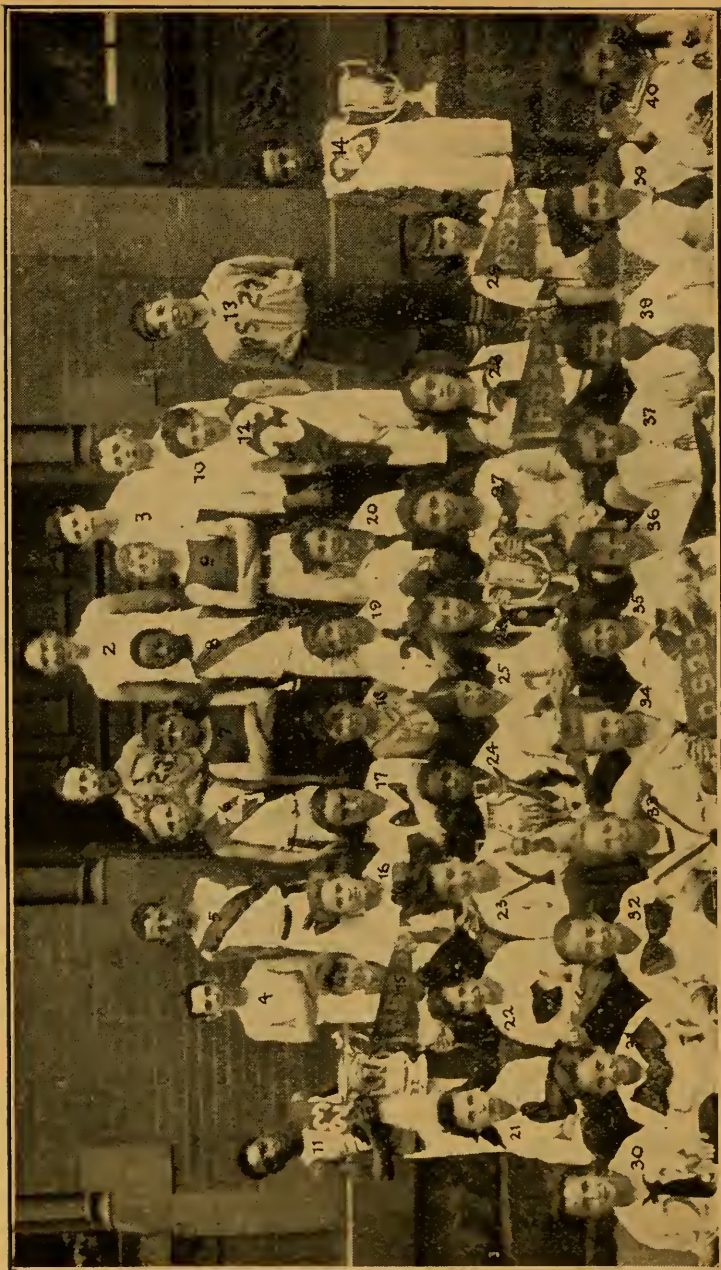
Winner—School No. 6.

CUP.

To the School Winning the Intermediate 660-Yard
Relay Race (Boys).

Donor—MR. W. A. DAWSON.

Winner—School No. 11.



PUBLIC SCHOOL NO. 23—PRIZE WINNERS, 1915.

CUP.

To the School Winning the Junior 440-Yard Relay Race (Boys).

Donor—J. L. HAMMETT Co.

Winner—School No. 27.

CUP.

To the School Scoring the Most Points in Field Prize Events (Boys).

Donor—JERSEY CITY TEACHERS' ASSOCIATION.

Winner—School No. 6.

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor—MR. GEO. C. FIELD.

Winner—School No. 27.

CUP.

To the School Winning the Oat Bag Relay Race (Girls).

Donor—JERSEY CITY WOMAN'S CLUB.

Winner—School No. 14.

CUP.

To the School Winning the 440-Yard Relay Race (Girls).

Donor—DIEGES & CLUST.

Winner—School No. 1.

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—DR. HENRY H. BRINKERHOFF,

Chief Medical Inspector.

Winner—School No. 23.

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—PECKHAM, LITTLE & Co.

Winner—School No. 9.



(1) PUBLIC SCHOOL NO. 11 660-YARD RELAY TEAM, WINNERS, 1915—1, E. Hadden; 2, H. Keegan; 3, R. Cochrane; 4, R. Harper. (2) PUBLIC SCHOOL NO. 27 JUNIOR RELAY TEAM (440-YARD)—1, A. Spring; 2, T. Kennedy; 3, V. Aime; 4, E. Rover. (3) 50-YARD DASH (JUNIOR)—1, Thompson Kennedy, Public School No. 27. Third; 2, Emile Rover, Public School No. 27, Winner. (4) Emile Rover in 440-Yard Relay.

CUP.

To the School Winning the 20-Yard Relay Race
(Girls).

Donor—MR. JOHN WARD.

Winner—School No. 6.

CUP.

To the School Winning in Base Ball in the Hudson
City District.

Donor—MR. E. A. MURPHY,

Assistant City Superintendent of Schools.

Winner—School No. 28.

CUP.

To the School Winning in Base Ball in the Bergen
District.

Donor—PRIN. J. W. WAKEMAN.

Winner—School No. 23.

CUP.

To the School Winning in Base Ball in the Greenville
District.

Donor—MR. THEODORE ENIS,

Member Board of Education.

Winner—School No. 20.

CUP.

To the School Winning in Base Ball in the Eastern
District.

Donor—MR. G. FRED EGE,

Secretary Board of Education.

Winner—School No. 32.

CUP.

To the School Winning the City Championship in Base
Ball.

Donor—JERSEY CITY MALE PRINCIPALS' ASSOCIATION.

Winner—School No. 28.



1, Carl Marks; 2, Henry Stein; 3, J. W. Wakeman; 4, Philip J. Ripberger;
5, Francis J. Blodget; 6, Miss Mary A. Ahearn, Coach.

PUBLIC SCHOOL NO. 6—WINNERS 880-YARD RELAY RACE.



PUBLIC SCHOOL NO. 8—PRIZE WINNERS, 1915.

Boys' Prize Records, June 19, 1915

JUNIOR.

50-Yard Dash.

1. Emile RoverPublic School No. 27
2. Henry HotoppPublic School No. 8
3. Thompson KennedyPublic School No. 27
4. Rufus McCrawPublic School No. 14

Time, 6 $\frac{3}{5}$ seconds.

Running High Jump.

1. Walter ReichPublic School No. 28
2. Harold EichmanPublic School No. 15
3. Julian MartineauPublic School No. 27
4. George WolfPublic School No. 8

Height, 4 feet 1 inch.

Running Broad Jump.

1. Emile RoverPublic School No. 27
2. Ferdinand SchimakPublic School No. 23
3. Henry ButkusPublic School No. 23
4. Eneas GarrabrantPublic School No. 9

Distance, 15 feet 4 $\frac{7}{10}$ inches.

440-Yard Relay.

1. Victor Aime, Thompson Kennedy, Emile
Rover, Arthur Spring, Frank Bocilieri
(sub), Otto Medeck (sub)..Public School No. 27
2.Public School No. 23
3.Public School No. 24
4.Public School No. 9

Time, 59 seconds.

INTERMEDIATE.**75-Yard Dash.**

1. Valentine WernerPublic School No. 27
2. Edward HaddenPublic School No. 11
3. Harold KunckenPublic School No. 8
4. Deckle McLainPublic School No. 23

Time, 9 seconds.

Running High Jump.

1. Arthur PottertonPublic School No. 6
2. Frank SippPublic School No. 6
3. Roy CulverPublic School No. 3
4. Clarence TriboutPublic School No. 8

Height, 4 feet 7 inches.

Running Broad Jump.

1. Harold KunckenPublic School No. 8
2. Anthony WasielewskiPublic School No. 23
3. Sidney EngelhardtPublic School No. 27
4. Harry SchoenPublic School No. 8

Distance, 14 feet 7 8/10 inches.

Putting 8-lb. Shot.

1. Michael CalzarettoPublic School No. 6
2. Lawrence EricksenPublic School No. 6
3. Salvatore EspositoPublic School No. 9
4. Albert JohnsonPublic School No. 17

Distance, 31 feet 8 inches.

660-Yard Relay.

1. Robert Cochrane, Edward Hadden, Raymond Harper, Harry Keegan, George Meehan (sub), Everett Warren (sub),
Public School No. 11
2.Public School No. 23
3.Public School No. 8
4.Public School No. 9

Time, 1 minute 29 3/5 seconds.

SENIOR.**100-Yard Dash.**

1. William LuysterPublic School No. 11
2. Robert WalkerPublic School No. 14
3. Harold CookPublic School No. 17
4. Lester CanningPublic School No. 11

Time, 11 seconds.

Running High Jump.

1. Hugh BehrPublic School No. 23
2. Herman MichelsPublic School No. 28
3. Jack ReynoldsPublic School No. 9
4. Gerald KahnPublic School No. 28

Height, 4 feet 10 inches.

Running Broad Jump.

1. Isadore SokolowPublic School No. 27
2. Lester CanningPublic School No. 11
3. Bert IngramPublic School No. 23
4. John ZoblockiPublic School No. 1

Distance, 16 feet 4 6/10 inches.

Putting 12-lb. Shot.

1. Carl MarksPublic School No. 6
2. Thomas BraneyPublic School No. 9
3. Arnold WeissPublic School No. 8

Distance, 34 feet 4 inches.

880-Yard Relay

1. Francis Blodgett, Carl Marks, Philip Ripberger, Henry Stine, Everett DuClos (sub), John Ritzer (sub).....Public School No. 6
2.Public School No. 17
3.Public School No. 9
4.Public School No. 8

Time, 1 minute 49 seconds.



1, PUBLIC SCHOOL NO. 14 OAT-BAG RELAY TEAM; 2, PUBLIC SCHOOL NO. 23 INDIAN CLUB AND FLAG RELAY TEAM.

Detrick, Photos.

Girls' Prize Records, June 18, 1915

Oat-Bag Relay.

1. Ethel Brower, Alma Ernst, Lillian Ellis,
Hilda Ehrhardt, Ethel Ford, Sylvia Frickel,
Clara Hill, Georgina Jones, Florence Mun-
zing, Marjorie Power, Mildred Keck (sub),
May Nuese Public School No. 14
2. Public School No. 6
3. Public School No. 23
4. Public School No. 17

Time, 1 minute, 33 $\frac{3}{5}$ seconds.

440-Yard Relay.

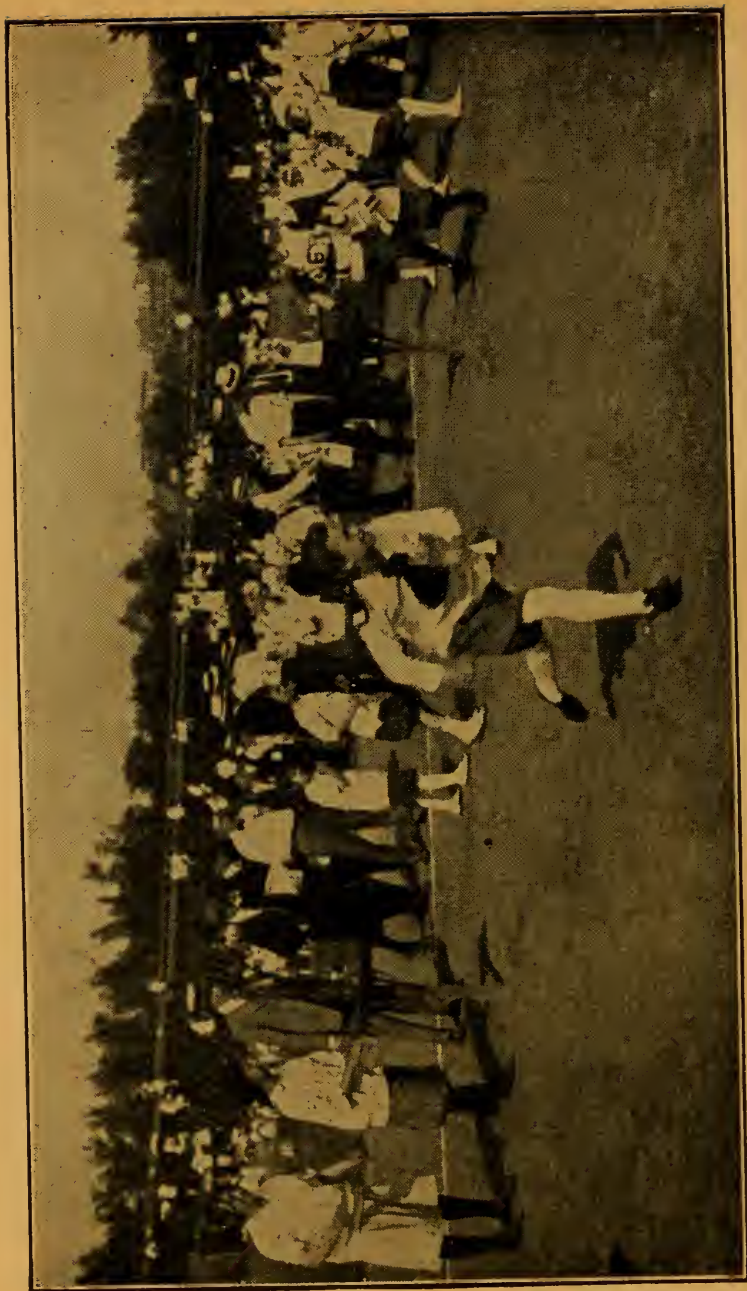
1. Leonora Dolney, Frances Gabel, Helen
Gerken, Ruth Heir, Helen Knolles, Mary
McCabe, Helen Mitchell, Helen Powel-
stock, Mildred Stevens, Selma Weinert,
..... Public School No. 1
2. Public School No. 6
3. Public School No. 14
4. Public School No. 11

Time, 1 minute 7 $\frac{3}{5}$ seconds.

Indian Club and Flag Relay.

1. Ethel Kayton, Mary Cullen, Louise Da-
mato, Pauline Farbar, Lillian Geary, The-
resa McCormick, Carrie Meola, Louise
Teschner Public School No. 23
2. Public School No. 6
3. Public School No. 27
4. Public School No. 15

Time, 42 $\frac{2}{5}$ seconds.



POTATO RELAY.

Potato Relay.

1. Jennie Dale, Mary Del Rea, Josephine
Evanowski, Lena Langele, Jennie Occhi-
lupo, Rosina Scerbo, Polina Triputti, Millie
WilliamsPublic School No. 9
2.Public School No. 6
3.Public School No. 23
4.Public School No. 34

Time, 2 minutes 18 seconds.

20-Yard Relay.

1. Margaret White, Goldie Baker, Helen Dris-
coll, Adeline Elison, May Edmunds, Ger-
trude Garrison, Ethel Klausner, Frances
Lott, Sara Magum, Harriet May, Florence
Marshall, Minnie Reichert..Public School No. 6
2.Public School No. 31
3.Public School No. 30
4.Public School No. 19

Time, 38 $\frac{4}{5}$ seconds.

Summary of Events

Held during the year 1915 under the direction of the
Jersey City Public School Athletic Association:

1. Girls' Athletic Meet, at Jersey City Base Ball Park,
June 18th.
2. Boys' Athletic Meet, at Jersey City Base Ball Park,
June 19th.
3. Four Base Ball Leagues. 20 teams.

At the Athletic Meet, June 18th and 19th, there were
provided:

- 5 Girls' Prize Events.
- 5 Girls' Standard Events.
- 14 Boys' Prize Events.
- 11 Boys' Standard Events.

The number of pupils who qualified in the Standard
Events were as follows:

For Girls—

Throwing Basket Ball for Distance.....	78
Throwing Oat-Bag for Height.....	98
Hand-Walk, 16-foot Ladder.....	181
30-Yard Dash	141
Indoor Base Ball.....	144
Total	642

For Boys—

Junior Standing Broad Jump.....	144
Junior Chinning the Bar.....	79
Junior 50-Yard Dash.....	416
Intermediate Running Broad Jump.....	58
Intermediate Running High Jump.....	49
Intermediate Chinning the Bar.....	39
Intermediate 75-Yard Dash.....	189
Senior Running Broad Jump.....	6
Senior Running High Jump.....	16
Senior Chinning the Bar.....	23
Senior 100-Yard Dash.....	39
Total	1058

Comparative Statement of Entries for the Meets of 1914 and 1915

SCHOOL NO.	GIRLS		BOYS								TOTAL BOYS		GRAND TOTAL	
			JUNIOR		INTER- MEDIATE		SENIOR							
	1914	1915	1914	1915	1914	1915	1914	1915	1914	1915	1914	1915		
1.	37	31	18	16	28	20	8	11	54	47	91	78		
3.	36	33	17	18	12	13	4	5	33	36	69	60		
4.	18	9	26	11	12	5	1	1	39	17	57	26		
6.	260	180	157	126	142	99	41	17	340	242	600	422		
7.	136	88	1	89	225		
8.	194	60	113	60	56	36	23	10	192	106	386	166		
9.	208	123	93	43	82	54	26	22	201	119	409	242		
10.	24	18	18	42		
11.	91	33	63	42	32	27	12	9	107	78	198	111		
12.	78	36	31	26	23	7	9	6	63	39	141	75		
13.	4	5	7	3	2	8	9	12	9		
14.	92	47	34	14	30	6	16	8	80	28	172	75		
15.	141	96	93	84	38	52	5	9	136	145	277	241		
17.	56	71	42	50	37	32	13	8	92	90	148	161		
18.	7	11	11	18		
19.	12	11	7	7	3	7	10	19	21		
20.	127	93	47	44	49	21	14	11	110	76	237	169		
22.	53	7	15	5	11	3	3	1	29	9	82	16		
23.	376	320	231	213	172	126	41	45	444	384	820	704		
24.	158	122	94	86	52	51	11	16	157	153	315	275		
25.	63	46	40	20	21	19	11	2	72	41	135	87		
26.	10	15	1	16	26		
27.	138	146	98	111	59	47	14	9	171	167	309	313		
28.	156	59	71	37	57	32	20	10	148	79	304	138		
29.	10	17	17	27		
30.	12	7	10	7	10	7	22		
31.	23	19	41	29	7	10	48	39	71	58		
32.	69	9	16	1	8	5	8	1	32	7	101	16		
33.		
34.	84	21	95	2	34	5	23	134	23	218		
	2577	1647	1529	1155	935	704	280	206	2544	2065	5321	3712		

Record Holders—Boys

JUNIOR.

50-yard Dash—

6 $\frac{3}{5}$ seconds....Emile Rover, P.S. 27...1914

Running High Jump—

4ft. 3in.....Frank Beers, P.S. 11...1913

Running Broad Jump—

15ft. 4 $\frac{7}{10}$ in....Emile Rover, P.S. 27...1915

440-yard Relay—

59 seconds.....Victor Aime, Emile
Rover, Thompson
Kennedy, Arthur
Spring, Frank Boci-
lieri, Otto Medeck, P.S. 27...1915

INTERMEDIATE.

75-yard Dash—

8 $\frac{4}{5}$ seconds....Harry Green, P.S. 22...1914

Running High Jump—

4ft. 7in.....Arthur Potterton, P.S. 6...1914

4ft. 7in.....Arthur Potterton, P.S. 6...1915

Running Broad Jump—

15ft. 7in.....Harry Green, P.S. 22...1914

Putting 8-lb. Shot—

31ft. 8in.....Michael Calzaretto, P.S. 6...1915

660-yard Relay—

1 min. 17 $\frac{2}{5}$ sec. Pierre Boquel, Thos.
Barney, Rocco Es-
posito, Joseph Fac-
cone, Benjamin
Silverstein, George
McLaughlin, P.S. 9...1914



1, 440-Yard Relay Team; 2, Oat-Bag Relay Team.
PUBLIC SCHOOL NO. 9.

SENIOR.**100-yard Dash—**

10 4/5 seconds...	Fred Beddiges,	P.S. 8...	1914
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Running High Jump—

4ft. 10in.....	William Hahn,	P.S. 11...	1913
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4ft. 10in.....	Edward Hahn	P.S. 11...	1914
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4ft. 10in.....	Hugh Behr,	P.S. 23...	1915
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Running Broad Jump—

17ft. 1in.....	Fred Beddiges,	P.S. 8...	1914
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Putting 12-lb. Shot—

34ft. 4in.....	Carl Marks,	P.S. 6...	1915
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880-yard Relay—

1 min. 39 sec....	F. Bowyer, Domi- nick Casciano, Harold Cooke, Rus- sell De Lorme, Percy Dutcher, Ed- ward Sweden,	P.S. 17...	1914
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Record Holders—Girls**Oat Bag Relay—**

1 min. 3 3/5 sec...	P.S. 14.....	1915
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440-yard Relay—

1 min. 5 3/5 sec..	P.S. 27.....	1914
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Indian Club and Flag Relay—

42 2/5 seconds...	P.S. 23.....	1915
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Potato Relay—

2 min. 17 4/5 sec.	P.S. 6.....	1914
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20-yard Relay—

36 2/5 seconds...	P.S. 27.....	1914
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HAND WALK ON 16-FOOT LADDER.

Constitution of the Jersey City Public School Athletic Association

NAME.

This Association shall be known as the "JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of Jersey City, New Jersey; in connection therewith, to cooperate with and encourage athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

SECTION 1. The active membership shall consist of all the male principals of Jersey City.

SEC. 2. The associate membership shall consist of all the female principals of schools of Jersey City.

SEC. 3. Honorary officers and members may be elected.

ARTICLE III.

MEETINGS.

SECTION 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the first Wednesday in October in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

SEC. 2. At any meeting of the Association, six members shall constitute a quorum.

ARTICLE IV.

OFFICERS.

SECTION 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant

secretaries. Other assistants to the secretary may be appointed by the president.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the first Wednesday in October.

SEC. 3. The president, vice-president, and treasurer shall perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

SEC. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

ARTICLE V.

COMMITTEES.

SECTION 1. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, and three other active members, appointed annually by the president, which shall have all powers of the Association, when the Association is not in session. This committee shall meet at the call of the president or of the vice-president. Four of this committee shall constitute a quorum.

SEC. 2. The executive committee shall have control and management of the affairs and funds of the Association.

SEC. 3. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. Their decision upon all matters referred to it shall be final. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

SEC. 4. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the treasurer.

SEC. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VI.

DISTRICT LEAGUES.

SECTION 1. Girls' and other auxiliary, associate, or district leagues, may be established under regulations to be made by the executive committee.

SEC. 2. The Jersey City Public School Athletic Association shall have control of all district baseball leagues, basketball leagues, football leagues, or such other leagues as may be established in the public schools of Jersey City.

ARTICLE VII.

AMENDMENTS.

This Constitution may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association; also by a two-thirds vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each member at least five days before the meeting.

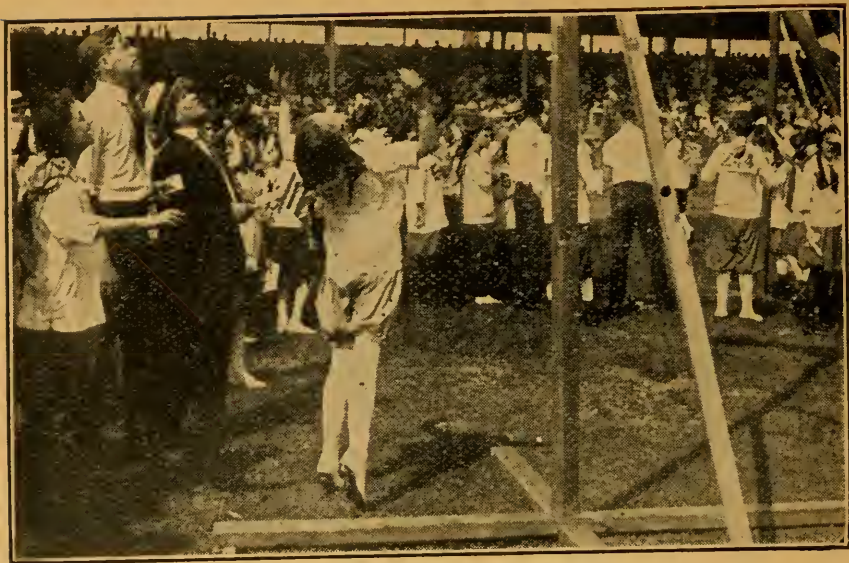
ARTICLE VIII.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee, and are subject to change when deemed expedient for the best interests of the Association.

ARTICLE IX.

All notices to members, and also all notices to all officers and directors, shall have been sufficiently served, if mailed to them at the address given by them to the Secretary and Treasurer respectively.



THROWING THE OAT-BAG FOR HEIGHT.



INDIAN CLUB AND FLAG RELAY, 1915.

Athletic Rules of the Jersey City Public School Athletic Association

RULE 1. The Jersey City Public School Athletic Association recognizes as athletic members all boys and girls, pupils of Jersey City public schools.

RULE 2. Attendance of at least three months in the school system directly previous to any contest shall be required of all pupils before they shall be entitled to represent their school in athletics. The age limit for competition in events of the elementary schools, except baseball, shall be from the ninth to the seven-teenth birthday. *No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Only three boys from each school are allowed to enter the same prize event.* Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

RULE 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors. No pupil shall be allowed to compete in events of the elementary schools who is not nine years of age.

CLASSIFICATION FOR ALL EVENTS.

Adopted March 1, 1912.

Junior.

Boys must be over nine and under thirteen, and not over four feet, ten inches in height.

Intermediate.

Boys under fifteen, and not over five feet, three and a half inches in height.

Senior.

Fifteen years and over, any height.

Note.

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the INTERMEDIATE class; or, a boy fourteen years of age, five feet, four inches high, would go into the SENIOR class.

Note.

Measurements to be made in STOCKING FEET.

RULE 4. There shall be certain standard events for each classification, qualifications in which will entitle competitors to special buttons.

One button will be given for each event if the standard is made by the contestant. A special button will be given to contestants winning two different standard events at the same meet.

BOYS' STANDARD EVENTS.**Junior.**

Standing broad jump—5 feet 10 inches.

Chinning the bar—9 times.

50-yard dash—7 3-5 seconds.

Intermediate.

Running broad jump—11 feet 9 inches.

Running high jump—3 feet 6 inches.

Chinning the bar—9 times.

75-yard dash—10 2-5 seconds (time subject to change).

Senior.

Running broad jump—12 feet 9 inches.

Running high jump—3 feet 9 inches.

Chinning the bar—9 times.

100-yard dash—13 1-5 seconds.

RULE 5. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.**Junior.**

50-yard dash.
Running high jump.
Running broad jump.
440-yard relay race (4 boys to a team).

Intermediate.

75-yard dash.
Running high jump.
Running broad jump.
660-yard relay race (4 boys to a team).

Senior.

100-yard dash.
Running high jump.
Running broad jump.
880-yard relay race (4 boys to a team).

RULE 6. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 7. Prizes will be as follows, viz., 1st, 2nd, 3d prize. A button will be given for fourth place.

RULE 8. Special trophies will be given as follows:

1. To the school scoring the most points.
2. To the grammar school scoring the most points in standard events.
3. To the primary school scoring the most points in standard events.
4. To the school winning the senior relay race.
5. To the school winning the intermediate relay race.
6. To the school winning the junior relay race.
7. To the school having the greatest number of points in field prize events.

8. To the school having the greatest number of points in track prize events.

RULE 9. In all relay races no more than five teams shall be run in a heat, except by order of the referee. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper positions on the track.

RULE 10. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission for all other pupils shall be ten cents, adults twenty-five cents.

RULE 11. All athletic meets shall be run according to the rules of the Association.

RULE 12. Points. First prize shall count five points, second prize three points, third prize two points, fourth place one point. Those teams winning in the relay races shall be credited with double the number of points mentioned above.

RULE 13. There shall be an official physician and nurse in attendance.

RULE 14. Relay teams will be allowed to enter two substitutes in each event.

RULE 15. Outdoor track and field, baseball, football, and basketball championship meets may be held annually at such times and places as may be decided upon by the executive committee.

RULE 16. The awarding of trophies, except in prize events, shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule. In case of schools having a grammar department only, their rating shall be computed by comparing the registration in all grades represented in such schools with similar grades in all other grammar schools. In no case will any grammar grades be omitted from such comparison.

RULE 17. The kindergarten, first and second years, and the lower half of the third year shall be omitted from the enrollment of the schools in arriving at the percentage and in reckoning for points and trophies.

Girls' Athletics

BRANCH OF THE JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The girls are given a pin, the same as the boys are given a button, when they make a standard.

Girls' Athletic Meet.

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

Girls' Prize Events.

Grades 8-A and 8-B.

Oat Bag Relay, ten girls to a team.

Grades 7-A and 7-B.

440-Yard Relay, eight girls to a team.

Grades 6-A and 6-B.

Indian Club and Flag Relay, six girls to a team.

Grades 5-A and 5-B.

Potato Relay, six girls to a team.

Grades 4-A and 4-B.

Shuttle Relay, eight girls to a team.



OAT-BAG RELAY.

Girls' Standard Events.

Grades 8-A and 8-B.

Throwing the basket ball for distance—40 feet (three trials).

Grades 7-A and 7-B.

Throwing the oat bag for height—17 feet (three trials); (weight of bag four pounds); disk 20 inches in diameter; jump allowed.

Grades 6-A and 6-B.

Hand walk twice the length of a 16-foot horizontal ladder; from rung to rung without touching the floor (or by skipping), over and back with a turn. 50-yard dash—8 seconds.

Grades 5-A and 5-B.

30-yard dash—5 seconds.

Grades 4-A and 4-B.

Throwing the indoor base ball (17 inches in circumference) for distance—30 feet (three trials).

Oat-Bag Relay

For Girls in the 8-A and 8-B Grades.

The oat-bag relay race consists of a competition of teams made up of ten pupils from the 8A and 8B grades of each school. The teams line up, one pupil behind another, No. 1 girl standing on the starting line and the rest of the team spread out behind, one in back of the other. Sixty feet back of this starting line there is a second line drawn parallel to the first on which poles are to be placed. In front of the starting line a third line is drawn thirty feet away. The first or No. 1 girl standing on the starting line holds an oat bag approximately eight inches in diameter and weighing four pounds, which she passes at command over her head with both hands to No. 2 girl, behind. Each girl in turn passes the bag over her head with both hands until it reaches the last or No. 10 girl, who turns and runs to the rear line around the pole which was spoken of as being sixty feet back of the starting line. The pole may be grasped, if the

runner so chooses, in making the turn. Here she turns and quickly returns to the starting line, passing to right of her team, and passes the bag over her head in the same way that the first girl did; then gets back on the line. The successive members of the team thus run to the rear line and to the front until at last the first or number 1 girl has gradually moved back to the last one in the line. She must not only run to the back line, but instead of stopping at the starting line she runs at full speed to the finish line thirty feet away and crosses it, thereby finishing the race.

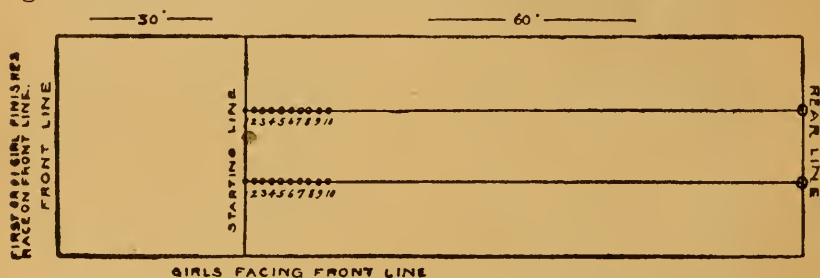


Diagram Illustrating Oat-Bag Relay.

The first girl is responsible for the team being on the line, but this shall not be interpreted as referring to the girl who is running with the bag.

440-Yard Relay

For Girls in the 7-A and 7-B Grades.

Eight girls constitute a team; each girl is stationed on a mark, the marks being 55 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the eighth girl crosses the finish line.

Indian Club and Flag Relay

For Girls in the 6-A and 6-B Grades.

An Indian club and flag relay race consists of a competition of teams made up of six pupils from the 6-A and 6-B grades of each school. The teams line up as in the oat-bag relay race;

that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Fifty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line fifty feet in front of a pole is set up. At the word of command the first or No. 1 girl, who holds a United States flag 16 inches in length without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line,

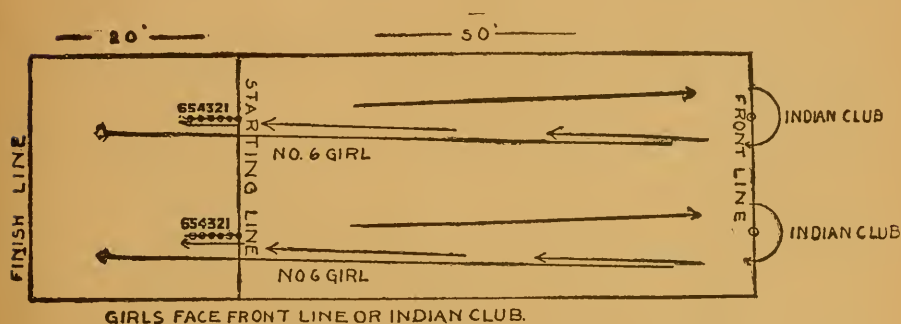


Diagram Illustrating Indian Club and Flag Relay Race.

where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her teammates, she hands the flag to the outstretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole, and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing teammates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race.

If the pole is knocked over it must be reset in its original position by the one knocking it down, before the team continues.

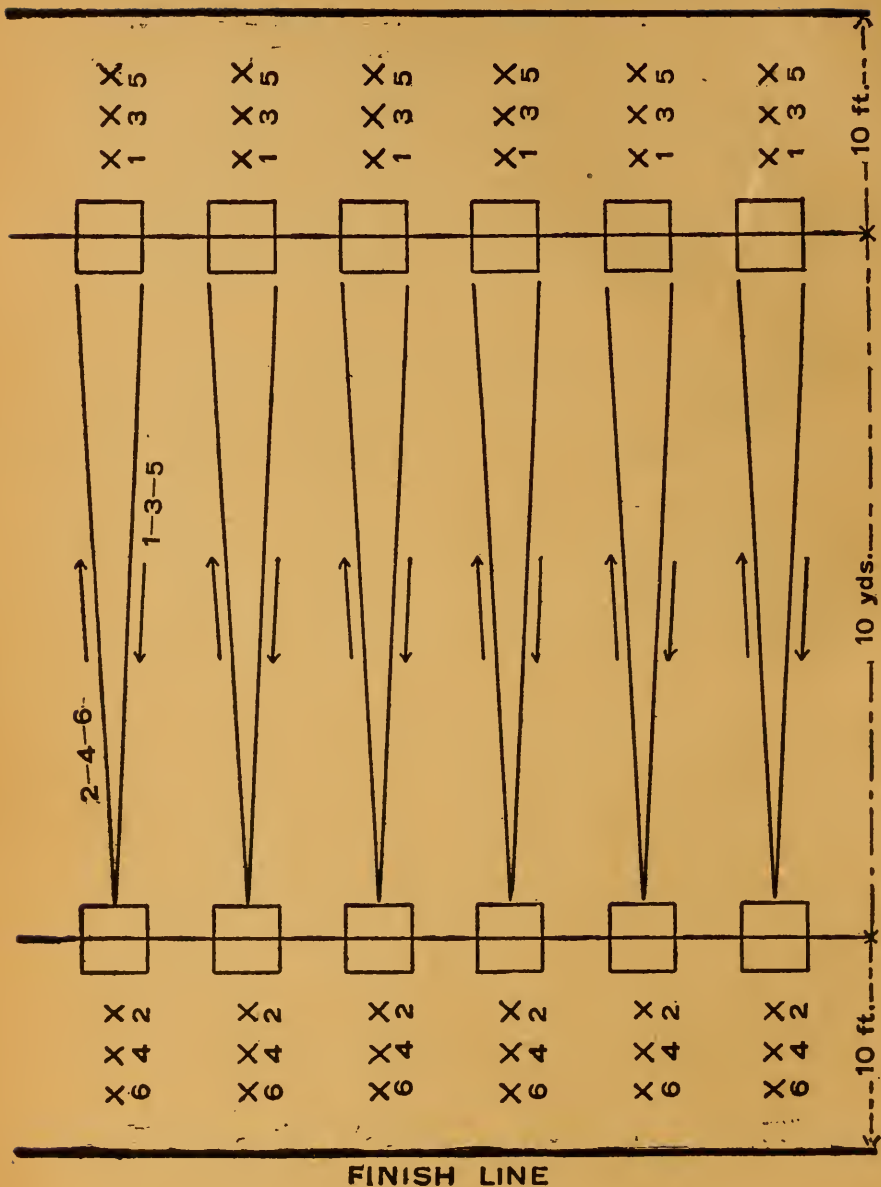


DIAGRAM SHOWING LINE-UP, DISTANCES AND ARRANGEMENT OF PLAYERS IN POTATO RELAY RACE.

Potato Relay

For girls in the 5-A and 5-B Grades.

The Potato Relay Race consists of a contest between teams of six girls from the 5-A and 5-B grades.

The competitors line up standing behind two stands, which are 10 yards apart. The 1st, 3d and 5th girls stand behind one of the stands and the 2nd, 4th and 6th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings, one at a time, four potatoes and places them on her own stand, which is empty; having placed the last potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Indian Club Relay. After No. 1 makes the touch off she takes her place on a line 10 feet back of the starting line and sits down. The same order is followed by numbers two, three, four, five and six. No. 6 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 90 yards.)

The potatoes must be on the stand, if they roll off they must be put back by the one who makes the mistake, otherwise the team shall be disqualified.

Shuttle Relay

For girls in the 4-A and 4-B Grades.

Eight girls constitute a team. Each competing team shall be divided in two equal parts, which shall line up in single file facing each other back of the starting lines, drawn at opposite ends of the running space and 20 yards apart. The 1st, 3rd, 5th and 7th girls will be behind one line, and the 2nd, 4th, 6th and 8th girls behind the opposite one. At the pistol shot No. 1 of the team shall run forward and touch No. 2 at the opposite side. No. 2 shall run forward to touch off No. 3, and so on until all have touched off, when the last girl (No. 8) shall dash forward over the finish line, which is the same as the starting line. Each girl, after touching off the next one, will have finished her part of the race, and shall quickly leave the running space and remain out of the way of the remaining runners. She shall not line up again with the runners.

Rules Governing Girls' Athletic Contests

1. The competition shall be between girls of the same grade.
2. The judges shall be selected by the executive committee of the Jersey City Public School Athletic Association.
3. First, second, third and fourth prizes will be awarded for each event.
4. First place will count five points, second place will count three points, third place will count two points, fourth place one point.
5. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same should be purchased by the different schools.
6. Four substitutes will be allowed for each prize event.

Points.

7. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

Special Trophies for Girls' Prize Events.

1. To the school winning the Oat-Bag Relay.
2. To the school winning the 440-Yard Relay.
3. To the school winning the Indian Club and Flag Relay.
4. To the school winning the Potato Relay.
5. To the school winning the Shuttle Relay.

Girls' Standard Events

1. Throwing Basket Ball for Distance. 8A and 8B. Distance 40 feet (3 trials).

2. Throwing the Oat Bag for Height. 7A and 7B. Round oat bag weighing 4 pounds. Distance 17 feet—3 trials—(Throw with both hands.)

RULE. The contestant may jump from the ground and must hit a round disc, 20 inches in diameter with the 4-lb. oat bag.

3. Hand Walk on 16-foot Horizontal Ladder. 6A and 6B.

The contestant shall place herself under one end of the ladder and without assistance jump and catch over-grasp the rungs of the ladder. She shall then "walk" the full distance, moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward, or they may return on sides of ladder. Only one trial shall be allowed.

50-Yard Dash. 6A and 6B.

The contestant must run 50 yards in 8 seconds.

NOTE—Contestants may choose one, but not both 6th year standards.

4. 30-Yard Dash. 5A and 5B. Time, 5 seconds.

5. Throwing the Indoor Base Ball. 4A and 4B. A Spalding indoor base ball 17 inches in circumference shall be used.

The ball must be thrown 30 feet.

Rules Governing the Base Ball Leagues of the Jersey City Public School Athletic Association

RULE No. 1. The City shall be divided into four districts for the present, and the names of the leagues shall be the Greenville League, Bergen League, Hudson City League, Eastern League.

RULE No. 2. Each District League shall have as officers a President and a Vice-President.

RULE No. 3. The President and Vice-President shall be selected from the principals of the city schools.

RULE No. 4. A schedule of games, never more than two a week, shall be made by the Presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

RULE No. 5. The duties of the Presidents of the District Leagues shall be, besides those usually designated to this office, the providing and assignment of the baseball diamonds to the several teams, and the general oversight of the field of play during the contest.

RULE No. 6. The Vice-President, besides the usual duties of this office, shall aid and abet the authority of the President and may assist the President in assigning the diamonds.

RULE No. 7. All players must be eligible according to the rules of the Association. (See Rule 2, page 37; Rule 19 on following page.)

RULE No. 8. Any team playing ineligible members may be dropped from the League in consequence.

RULE No. 9. The official ball shall be adopted each year by the Association. For the year 1916 Spalding's Boys' League Ball shall be used exclusively in all games.

RULE No. 10. At least one principal or a teacher shall be in attendance to supervise each game.

RULE No. 11. On the field of play only the two captains shall be recognized and any dispute arising shall be settled between these two men and the umpire. The umpires have power to retire any player who questions their decisions, and they have

power, in case any team refuses to play, to award the game to their opponents, if play is not resumed within two minutes.

RULE No. 12. The official rules shall be the playing rules adopted according to the national agreement for the year.

RULE No. 13. Before the opening of the game the balls, in original unopened boxes, must be submitted to the President of the League and to the umpire to be passed upon. Each team must furnish one ball.

RULE No. 14. All baseballs and bats for the series will be furnished by the Association. A limited number of bats and balls for practice will also be furnished.

RULE No. 15. All trophies shall be provided by the Jersey City Public School Athletic Association and shall consist of five cups.

RULE No. 16. Each school shall raise funds for the support of its baseball teams, and shall own and supply all uniforms and baseball paraphernalia, except bats and balls.

RULE No. 17. All championship games of the Baseball Leagues shall be played on the baseball diamonds approved of by the Executive Committee of the Association.

RULE No. 18. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

RULE No. 19. Boys playing on any team must have been a member of the Jersey City Public Schools twelve weeks previous to the games.

RULE No. 20. The names of all players are to be sent to the President of the League before the season opens and by him furnished to each principal.

RULE No. 21. Spike shoes must not be worn. The penalty for their use is forfeiture of the game.



PUBLIC SCHOOL NO. 23—CHAMPIONS BERGEN LEAGUE, 1915.

Bergen League Base Ball Schedule, 1916

PRESIDENT, J. A. KOLB.

May 8.

Public School No. 23.....vs.....Public School No. 11
Public School No. 22.....Public School No. 12

May 11.

Public School No. 23.....Public School No. 17
Public School No. 12.....Public School No. 11

May 15.

Public School No. 23.....Public School No. 12
Public School No. 22.....Public School No. 17

May 18.

Public School No. 23.....Public School No. 22
Public School No. 17.....Public School No. 11

May 22.

Public School No. 17.....Public School No. 12
Public School No. 22.....Public School No. 11

May 25.

Public School No. 11.....Public School No. 23
Public School No. 12.....Public School No. 22

May 29.

Public School No. 17.....Public School No. 23
Public School No. 11.....Public School No. 12

June 1.

Public School No. 12.....Public School No. 23
Public School No. 17.....Public School No. 22

June 5.

Public School No. 22.....Public School No. 23
Public School No. 11.....Public School No. 17

June 8

Public School No. 12.....Public School No. 17
Public School No. 11.....Public School No. 22

Eastern League Base Ball Schedule, 1916

PRESIDENT, JAMES T. MACKEY

May 8.

Public School No. 1.....	vs.	Public School No. 4
Public School No. 9.....		Public School No. 32

May 12.

Public School No. 1.....	vs.	Public School No. 3
Public School No. 9.....		Public School No. 4

May 15.

Public School No. 1.....	vs.	Public School No. 9
Public School No. 3.....		Public School No. 32

May 19.

Public School No. 1.....	vs.	Public School No. 32
Public School No. 3.....		Public School No. 4

May 22.

Public School No. 3.....	vs.	Public School No. 9
Public School No. 4.....		Public School No. 32

May 26.

Public School No. 4.....	vs.	Public School No. 1
Public School No. 32.....		Public School No. 9

May 29.

Public School No. 3.....	vs.	Public School No. 1
Public School No. 4.....		Public School No. 9

June 2.

Public School No. 9.....	vs.	Public School No. 1
Public School No. 32.....		Public School No. 3

June 5.

Public School No. 32.....	vs.	Public School No. 1
Public School No. 4.....		Public School No. 3

June 9.

Public School No. 9.....	vs.	Public School No. 3
Public School No. 32.....		Public School No. 4

Greenville League Base Ball Schedule, 1916

PRESIDENT, W. J. TUERS

May 10.

Public School No. 14.....vs.....Public School No. 20
Public School No. 24.....Public School No. 34

May 12.

Public School No. 14.....Public School No. 15
Public School No. 24.....Public School No. 20

May 17.

Public School No. 14.....Public School No. 24
Public School No. 15.....Public School No. 34

May 19.

Public School No. 14.....Public School No. 34
Public School No. 15.....Public School No. 20

May 24.

Public School No. 15.....Public School No. 24
Public School No. 20.....Public School No. 34

May 26.

Public School No. 20.....Public School No. 14
Public School No. 34.....Public School No. 24

May 31.

Public School No. 15.....Public School No. 14
Public School No. 20.....Public School No. 24

June 2.

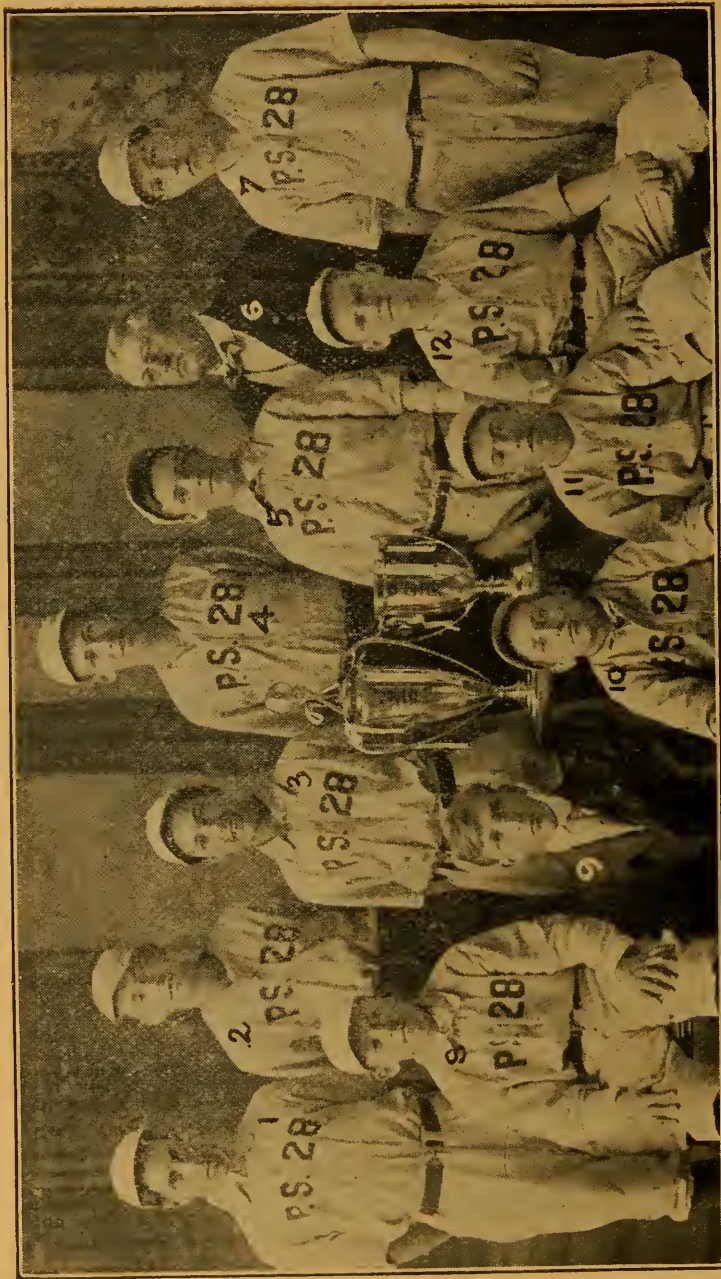
Public School No. 24.....Public School No. 14
Public School No. 34.....Public School No. 15

June 7.

Public School No. 34.....Public School No. 14
Public School No. 20.....Public School No. 15

June 9.

Public School No. 24.....Public School No. 15
Public School No. 34.....Public School No. 20



1. Paul Stohn; 2. Gerald Kahn; 3. Robert Lenhoff; 4. Roy Dunbar; 5. Lyman Hannigan; 6. J. R. Fitzer, Principal; 7. William Tait; 8. Harry Payne; 9. Raymond Ahrend; 10. Louis Graff; 11. Joseph Mutterer; 12. William Wein. Durstewitz, Photo.
PUBLIC SCHOOL NO. 28—HUDSON CITY LEAGUE AND CITY CHAMPIONS, 1915.

Hudson City League Base Ball Schedule, 1916

PRESIDENT, H. B. HOWELL

May 2.

Public School No. 6.....	Public School No. 25
Public School No. 28.....	Public School No. 8

May 4.

Public School No. 27.....	Public School No. 25
Public School No. 28.....	Public School No. 6

May 9.

Public School No. 8.....	Public School No. 27
Public School No. 25.....	Public School No. 28

May 11.

Public School No. 27.....	Public School No. 6
Public School No. 8.....	Public School No. 25

May 16.

Public School No. 28.....	Public School No. 27
Public School No. 6.....	Public School No. 8

May 18.

Public School No. 25.....	Public School No. 6
Public School No. 8.....	Public School No. 28

May 23.

Public School No. 25.....	Public School No. 27
Public School No. 6.....	Public School No. 28

May 25.

Public School No. 27.....	Public School No. 8
Public School No. 28.....	Public School No. 25

May 29.

Public School No. 6.....	Public School No. 27
Public School No. 25.....	Public School No. 8

May 31.

Public School No. 27.....	Public School No. 28
Public School No. 8.....	Public School No. 6



1, Valentine Werner, Public School No. 27, Winner, and, 2, Edward Hadden, Public School No. 11, Second—75-Yard Dash; 3, Hugh Behr, Public School No. 23, Winner—Running High Jump; 4, Senior High Jump.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public School Athletic Association shall be under the control of the following officials:

- The executive committee.
- A director of games.
- A referee.
- Three or more judges at finish.
- Four or more field judges.
- Three or more time keepers.
- One or more starters.
- One clerk of the course, with assistants.
- One chief scorer.
- One assistant scorer.
- One official photographer.
- One chief marshal, with assistants.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing must be referred to the executive committee.

RULE III.

REFEREE.

The referee shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise covered by these rules. He shall disqualify for fouls and for ungentlemanly conduct. He shall decide all ties in the case of races by having the race run over. Ties in field events shall be decided as provided for in the rules applying to such events. In deciding such ties, the loser takes the next lower rank, the others being reduced one point in rank. The decision concerning the tie awards the points as well as the medals, there being no division of points. The referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE V.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the heat or race. In standard races, the dropping of the flag denotes the close of the race.

RULE VI.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course. He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

1. "On your marks."
2. "Get set."
3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 660 yards, three yards for the first and three more for the second attempt; in races over 660 yards

and including 880 yards, four yards for the first and four more for the second attempt. In all cases, a third attempt disqualifies.

RULE VII.

THE CLERK OF THE COURSE.

The numbers of all competitors in each event shall be given to the clerk of the course. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE VIII.

THE SCORERS.

The scorers shall score all points and announce the various winners and the schools which have taken the most points. The Assistant Scorers are subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE IX.

DIRECTOR OF GAMES.

The director of games shall have general oversight of all arrangements and competitors on the field. He shall see that proper officials are present at each event. With the referee, he shall have power to make any changes in program or other arrangements which may seem necessary.

RULE X.

THE MARSHAL.

The marshal shall have general police supervision over the field and the competitors.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remaining therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee, who may disqualify the offender.

RULE XI.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle im-



PUBLIC SCHOOL NO. 6—WINNERS 20-YARD DASH.



PUBLIC SCHOOL NO. 8 GIRLS READY FOR PRACTICE.

mediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accompany the competitors on the track or in field.

RULE XII.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XIII.

PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet, the referee shall decide the matter at once.

If the protest is a question of age, then the competitor must produce satisfactory proofs of same.



1, GIRLS' 440-YARD RELAY RACE; 2, STARTING 20-YARD TEAM RACE.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XIV.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XV.

THE COURSE.

In straightaway races, lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord is attached. Each contestant shall run in his own lane.

In all relay races position shall be assigned by lot. The names shall be printed in the program to conform with such assignment, the first mentioned being next to the pole, the others taking their respective positions. If possible there shall not be two contestants from one school in the same heat.

RULE XVI.

THE FINISH.

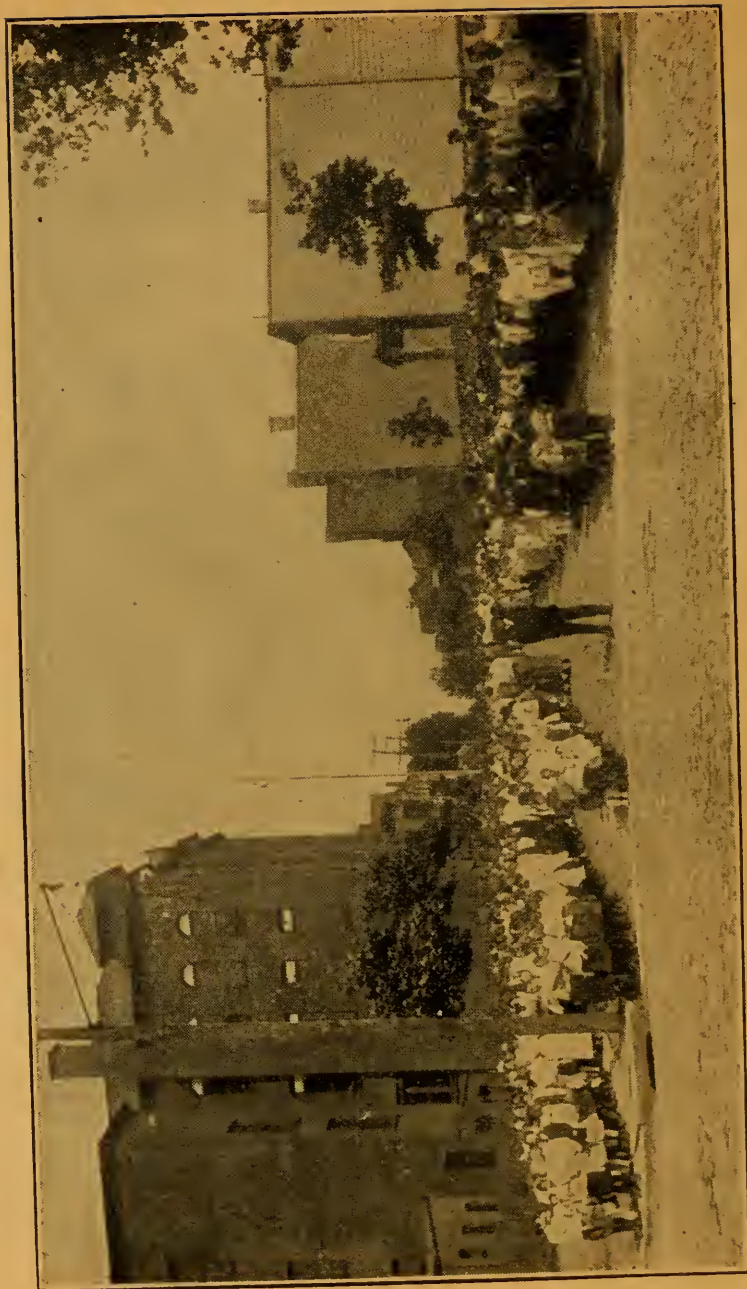
The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

RULE XVII.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event.



PUBLIC SCHOOL NO. 23 ENTRIES, 1915.

RULE XVIII.

RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick two inches in width, and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be decided by the field judges.

The height shall be measured from the middle of the bar to the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing forfeits his right to jump again at the height declined.

If, however, a competitor takes a trial at any height and fails in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

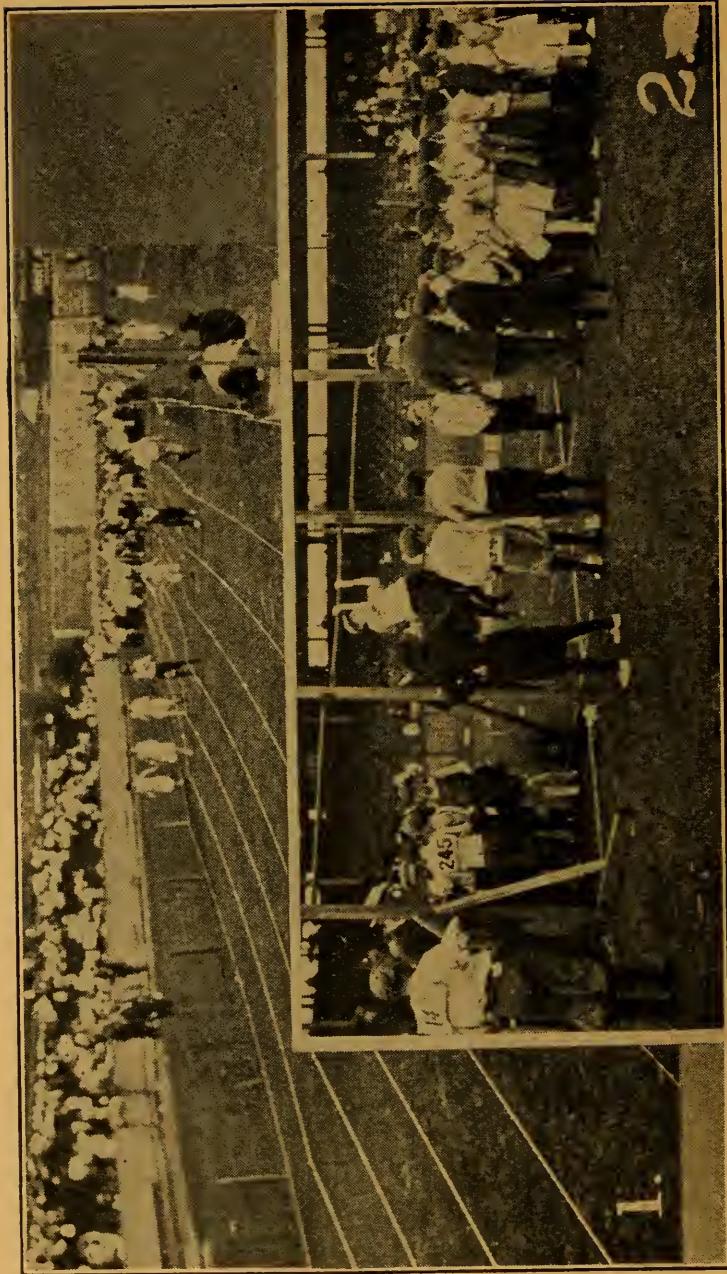
There shall be no limit to the run a competitor may take before attempting a jump.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XIX.

RUNNING BROAD JUMP.

A joist two inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.



1, 50-YARD DASH—STANDARD; 2, CHINNING THE BAR.

In front of the scratch line, the ground shall be removed to a depth of three and a width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps shall each have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XX.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad jump govern the standing broad jump as well.

RULE XXI.

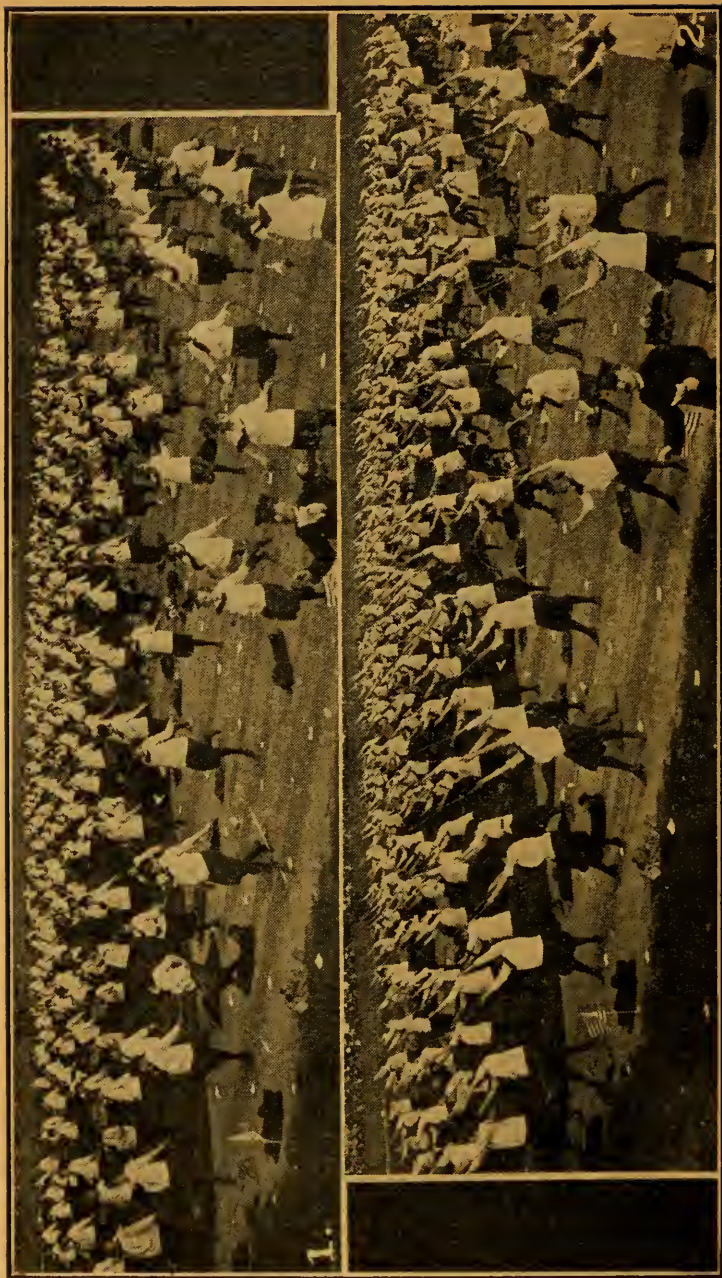
CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXII.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.



ATHLETIC CARNIVAL.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

Running.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

Running Broad Jump.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the

speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

Running High Jump.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

Shot Putting.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

General Training.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

Diet.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding.

Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

Clothing.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

Training for Sprints.

Master the crouch start.

Don't look around or allow other competitors to worry you.

Don't run with the head up in the air or bending backward.

Don't throw the heels up in back; don't run on the heels; don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race.

Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

GROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or

six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

Chinning the Bar.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

Standing Broad Jump.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

The Ethics of Competition

Obedience to Rules.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to the players.

Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opposing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may also lead to further infringement, which will spoil the game.

Abide by the Decisions of the Judges.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper authorities for their decision.

Gentlemanly Conduct.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another. Games won by such foul means were better lost.

Possess Good Nerve.

Frequently a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

Team Work.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to

take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his position might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

Honesty.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keeping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

Character.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

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TRADE-MARK

GUARANTEES
QUALITY

Spalding "Olympic Championship" Running and Jumping Shoes

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles.



No. 3-0



No. 2-0



Spalding "Monitor" Sprint Running Shoes Patent applied for.

No. 3-0. Lightest running shoe made. Hand made spikes. Especially for 100 and 220 yards races. Strictly bench made throughout. Pair, \$6.00

Spalding "Olympic Championship" Short Distance Running Shoes

No. 2-0. Extremely light and glove fitting. Hand made steel spikes. For short distances, especially 440 and 880 yards and one mile races. Pair, \$6.00



No. 14C



No. 14F



Spalding "Olympic Championship" Long Distance Running Shoes

No. 14C. For long distance races on athletic tracks. Electric heels, flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair, \$5.00.

Spalding "Olympic Championship" Hurdling Shoes

No. 14F. Made on same last as our Sprint Running Shoes. Hand made steel spikes. Perfect shoes for hurdling. To order only. Not carried in stock. Pair, \$6.00

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Spalding "Olympic Championship" Running and Jumping Shoes

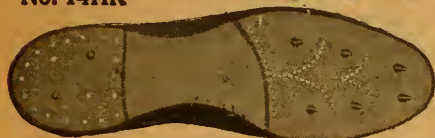
All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles.



No. 14HR



No. 14H



Spalding "Olympic Championship" Jumping Shoes

No. 14H. Specially stiffened soles. Hand made steel spikes placed as suggested by champion jumpers. Also correct shoes for shot putting, weight and hammer throwing. Pair, \$6.00

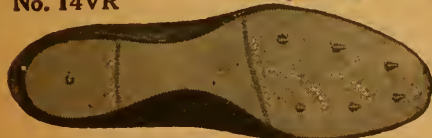
No. 14HR. High cut; style of 14H, but rubber heel inside to take off jar. . . . Pair, \$7.50



No. 14VR



No. 14W



Spalding "Olympic Championship" Pole Vaulting Shoes

No. 14VR. High cut special last. Same as we supply to the record holders. Hand made steel spikes in soles; one spike in heels. Rubber heel inside to take off jar. To order only. Not carried in stock. Pair \$7.00. On special orders we will supply Pole Vaulting Shoes with one high and one low cut shoe at no extra charge.

Spalding "Olympic Championship" Walking Shoes

No. 14W. For competition and match races. Pair, \$5.00

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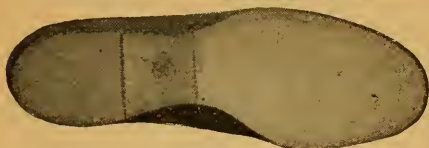
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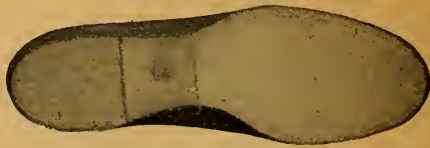
Spalding **MARATHON**
Magnum
Long Distance Running Shoes



No. MH



No. MO



No. MH. High cut but light in weight. Well finished inside so as not to hurt the feet in a long race. Special leather soles, will not wear smooth; light leather heels; black calfskin uppers. Hand sewed. . Pair, \$5.00
No. MO. Low cut. Blucher style. Otherwise same as No. MH. " 5.00



No. 10



No. 14J



Spalding
Outdoor Running Shoes

No. 10. Fine quality calfskin; light in weight. Bench made. Steel spikes. . Pair, \$5.00 ★ \$54.00 Doz.

The uppers of all Running and Jumping Shoes should be kept soft and pliable by using Spalding "Dri-Foot" Preparation. Can, 15 cents.

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen pairs or more. Quantity prices
NOT allowed on items NOT marked with ★

Spalding
Outdoor Jumping Shoes

No. 14J. Calfskin; machine made. Satisfactory quality; durable. Steel spikes. Pair \$4.50 ★ \$48.00 Doz.

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Spalding Outdoor Running Shoes



No. 11T



No. 11



No. 11T. Calfskin, machine made; solid leather tap sole holds spikes firmly in place. Pair, \$4.50 ★ \$45.00 Doz.
No. 11. Chrome leather, machine made. " 3.50 ★ 36.00 Doz.

Juvenile Outdoor Running Shoes

No. 12. Leather, good quality, complete with spikes. Sizes 12 to 5 only. Pair, \$3.00



No. 111



No. 210



Spalding Indoor Running Shoes

No. 111. Calfskin, special corrugated rubber soles, with spikes. Pair, \$4.50

Spalding Indoor Jumping Shoes

No. 210. Hand made. Calfskin uppers; rubber tap soles, rubber heels. Pair, \$5.00

For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. Can, 15c. The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen pairs or more. Quantity prices NOT allowed on items NOT marked with ★

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Spalding Indoor Running Shoes



No. 112S



No. 112



No. 112S. Good leather uppers and leather soles, short spikes.

Pair, \$4.00 ★ \$42.00 Doz.

No. 112. Good leather, rubber tap soles. No spikes.

Pair, \$3.50 ★ \$39.00 Doz.

No. 114. Leather uppers; rubber tap soles. No spikes.

Pair, \$3.00 ★ \$33.00 Doz.



No. 114

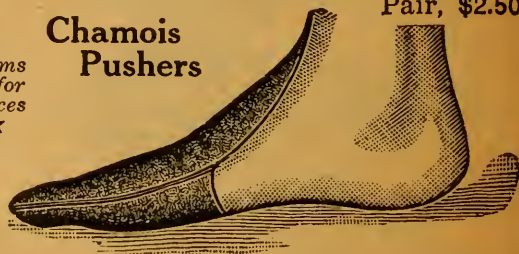


Juvenile Indoor Running Shoes

No. 115. Leather, good quality, without spikes. Sizes 12 to 5, only.

Pair, \$2.50

Chamois Pushers



The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen pairs or more. Quantity prices NOT allowed on items NOT marked with ★

Cork Athletic Grips



No. 2. Best quality cork, with elastic bands. Pr., 20c.

No. 1. Selected cork, shaped. . . . Pair, 15c.

No. 5. Fine Chamois skin. Should be used with running, walking, jumping and other athletic shoes, especially in long races or during all-around competition. Pair, 25c.

No. L. Specially prepared leather; suitable for use with all athletic shoes. Pair, 25c.

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Spalding Athletic Hammers

No. 16BH. Spalding
"Official Olympic"
Brass Shell Head
16-lb. Hammer (Pat'd
Aug. 20, 1912), includ-
ing ball-bearing
swivel (Pat'd May 15,
1900). Supplied regu-
larly with double
triangle wire grip
(Pat'd Dec. 22, 1914).
Each, \$7.00



No. 12BH. 12-lb. Brass
Shell Head Hammer,
otherwise same as
No. 16BH. Ea., \$6.50

No. 16IHB. 16-lb.
Solid Iron Head Ham-
mer, including Ball-
bearing swivel (Pat'd
May 15, 1900), double
triangle wire grip.
Each, \$4.00

No. 12IHB. 12-lb.
Solid Iron Head Ham-
mer, otherwise same
as No. 16IHB.
Each, \$3.50

No. 8IH. 8-lb. Solid
Iron Head Hammer
without ball-bearing
swivel. Double tri-
angle grip. Ea., \$2.50

Extra Handles for Athletic Hammers



No. MG

No. MG. Single Grip Style (see cut). Used by many prominent
throwers. Supplied separately with wire handle. . . Each, \$2.00
No. FH. Double Triangle Grip, complete with iron handle, furn-
ished separately. Each, 75c.

Any regular Spalding Hammer listed above furnished with No. MG grip
instead of double triangle style on special order, at an extra charge of \$1.25

Leather Case for Athletic Hammers

No. L. Leather Case, to hold either 12 or 16-lb. hammers. . . . Each, \$2.00

Spalding "Official Olympic" Circles

No. 9. 7 Foot Diameter Circle. The shot and
weights are thrown from this size circle. Three
sections, band iron, painted white. . . Each, \$10.00

No. 19. 8 Foot 2 inch Diameter Circle. For throw-
ing discus. Three sections, band iron, painted
white. Each, \$10.00



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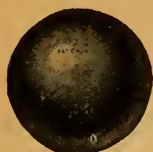
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No. 16BS.	Spalding "Official Olympic" Brass Shell Shot.	16-lb.	
	(Patented August 20, 1912).	Each,	\$6.00
No. 12BS.	12-lb. Brass Shell.	"	5.00
No. 16IS.	16-lb. Solid Iron.	"	1.75
No. 12IS.	12-lb. Solid Iron.	"	1.50
No. 24LS.	24-lb. Solid Lead.	"	6.00
No. 24IS.	24-lb. Solid Iron.	"	5.00
No. 8IS.	8-lb. Solid Iron.	"	1.25
No. 5IS.	5-lb. Solid Iron.	"	1.00
No. 26.	8-lb. Leather covered.	"	5.00
No. 5.	5-lb. Leather covered.	"	4.00

Regulation 56-lb. Weight

No. 2. Used and endorsed by all weight throwers. Lead.
Packed in box, guaranteed correct in weight.

Complete, \$15.00

Tambourine

No. 1. Required when throwing 56-lb. weight for height.

Each, \$10.00

Spalding Indoor Athletic Shot—Rubber Covered

Patented December, 1905

Scientifically made; perfectly round; gives fine grip; has proper resiliency when it comes in contact with floor; wears longer than ordinary leather covered; lead dust will not sift out; always full weight.

No. P. 16-lb. Rubber covered. Each, \$12.00

No. Q. 12-lb. Rubber covered. " 10.00

Spalding Indoor Shot—Leather Covered

Method of construction prevents loss of weight even when used constantly.

No. 3. 12-lb. Leather covered. Each, \$6.50

No. 4. 16-lb. Leather covered. " 7.50

Spalding Athletic Implements are best—First, because we have decided that no trouble or expense will be spared in their manufacture. Second, because we really know how to make them to give best results, and Third, because we have the special skilled workman and the machinery, tools, etc., necessary in the manufacture of special implements of this description.

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The Spalding "Official Olympic" Discus No. 5



Made in accordance with I. A. A. F.,
A. A. U., and Intercollegiate A. A.
A. A. specifications.

This is a duplicate of the original
sample submitted to the I. A. A. F.
Congress at Lyons, France, June 19th,
1914, and which was so favorably
commented upon and unanimously
adopted for use in all future Olympic
games.

No. 5. Spalding "Official Olympic"
Discus, wood center. Each, \$5.00

Spalding Practice. All-Steel Discus

Patented March 30, 1915

Same size and shape as the "Official Olympic" style, but made all of steel, which
forbids its use as an official implement. It is recommended for practice and on
account of all-steel construction will give maximum amount of service.

No. 15. Spalding "Practice" Discus, all steel. Each, \$4.00

Spalding "Youths' Official" Discus

Wood center. Official for Junior Discus Competitions.

No. Y. Spalding "Youths' Official" Discus, wood center. Each, \$4.00

Spalding "Official Olympic" Javelin

Made in exact accordance with I. A. A. F., A. A. U., and Intercollegiate A. A. A. A.
specifications.

No. 153. Spalding "Official Olympic" Javelin. Each, \$3.00

SPECIAL NOTE—Specifications in the Official Rules covering Javelin throwing are such
that in complying with them the Javelin is necessarily quite frail; hence, if it is not thrown
with the proper degree of skill it is easily broken and this through no fault of material or
workmanship. We are unable, therefore, to guarantee Javelins against breakage while in
use. We guarantee only against defective material or workmanship, and in 95 cases out
of a 100 where a Javelin shaft is broken we have found it was the result of faulty manip-
ulation or awkwardness on the part of the performer.

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SPALDING VAULTING AND JUMP STANDARDS

Substantially built and measurements are clearly and correctly marked.

No. 116. Graduated in half inches, adjustable to 13 feet.

Complete, \$15.00

No. 111. Inch graduation, 7 feet high. . . . Complete, \$9.00

Cross Bars

No. 212. Officially correct. Hickory. . . Dozen, \$6.00

No. C. Cord, with Weight Bags at either end, for use on Vaulting Standard. . Each, \$2.00

No. 116
VAULTING STANDARD

We supply everything needed to fit out an athletic field in proper shape, in addition to everything needed by officials in charge. Write us about anything required but which is not shown in this catalogue. We are the "official outfitters" for all organized athletic bodies in the United States.

No. 111
JUMP STANDARD

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SPALDING VAULTING POLES

SPECIAL NOTE—It is our endeavor always to supply Athletic Equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Shoes for Indoor Jumping, Hurdling and Pole Vaulting are made with inside rubber heel to take up the jar.



Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.

Spalding Indoor Bamboo Vaulting Poles

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

No.		No.
10BV. 10 ft. Ea., \$4.00		14BV. 14 ft. Ea., \$6.00
12BV. 12 ft. " 5.00		16BV. 16 ft. " 6.00

Spalding Outdoor Bamboo Vaulting Poles

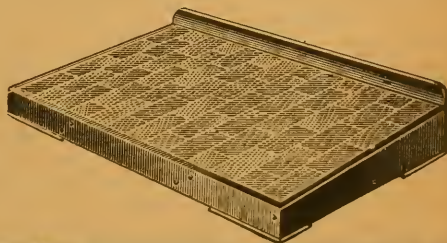
Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No.		No.
No. 100BV. 10 ft. Ea., \$4.00		No. 104BV. 14 ft. Ea., \$6.00
No. 102BV. 12 ft. " 5.00		No. 106BV. 16 ft. " 6.00

INDOOR POLE VAULTING BOARD

No. 117. Made up of sectional blocks of wood placed on end so that spike of vaulting pole will not split them. bound in by heavy wood frame.

Complete, \$16.00



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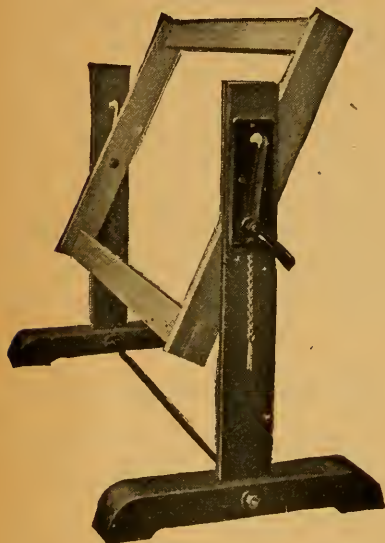


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Spalding "Official Olympic" Hurdle

Patented December 22, 1914



Three adjustment style. Exclusive Spalding model. This hurdle is made so that it is instantly adjustable to the three different heights required in hurdle races under various rules: 2 feet 6 inches, 3 feet, 3 feet 6 inches.

No. 31. Three adjustment. Pat. Dec. 22, 1914.

Each, \$ 4.00

Set of forty. 125.00

Spalding Lanes for Sprint Races



No. L

No. L. Sufficient stakes and cord to lay out four 100-yard lanes. Stakes are made with pointed ends and sufficiently strong so that they can be driven into hard ground. Set, \$15.00

Competitors' Numbers

Printed on Heavy Manila Paper or Strong Linen

		Manila, Set	Linen, Set			Manila, Set	Linen, Set
No. 1.	1 to 50.	\$.25	\$2.50	No. 4.	1 to 150.	\$.75	\$7.50
No. 2.	1 to 75.	.38	3.75	No. 5.	1 to 200.	1.00	10.00
No. 3.	1 to 100.	.50	5.00	No. 6.	1 to 250.	1.25	12.50

10

For larger meets we supply Competitors' Numbers, on Manila paper only, in sets as follows:

No. 7.	1 to 300.	Set, \$1.50	No. 16.	1 to 1200.	Set, \$6.00
No. 8.	1 to 400.	" 2.00	No. 17.	1 to 1300.	" 6.50
No. 9.	1 to 500.	" 2.50	No. 18.	1 to 1400.	" 7.00
No. 10.	1 to 600.	" 3.00	No. 19.	1 to 1500.	" 7.50
No. 11.	1 to 700.	" 3.50	No. 20.	1 to 1600.	" 8.00
No. 12.	1 to 800.	" 4.00	No. 21.	1 to 1700.	" 8.50
No. 13.	1 to 900.	" 4.50	No. 22.	1 to 1800.	" 9.00
No. 14.	1 to 1000.	" 5.00	No. 23.	1 to 1900.	" 9.50
No. 15.	1 to 1100.	" 5.50	No. 24.	1 to 2000.	" 10.00

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Toe Board



Take-Off Board



No. 1B

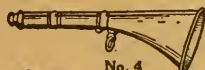
Patented May 24, 1893



No. MS Sacks



No. 3W



No. 4



No. 111B Tape



No. 1

Thigh Straps

Ankle Straps



No. 3



No. 7



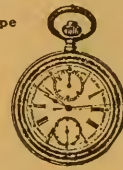
No. 2



No. X Baton



No. A Steel Tape



No. S



No. 1

No. S

Spalding Take-off Board

The Take-off Board is used for the running broad jump, and is a necessary adjunct to the athletic field. Regulation size; painted white Each, \$3.00

Spalding Toe Board or Stop Board

Used when putting the 16-lb. shot, throwing weights and discus, and is curved on the arc of a 7-foot circle. Toe Board, regulation size, painted white and substantially made. Each, \$3.50

Spalding Sector Flags

Used for marking the sector within which shot, hammer, discus, etc., must be thrown.

No. S. Spalding Sector Flags, metal. Each, 75c.

Spalding Referees' Whistles

No. 7. Nickel-plated, heavy metal whistle. Each, 35c.
No. 4. Horn Whistle, nickel-plated, heavy metal. 75c.
No. 3. Nickel-plated, special deep tone. 25c.
No. 2. Very reliable. Popular design. 25c.

Spalding Foot Ball Officials' Whistles

No. 3W. Loudest and clearest whistle yet manufactured. Can be heard above crowd cheering in places as large as the Harvard Stadium or the Yale Bowl. Whistle is at wrist band of leather. Each, \$1.75

Potato Race Equipment

Potatoes, official specifications. Set of eight, \$2.50
Receptacle for potato race. Each, 35c

Official Harness for Three-Legged Racing

Made according to official rules. Complete set of straps for fastening men, and with extra straps for keeping fastenings at required height in long distance races.

No. 1. Official Harness for Three-Legged Racing. Set, \$2.50

Spalding Official Sacks for Sack Races

Strongly reinforced, will wear for a great length of time, and by their construction it is practically impossible for racers to work their feet free. These sacks are made in exact accordance with official regulations.

No. MS. Men's Sack, reinforced, 3 ft. wide. Each, \$1.50

Spalding Official Batons for Relay Races

No. X. Hollow wood. Correct size, length and weight. Ea., 50c.

Patent Steel Tape Chain on Patent Electric

Reel—For Measuring Distances in Athletic Competitions

Superior steel about 1/4 inch wide. The reel allows the entire tape open to dry and can be reeled and unfeeled as easily as tapes in cases. Especially adapted to lay off courses and long measurements. Last foot only marked in inches.

No. 1B. 100 feet long. Each, \$5.00
No. 11B. 200 feet long. 7.50

Official Athletic Steel Measuring Tape

No. 111B. 300 feet long; has etched markings throughout, feet, inches and eighths. Complete on reel, with convenient wood handle. Each, \$16.50

Patent "Angle" Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles with patent automatic handle opener; all mountings nickel-plated. Accuracy guaranteed.

No. A. 50 ft. long, 3/8 in. wide. Each, \$4.00
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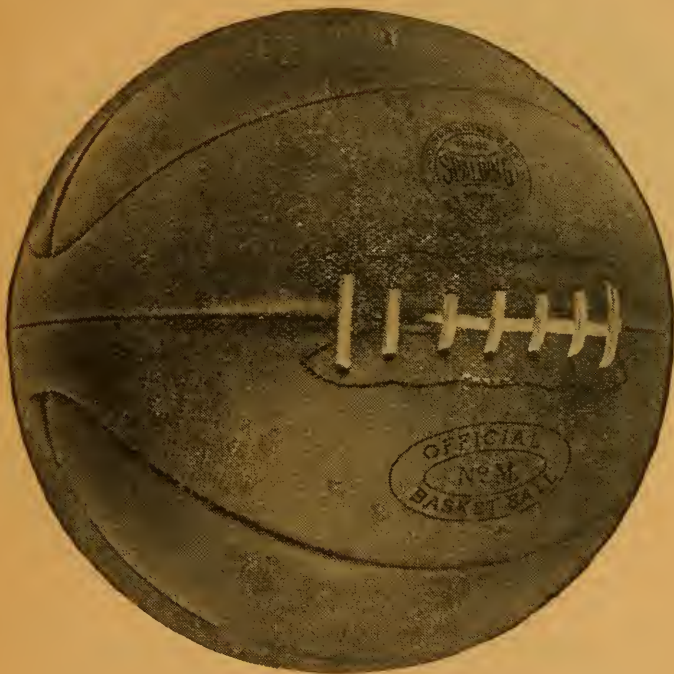
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OFFICIAL HANDBOOK
JERSEY CITY PUBLIC
SCHOOL ATHLETIC
ASSOCIATION



Editing Committee
N. L. CHANCE · K. L. THOMPSON
HOWARD DARE WHITE

1915

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AMERICAN SPORTS PUBLISHING COMPANY
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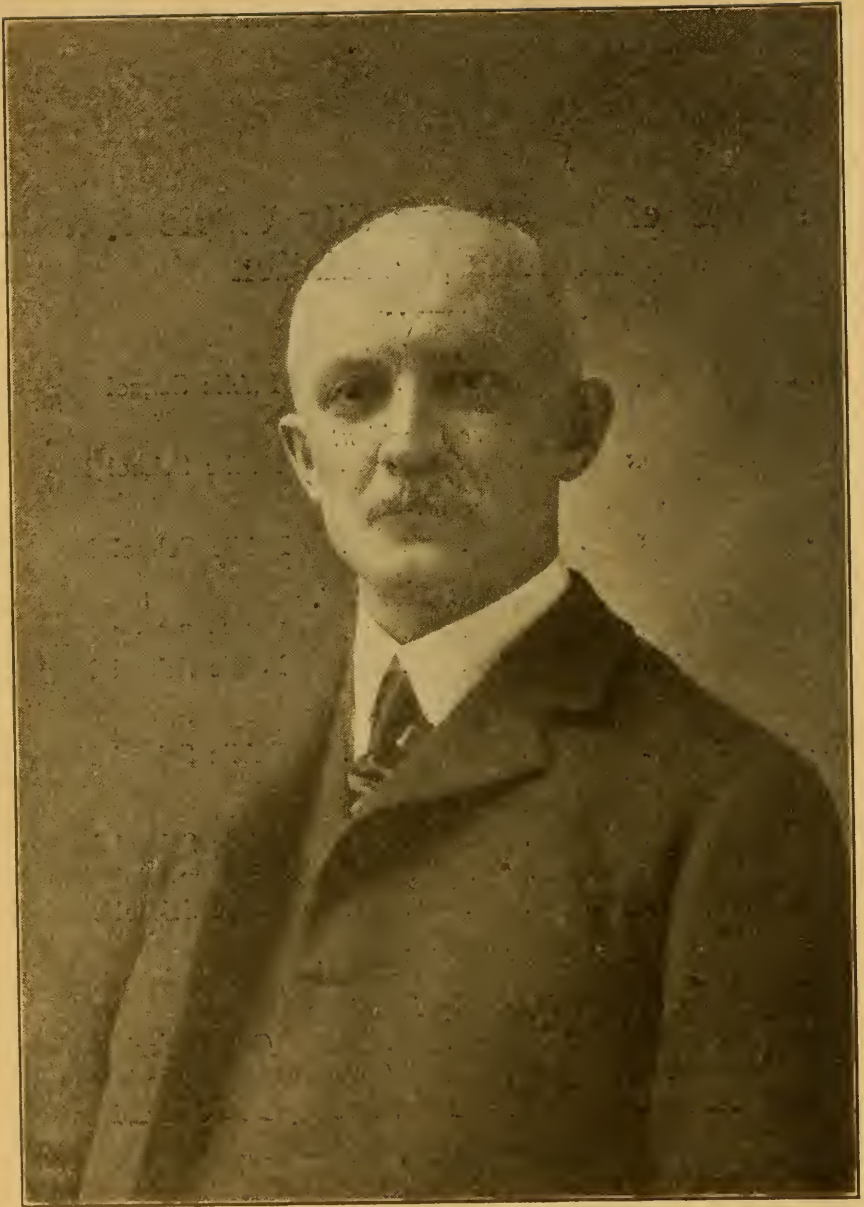
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To the Pupils of the Public Schools

You all realize how deeply your principals and teachers are interested in your progress in school. Their activity in organizing the Public School Athletic Association and their willingness to do all the hard work necessary to provide you with the opportunities to take part in the games in which you delight are especially pleasing to you and to your friends. I hope you will show your appreciation of their efforts by joining in the games and sports which they will inaugurate, joyfully and enthusiastically. But remember always to do so fairly and honestly. Remember that the traits which you habitually show in your games are bound to stick to you all your lives. Remember that the boy who is unfair or dishonest in his play is going to be dishonest in business when he becomes a man. Remember that the foundation of real manliness and womanliness is laid in childhood. Always play hard that you may grow strong in body. That you may gain mental strength, the courage to win without boasting and to lose with good nature and without jealousy, always be guided by the spirit of "Fair Play."

HENRY SNYDER,
Superintendent of Schools.



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Officers Jersey City Public School Athletic Association.

The History and Purpose of the Jersey City Public School Athletic Association

Organized athletic activity has long been considered a necessary part of school life. This need has been felt in Jersey City in the past, and organizations have been formed to meet this need. For one reason or another, these organizations have not survived. Most, if not all, of these have confined their efforts to baseball. In the Spring of 1911, the Male Principals' Association took active steps toward organizing an athletic association, which should control and encourage all forms of athletics. President W. F. Babcock at that time appointed Dr. J. K. Light, W. B. Du Rie, and N. L. Chance as a committee to visit Newark, and ascertain the methods used in that city and the measure of success there met with. Their report was presented at a meeting held December 5, 1911. At that meeting, Mr. Elmer K. Sexton, of Newark, was present by invitation, and described very carefully how athletic affairs were managed in that city. On that date, the Public School Athletic Association of Jersey City was formed.

AIM.

The aim of the Jersey City Public School Athletic Association is to develop the rational activities of the boys and girls. Judicious athletic sports are peculiarly needed at this time by city children, first because of the changed conditions of life in the home and the factory. Nowadays the available source of muscular development is very largely arrested by the adoption of machines and mechanical contrivances. A city boy does very little of the manual labor which enabled his father and grandfather to grow up strong and virile. Secondly, the opportunities for play under normal conditions have been lost because there is no longer space left in our cities for athletic sports. Thus the boys themselves are unable to secure opportunities for their own development in these lines because of the large financial outlay necessary to hire athletic fields and because they are unable to attack the administrative problems which are necessary to run successfully associations of an athletic nature.

To run and jump and to test who is the stronger is a racial instinct. By judiciously directing these energies, strong and healthy men and women will be developed. More than that, the boys and girls will be educated in courteous conduct, to be patient and tolerant in defeat, generous and magnanimous in

victory. The influence of these meets, moreover, extends throughout all the schools and has a strong, wholesome effect. School loyalty is worth while.

Physical vigor and power are just as closely related to the development of manhood and womanhood as they ever have been. Realizing this, the principals of Jersey City have undertaken to help boys and girls to enjoy activities which, without some outside assistance, of a financial and administrative nature, would be beyond their reach.

ORGANIZATION.

Very careful thought and attention have been given to the organization of the association and to the formation of rules and regulations which shall accomplish the objects and purposes for which it was formed and to prevent the evil practices which so often work their way into competitive athletics.

The Association has decided not to make scholarship and deportment a qualification for participation in interschool events. These are too intangible and indefinite to give any firm basis for decisions, in case a participant is protested for such cause. Instead, it is our idea that each principal may regulate this matter for himself, and decide upon those who may compete with honor to the school.

The Association also recognizes its opportunity for exerting a wholesome moral influence, by developing an ideal of fairness, gentlemanly conduct, courtesy, and truthfulness in matters pertaining to competition. In fact, one of the great lessons to be learned from competition is manliness and cheerfulness in defeat, as well as humility in victory. Such a spirit characterizes the true athlete.

The Association has striven also to permit no competition which shall injure the physical organism in any way. Certain events, for instance, have been omitted, because they entailed too great a strain upon the heart and nervous system. Further, it has been provided that no boy shall enter more than two events, one a racing event, and the other a field event. Again, this classification makes it impossible for the older and larger boys to compete against the younger and smaller. It is further believed that no one should be permitted to compete, if shown to be unfit by the family or school physician. The physical record cards afford a good basis for such judgment. To provide for all around development and to give each an opportunity to win distinction, standard events have been provided. These standard contests are non-competitive, and represent an attempt to meet a certain standard of proficiency in different events. A button is given to each child who is able to reach these standards.



FACSIMILE OF MEDAL GIVEN FOR PRIZE EVENTS.

Prize and standard events for girls have also been provided, that the girls, too, may share in the benefits of regulated athletics.

The first annual meet was held on June 7, 1912, at the Jersey City Base Ball Grounds. In this meet about 2700 children took part. The second annual meet was held at the same place on June 3 and 4, 1913. About 3700 children took part in this meet. The results of these meets will be found elsewhere in this book.

The financing of such an undertaking is a serious problem. The success of this organization has been due in large measure to the series of entertainments held in different schools throughout the city. Through these, the organization has been placed on a solid financial basis.

In the fall of 1913, an athletic carnival, under the direction of Mr. Gustav H. Bojus, was held. The object of this carnival was to start a fund for the purchase and equipment of an athletic field for the use of the school children of Jersey City.

The association has begun its career auspiciously. Its further success depends upon the continued loyalty and co-operation of every principal, teacher, pupil, and last, but not least, the sympathetic, lasting co-operation, financial and moral, of every parent, and of every person interested in the schools and in the school children of Jersey City.



1, William Boyd; 2, Harry Tafero; 3, Harold Kelley; 4, William Miller; 5, Herbert Kimmerle; 6, Richard Trotter; 7, A. F. Stauffer, Principal; 8, George Burch; 9, Albert Barsch; 10, William Peters; 11, Frank Norris.
BASE BALL TEAM, PUBLIC SCHOOL No. 20—CITY CHAMPIONS, 1914.

Trophies

For the Second Annual Meet of the Jersey City Public School Athletic Association, June 3 and 4, 1913, won as follows:

CUP.

To the School Scoring the Most Points in the Meet (Girls and Boys).

DONOR—JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

Winner—School No. 27.

CUP.

To the School Scoring the Most Points in Standard Events (Girls and Boys).

DONOR—HENRY SNYDER, S.C.D., City Superintendent of Schools.

Winner—School No. 27.

CUP.

To the School Winning the Intermediate 600-yard Relay Race (Boys).

DONOR—MR. LEROY J. WEED.

Winner—School No. 17.

CUP.

To the School Winning the Junior Relay Race (Boys).

DONOR—MR. ISAAC VANHOUTON.

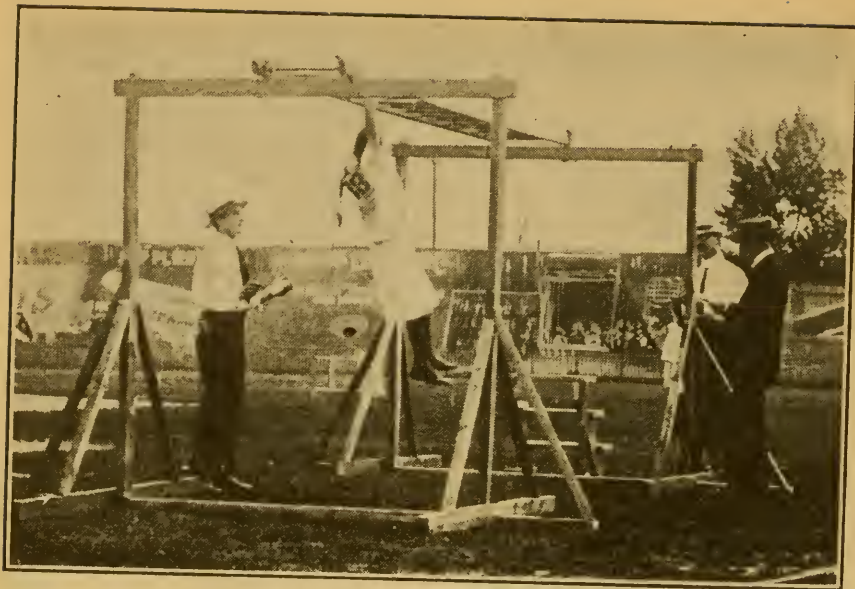
Winner—School No. 27.

CUP.

To the School Scoring the Most Points in Field Prize Events (Boys).

DONOR—JERSEY CITY TEACHERS' ASSOCIATION.

Winner—School No. 8.



HAND WALK ON THE LADDER.



CHINNING THE BAR.

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor—DIEGES AND CLUST.

Winner—School No. 11.

CUP.

To the School Scoring the Most Points in Both Field and Track Prize Events (Boys).

Donor—E. A. MURPHY, Assistant Superintendent of Schools.

Winner—School No. 11.

CUP.

To the School Winning the Oat-Bag Relay Race (girls).

Donor—MR. CARL G. A. SCHUMANN.

Winner—School No. 23.

CUP.

To the School Winning the Chariot Race (Girls).

Donor—THE WHITEHEAD & HOAG CO.

Winner—School No. 11.

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—MR. EMIL STOHN.

Winner—School No. 23.

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—PECKHAM, LITTLE & Co.

Winner—School No. 27.

CUP.

To the School Winning the 20-yard Relay Race (Girls).

Donor—JERSEY CITY TEACHERS' CLUB.

Winner—School No. 7.



BASE BALL TEAM, PUBLIC SCHOOL No. 15.



BASE BALL TEAM, PUBLIC SCHOOL No. 8.

CUP.

To the School Winning the Senior 880-yard Relay Race
(Boys).

DONOR—EGBERT ALUMNI ASSOCIATION.

Winner—School No. 11.

CUP.

To the Team Winning in Baseball in the Hudson City
District.

DONOR—DR. JOSEPH A. NEVIN.

Winner—School No. 28.

CUP.

To the Team Winning in Baseball in the Bergen District.

DONOR—PRIN. J. W. WAKEMAN.

Winner—School No. 22.

CUP.

To the Team Winning in Baseball in the Greenville
District.

DONOR—PRIN. W. J. TUERS.

Winner—School No. 15.

CUP.

To the Team Winning in Baseball in the Eastern
District.

DONOR—MR. G. FRED EGE.

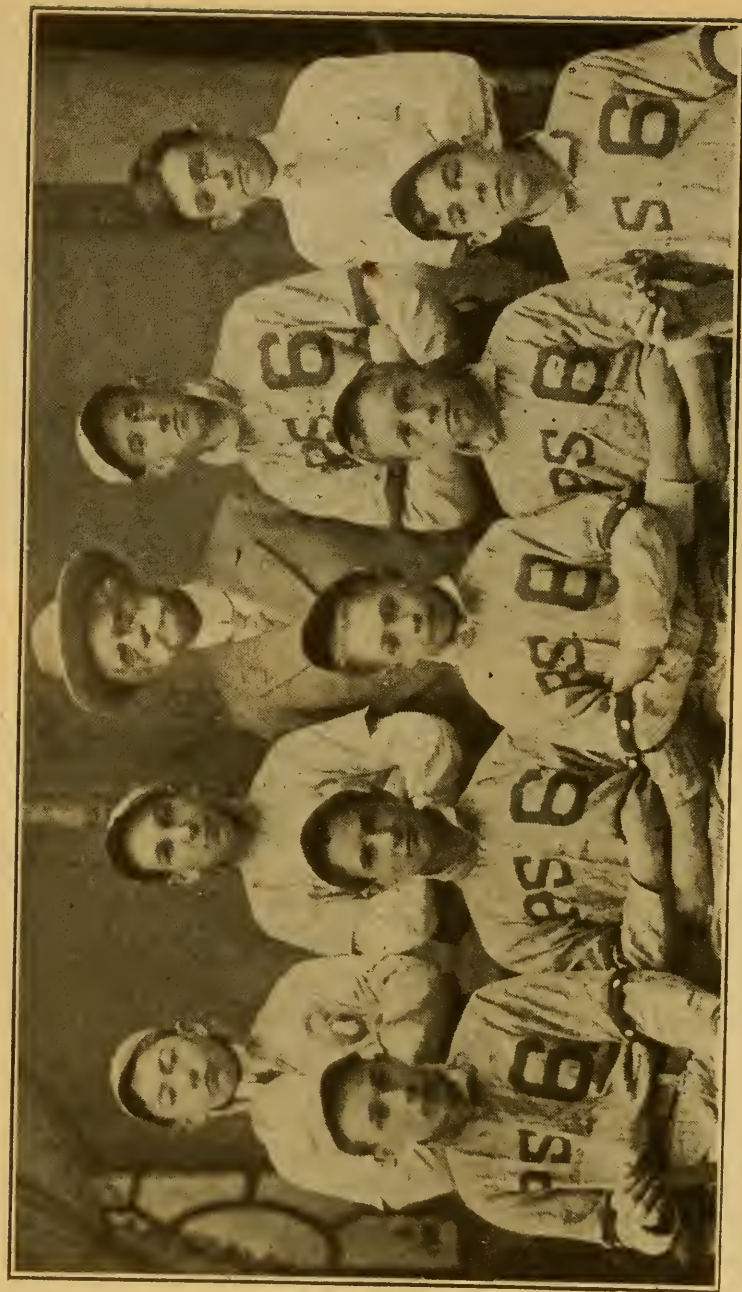
Winner—School No. 32.

CUP.

To the School Winning the City Championship in
Baseball.

DONOR—JERSEY CITY MALE PRINCIPALS' ASSOCIATION.

Winner—School No. 28.



BASE BALL TEAM, PUBLIC SCHOOL No. 6-WINNERS IN HUDSON CITY DISTRICT, 1914.

Costello, Photo.

Trophies

For the Third Annual Meet of the Jersey City Public
School Athletic Association, June 12
and June 13, 1914.

CUP.

To the School Scoring the Most Points in the Meet
(Boys and Girls).

DONORS—MARK M. FAGAN, A. HARRY MOORE, GEO. F.
BRENSINGER, FRANK HAGUE, Commissioners
of Jersey City.

Winner—School No. 23.

CUP.

To the Grammar School Scoring the Most Points in
Standard Events (Boys and Girls).

DONOR—DR. HENRY SNYDER,
City Superintendent of Schools.

Winner—School No. 23.

CUP.

To the Primary School Scoring the Most Points in
Standard Events (Boys and Girls).

DONOR—JERSEY CITY WOMAN'S CLUB.

Winner—School No. 7.

CUP.

To the School Winning the Senior 880-yard Relay Race
(Boys).

DONOR—DR. OLIVER R. BLANCHARD, President Board of
Education.

Winner—School No. 17.



1, Fred Beddiges, Public School No. 8—Winner Senior Broad Jump and 100-Yard Dash, 1914. 2, Relay Team, Public School No. 8. Durstewitz, Photos.

CUP.

To the School Winning the Intermediate 660-yard Relay Race (Boys).

Donor—MR. W. A. DAWSON.

Winner—School No. 9.

CUP.

To the School Winning the Junior 440-yard Relay Race (Boys).

Donor—MRS. HENRY B. HOWELL.

Winner—School No. 11.

CUP.

To the School Scoring the Most Points in Field Prize Events (Boys).

Donor—JERSEY CITY TEACHERS' ASSOCIATION.

Winner—School No. 6.

CUP.

To the School Scoring the Most Points in Track Prize Events (Boys).

Donor—MR. GEO. C. FIELD.

Winner—School No. 9.

CUP.

To the School Winning the Oat-Bag Relay Race (Girls).

Donor—ATTENDANCE DEPARTMENT.

Winner—School No. 23.

CUP.

To the School Winning the 440-yard Relay Race (Girls).

Donor—THE WHITEHEAD & HOAG CO.

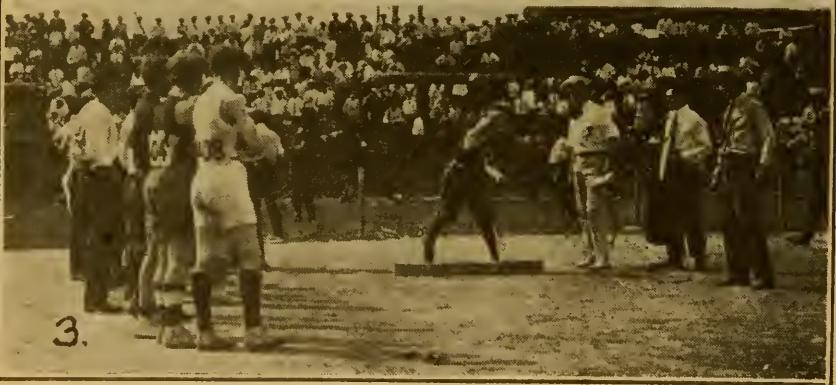
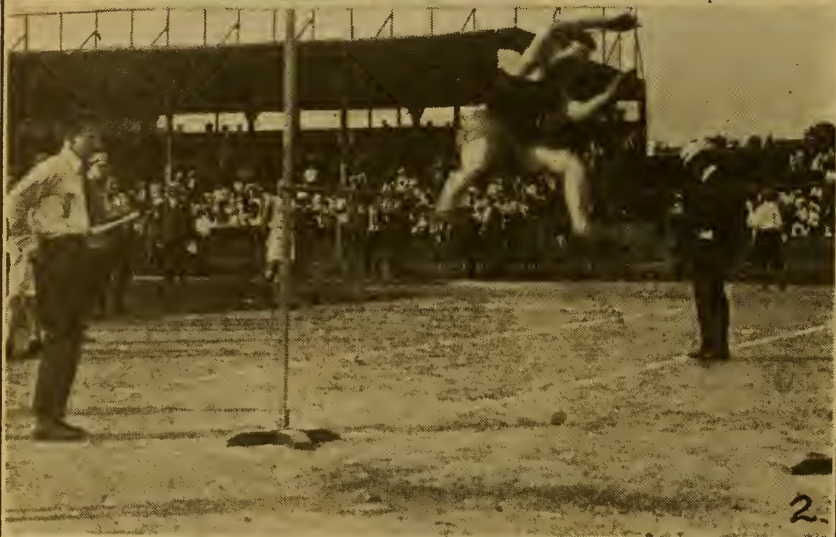
Winner—School No. 27.

CUP.

To the School Winning the Flag Relay Race (Girls).

Donor—DR. HENRY H. BRINKERHOFF, Chief Medical Inspector.

Winner—School No. 23.



1—Relay Race. 2—High Jump. 3—Putting the Shot.
ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

CUP.

To the School Winning the Potato Relay Race (Girls).

Donor—PECKHAM, LITTLE & Co.

Winner—School No. 6.

CUP.

To the School Winning the 20-yard Relay Race (Girls).

Donor—MR. A. J. McELROY.

Winner—School No. 27.

CUP.

To the School Winning in Base Ball in the Hudson City District.

Donor—EGBERT ALUMNI ASSOCIATION.

Winner—School No. 6.

CUP.

To the School Winning in Base Ball in the Bergen District.

Donor—PRIN. J. W. WAKEMAN.

Winner—School No. 17.

CUP.

To the School Winning in Base Ball in the Greenville District.

Donor—JERSEY CITY P. S. A. A.

Winner—School No. 20.

CUP.

To the School Winning in Base Ball in the Eastern District.

Donor—MR. G. FRED EGE, Secretary Board of Education.

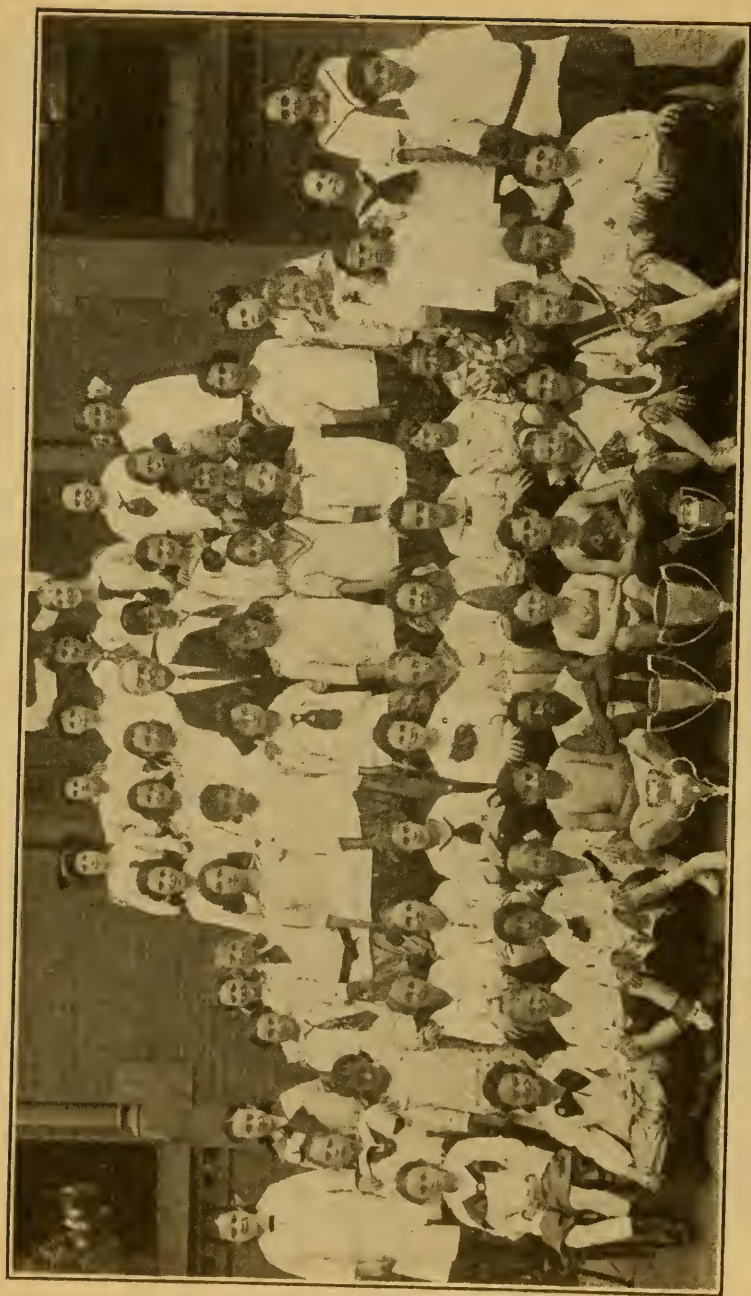
Winner—School No. 9.

CUP.

To the School Winning the City Championship in Base Ball.

Donor—JERSEY CITY MALE PRINCIPALS' ASSOCIATION.

Winner—School No. 20.



1914 PRIZE WINNERS, RELAY TEAMS, PUBLIC SCHOOL No. 23.

Harrison, Photo.

Boys' Prize Records, June 4, 1913

JUNIOR.

50-Yard Dash.

1. E. Rover.....Public School No. 27
2. Frank Beers.....Public School No. 11
3. John Quinn.....Public School No. 14
4. S. Englehardt.....Public School No. 27

Time, 6 $\frac{4}{5}$ seconds.

Running High Jump.

1. Frank Beers.....Public School No. 11
2. Edwin Marin.....Public School No. 8
3. Gustav Mortensen.....Public School No. 8
4. { Eugene Revesz.....Public School No. 15
Deckle McLean.....Public School No. 23

Height, 4 feet 3 inches.

Running Broad Jump.

1. D. Englehardt.....Public School No. 27
2. { O. Medeck.....Public School No. 27
S. Tresouthwick.....Public School No. 8
3. { Richard Horsefield.....Public School No. 11
Frank Gassmann.....Public School No. 25

Distance, 12 feet 2 inches.

440-Yard Relay.

1. H. Bartsch, S. Englehardt, L. Feiner, E. Rover,
E. Maiers (sub).....Public School No. 27
2.Public School No. 11
3.Public School No. 23
4.Public School No. 17

Time, 1 minute 5 $\frac{2}{5}$ seconds.

INTERMEDIATE.**75-Yard Dash.**

1. Edward Hahn.....Public School No. 11
2. Fred Foote.....Public School No. 17
3. Cephas Slater.....Public School No. 28
4. Raymond Darnier.....Public School No. 12

Time, 9 $\frac{2}{5}$ seconds.

Running High Jump.

1. Charles Esterbrook.....Public School No. 8
2. B. Richardi.....Public School No. 27
3. Robt. Sparks.....Public School No. 8
4. Jos. Freligh.....Public School No. 14

Height, 4 feet 4 inches.

Running Broad Jump.

1. { Walter Spellmeyer.....Public School No. 8
J. Ballerini.....Public School No. 27
2. Harry Green.....Public School No. 22
3. Edward Hahn.....Public School No. 11
4. Fred Mueller.....Public School No. 9

Distance, 14 feet 9 inches.

600-Yard Relay.

1. Robert Collins, Fred Foote, Edw. Sweeden,
Charles Fay, Dudley Ryer (sub), Geo. Watson
(sub).....Public School No. 17
2.Public School No. 25
3.Public School No. 6
4.Public School No. 11

Time, 1 minute 21 seconds.

SENIOR.**100-Yard Dash.**

1. William Hahn.....Public School No. 11
2. Fred Beddiges.....Public School No. 8
3. Richard Entwistle.....Public School No. 12
4. Carl Douglas.....Public School No. 14

Time, 11 $\frac{1}{5}$ seconds.

Running High Jump.

1. William Hahn.....Public School No. 11
2. Hamlin Buckman.....Public School No. 11
3. John McNaught.....Public School No. 24
4. Alex McRae.....Public School No. 14

Height, 4 feet 10 inches.

Running Broad Jump.

1. Fred Beddiges.....Public School No. 8
2. Raymond Flad.....Public School No. 9
3. Carl Douglas.....Public School No. 14
4. Samuel Koenigsberg.....Public School No. 9

Distance, 16 feet 2 inches.

880-Yard Relay.

1. Hamlin Buckman, Wm. Hahn, Wm. Kennedy,
Wm. Usher, Edmund Mills (sub), Arthur
Whitford (sub).....Public School No. 11
2.Public School No. 8
3.Public School No. 6
4.Public School No. 23

Time, 1 minute 49 seconds.



WINNERS OF POTATO RACE, PUBLIC SCHOOL No. 6.

Costello, Photo.



POTATO RELAY, PUBLIC SCHOOL No. 8.

Girls' Prize Records, June 3, 1913

Oat-Bag Relay.

1. C. Corydon, Florence Folke, Loretta Greenwald, Rose Javisack, Mary Karpinski, Loretta McFarland, Mary Mohr, Gladys Oliver, Sophia Reinski, Ida Williams, Laura Evans (sub), Marie Nagelmeyer (sub).....Public School No. 23
2.Public School No. 8
3.Public School No. 6
4.Public School No. 27

Time, 1 minute 44 seconds.

Chariot Race (with Reins and Driver).

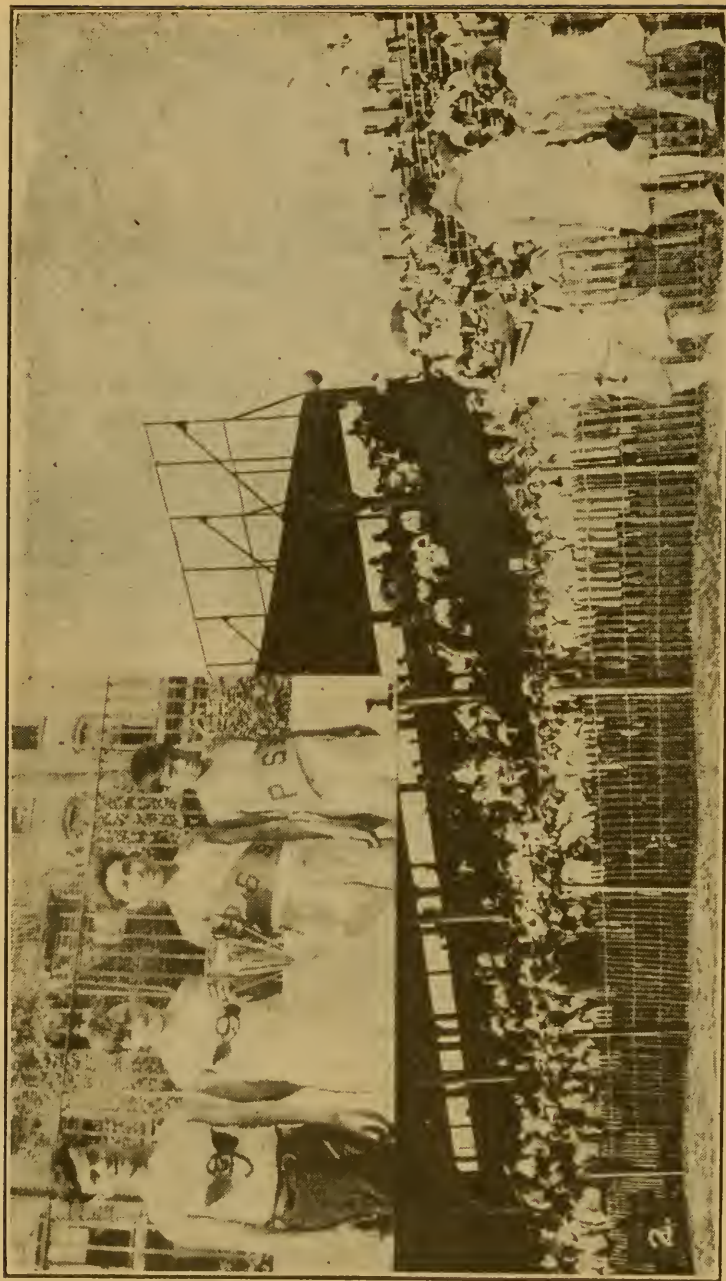
1. Margaret Ely, Mabel Flagg, Jennie Gallagher, Gertrude Gavenesch, Ruth Ludlum, Florence Jameson (sub), Viola Mills (sub),
Public School No. 11
2.Public School No. 23
3.Public School No. 9
4.Public School No. 20

Time, 15 $\frac{3}{5}$ seconds.

Indian Club and Flag Relay.

1. Carrie Axtt, Adele Coughlin, Ruth Hansen, Adelaide Hastings, Florence Kampe, Mabel Keissling, Edna Carroll (sub), Helen Lawson (sub)Public School No. 23
2.Public School No. 6
3.Public School No. 8
4.Public School No. 15

Time, 1 minute 44 $\frac{3}{5}$ seconds.



1-CUP WINNERS, PUBLIC SCHOOL No. 9. 2-GRAND STAND, GIRLS' MEET, 1914.

Potato Relay.

1. Aline Logan, Irene Lockhead, V. Lax, M. O'Brien, V. Schroeder, E. Wagner, F. Bennis (sub), Hannah Cohn (sub).....Public School No. 27
2.Public School No. 8
3.Public School No. 9
4.Public School No. 20

Time, 3 minutes 36 $\frac{2}{5}$ seconds.

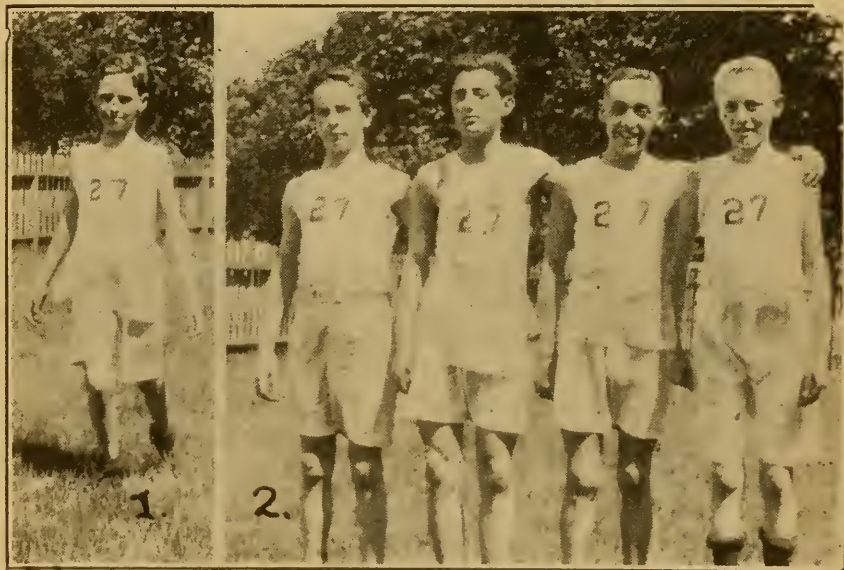
20-Yard Team Relay.

1. Florence Besnier, Lena Byer, Margaret Cassidy, Marie Germer, Lillian Hammett, May Hearn, Ida Kruse, Helen Lepain, Eva Marshlian, Edna Meyer, Marion Owen, Bertha Olsen, Madeline Reinhardt, Sophie Seitz, Hannah Seckle, Blanche Steimann, Helen Taylor, Marie Trinkhaus, Drusella Van Vliet, Emma Weimar, E. Anderson (sub), Louise Karsten (sub)Public School No. 7
2.Public School No. 9
3.Public School No. 31
4.Public School No. 27

Time, 1 minute 16 $\frac{2}{5}$ seconds



1, Raphael Griffo; 2, Thomas Braney; 3, Rocco Esposito; 4, Joseph Faccone.
600-YARD RELAY TEAM, PUBLIC SCHOOL No. 9.



1—Otto Meudeck, Public School No. 27, Winner Junior Broad Jump. 2—Intermediate Relay Team, Public School No. 27, Winners Second Place.

ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Boys' Prize Records, June 13, 1914

JUNIOR.

50-Yard Dash.

1. E. Rover.....Public School No. 27
2. Adrian Richards.....Public School No. 17
3. Henry Sylvester.....Public School No. 9
4. Frank Palmer.....Public School No. 17

Time, 6 $\frac{3}{5}$ seconds.

Running High Jump.

1. Edward Michels.....Public School No. 7
2. Clarence Tribout.....Public School No. 8
3. Alfred Fuller.....Public School No. 6
4. Sherwood Ziebolz.....Public School No. 17

Height, 4 feet 2 inches.

Running Broad Jump.

1. O. Medeck.....Public School No. 27
2. { Wilfred Oliver.....Public School No. 23
- { Henry Hotopp.....Public School No. 8
4. Percy Bartlett.....Public School No. 15

Distance, 12 feet 7 inches.

440-Yard Relay.

1. Garney Townsend (sub), Richard Horsefield,
Raymond Harper, Everett Warren, Harry
West, Albert Zocher (sub)Public School No. 11
2.Public School No. 27
3.Public School No. 9
4.Public School No. 23

Time, 59 $\frac{1}{5}$ seconds.

INTERMEDIATE.**75-Yard Dash.**

1. Harry Green.....Public School No. 22
2. Joseph Faccone.....Public School No. 9
3. Frank Beers.....Public School No. 11
4. F. Knapp.....Public School No. 27

Time, 8 $\frac{4}{5}$ seconds.

Running High Jump.

1. Arthur Patterton.....Public School No. 6
2. L. Barnes.....Public School No. 27
3. Arnold Weiss.....Public School No. 8
4. Gustav Mortensen.....Public School No. 8

Height, 4 feet 7 inches.

Running Broad Jump.

1. Harry Green.....Public School No. 22
2. Frank Beers.....Public School No. 11
3. William Morrison.....Public School No. 8
4. Harold Kuncken.....Public School No. 8

Distance, 15 feet 7 inches.

Putting 8-lb. Shot.

1. Rocco Esposito.....Public School No. 9
2. Thomas Barney.....Public School No. 9
3. Samuel Schnitzer.....Public School No. 32
4. Thomas Morono.....Public School No. 12

Distance, 24 feet 4 inches.

660-Yard Relay.

1. Pierre Boquel (sub), Thomas Barney, Rocco Esposito, Joseph Faccone, George McLaughlin, Benjamin Silverstein (sub). Public School No. 9
2.Public School No. 27
3.Public School No. 8
4.Public School No. 6

Time, 1 minute 17 $\frac{2}{5}$ seconds.

SENIOR.**100-Yard Dash.**

1. Fred Beddiges.....Public School No. 8
2. Joseph Duane.....Public School No. 25
3. Edward Hahn.....Public School No. 11
4. Charles Rooney.....Public School No. 6

Time, 10 $\frac{4}{5}$ seconds.

Running High Jump.

1. Edward Hahn.....Public School No. 11
2. W. Perkins.....Public School No. 27
3. Lester Ford.....Public School No. 6
4. Dudley Reyer.....Public School No. 17

Height, 4 feet 10 inches.

Running Broad Jump.

1. Fred Beddiges.....Public School No. 8
2. Joseph Conroy.....Public School No. 12
3. Stanley Peeler.....Public School No. 23
4. Louis Borsky.....Public School No. 6

Distance, 17 feet 1 inch.

880-Yard Relay.

1. F. Bowyer (sub), Dominick Casciano (sub),
Harold Cooke, Russell De Lorme, Percy
Dutcher, Edward Sweeden....Public School No. 17
2.Public School No. 8
3.Public School No. 6
4.Public School No. 11

Time, 1 minute 39 seconds.

Putting 12-lb. Shot.

1. Richard Macaulay.....Public School No. 17
2. Carl Marks.....Public School No. 6
3. Arthur Speyer.....Public School No. 17
4. Charles Du Bois.....Public School No. 6

Distance, 30 feet 3 inches.

Girls' Prize Records, June 12, 1914

Oat-Bag Relay.

1. Hazel Browne, Eileen Casey, Lillian Dunn,
Ruth Draney, Hannah Donnellan (sub), Mar-
garet Fischer, Lillian Leath, Anna O'Neill,
Rose Perkel, Sophie Reincken, Loretta Schu-
mann, Catherine Sharkey (sub)
Public School No. 23
2. Public School No. 28
3. Public School No. 9
4. Public School No. 8

Time, 1 minute 37 seconds.

440-Yard Relay.

1. H. Andrews (sub), L. Banberger, A. Becker,
E. Brandt, M. Gertcher, M. Jurisch, P. Lange,
L. Mathien (sub), M. McGrath, M. O'Brien,
Public School No. 27
2. Public School No. 9
3. Public School No. 23
4. Public School No. 8

Time, 1 minute 5 $\frac{3}{5}$ seconds.

Indian Club and Flag Relay.

1. Helen Albert, Marjorie Brown, Veronica
Burns, Mary Kowaleski (sub), Mary Matticola
(sub), Alice Rosa, Columbia Taylor, Edna
Walsh..... Public School No. 23
2. Public School No. 27
3. Public School No. 14
4. Public School No. 9

Time, 43 seconds.

Potato Relay.

1. Eva Ennis, Edna Gemmel, Dolores Kreigh
(sub), Dorothy Ludwig, Clara Lesiak, Rosanna
Mannion, Martha Ochsenmeier, Katherine
Ramsey, Minerva Smith, Louisa Theesfeld
(sub), Anna Tuttle, Jennie Walsh,

Public School No. 6

2. Public School No. 23

3. Public School No. 27

4. Public School No. 9

Time, 2 minutes 17 $\frac{4}{5}$ seconds.**20-Yard Relay.**

1. A. Adam (sub), E. Andebert, S. Horlasher,
A. Kleindienst, W. Lawson, L. Lax, G. Prigge,
M. Rebele, M. Richardi, E. Weimer, C. Zemini,
J. London (sub)..... Public School No. 27

2. Public School No. 23

3. Public School No. 26

4. Public School No. 24

Time, 36 $\frac{2}{5}$ seconds.

Awards Made at the Meet in June, 1914

PRIZES.

SCHOOL STANDARDS			RELAYS—GIRLS				RELAYS—BOYS				FIELD AND TRACK—BOYS				TIES
No.	Boys	Girls	1st	2d	3d	4th	1st	2d	3d	4th	1st	2d	3d	4th	
1....	13	10
3....	8	11
4....	7	3
6....	203	142	1	1	1	1	1	2	3	...
7....	40	49	1
8....	80	33	2	...	1	1	...	2	1	2	2	2d
9....	59	90	...	1	1	2	1	...	1	...	1	2	1
10....	4	7
11....	50	39	1	1	1	1	2
12....	25	13	1	...	1	...
13....		2
14....	26	34	1
15....	69	39	1	...
17....	61	11	1	1	1	1	3	...
18....	1	3
19....	7	3
20....	55	51
22....	9	12	2
23....	242	142	2	2	1	1	1	...	2d
24....	56	47	1
25....	23	29	1
26....	5		1
27....	138	71	2	1	1	2	2	2	...	1	...
28....	71	40	...	1
29....	8	
30....	1	
31....	17	11
32....	7	21	1
34....	7	19
Total 1292			932												

Summary of Events

Held during the year 1913 under the direction of the
Jersey City Public School Athletic Association:

1. Girls' Athletic Meet, at Jersey City Base Ball Park,
June 3d.
2. Boys' Athletic Meet, at Jersey City Base Ball Park
June 4th.
3. Four Base Ball Leagues. 18 teams.

At the Athletic Meet, June 3d and 4th, there were
provided:

- 5 Girls' Prize Events.
- 5 Girls' Standard Events.
- 12 Boys' Prize Events.
- 11 Boys' Standard Events.

The number of pupils who qualified in the Standard
Events were as follows:

For Girls—

Throwing Basket Ball for Distance.....	115
Throwing Oat-Bag for Height.....	113
Hand Walk, 16-foot Ladder.....	197
30-yard Dash.....	157
25-yard Dash.....	146
Total.....	728

For Boys—

Junior Standing Broad Jump.....	75
Junior Chinning the Bar.....	48
Junior 50-yard Dash.....	369
Intermediate Running Broad Jump.....	73
Intermediate Running High Jump.....	81
Intermediate Chinning the Bar.....	53
Intermediate 75-yard Dash.....	186
Senior Running Broad Jump.....	15
Senior Running High Jump.....	13
Senior Chinning the Bar.....	7
Senior 100-yard Dash.....	40
Total.....	960

Summary of Events

Held during the year 1914 under the direction of the
Jersey City Public School Athletic Association:

1. Girls' Athletic Meet, at Jersey City Base Ball Park,
June 12th.
2. Boys' Athletic Meet, at Jersey City Base Ball Park,
June 13th.
3. Four Base Ball Leagues. 19 teams.

At the Athletic Meet, June 12th and 13th, there were
provided:

- 5 Girls' Prize Events.
- 5 Girls' Standard Events.
- 14 Boys' Prize Events.
- 11 Boys' Standard Events.

The number of pupils who qualified in the Standard
Events were as follows:

For Girls—

Throwing Basket Ball for Distance.....	123
Throwing Oat-Bag for Height.....	112
Hand Walk, 16-foot Ladder.....	271
30-yard Dash	203
Indoor Base Ball.....	223

Total 932

For Boys—

Junior Standing Broad Jump.....	141
Junior Chinning the Bar.....	99
Junior 50-yard Dash.....	530
Intermediate Running Broad Jump.....	74
Intermediate Running High Jump.....	64
Intermediate Chinning the Bar.....	59
Intermediate 75-yard Dash.....	231
Senior Running Broad Jump.....	12
Senior Running High Jump.....	22
Senior Chinning the Bar.....	4
Senior 100-yard Dash.....	56

Total 1292

Comparative Statement of Entries for the Meets of 1912 and 1913

	GIRLS.		BOYS.						TOTAL Boys.		GRAND TOTAL.	
			JUNIOR.		INTER- MEDIATE.		SENIOR.					
Sch No.	1912	1913	1912	1913	1912	1913	1912	1913	1912	1913	1912	1913
1	63	21	25	18	30	20	3	5	58	43	121	64
3	...	9	..	14	..	8	..	2	...	24	...	33
4	19	15	11	10	5	7	6	..	22	17	41	32
6	59	168	43	92	55	72	13	17	111	181	170	349
7	18	28	9	56	..	6	..	1	9	63	27	91
8	56	97	32	66	55	47	26	17	113	130	169	227
9	57	127	26	65	29	81	9	30	64	176	121	303
11	71	81	38	28	30	21	11	9	79	58	150	139
12	23	61	24	20	13	16	8	9	45	45	68	106
13	...	17	..	20	4	4	20	4	37
14	67	47	50	19	29	17	11	7	0	43	157	90
15	51	118	29	96	6	37	..	10	35	143	86	261
17	18	56	4	63	12	31	4	5	20	99	38	155
18	3	...	10	10	...	13	...
20	96	77	56	41	43	45	13	10	112	96	208	173
22	99	63	56	35	26	19	5	9	87	63	186	126
23	120	149	46	65	51	73	15	11	112	149	232	298
24	111	101	40	53	43	42	13	11	96	106	207	207
25	26	52	15	30	8	22	7	8	30	60	56	112
26	14	12	29	2	43	14	43	14
27	83	159	30	84	59	47	15	25	104	156	187	315
28	111	193	27	79	41	48	20	20	88	147	199	340
29	...	12	..	15	15	...	27
30	5	8	2	7	8	7	8
31	12	25	15	48	7	8	22	56	34	81
32	96	40	37	21	36	6	8	1	81	28	177	68
33	...	1	..	1	1	...	2
34	16	16	...	16	...
	1,259	1,717	658	1,059	613	675	187	207	1,458	1,941	2,717	3,658

Secretary.

Comparative Statement of Entries for the Meets of 1913 and 1914

SCHOOL No.	GIRLS		BOYS						TOTAL BOYS		GRAND TOTAL	
			JUNIOR		INTER- MEDIATE		SENIOR					
	1913	1914	1913	1914	1913	1914	1913	1914	1913	1914	1913	1914
1.....	21	37	18	18	20	28	5	8	43	54	64	9
3.....	9	36	14	17	8	12	2	4	24	33	33	69
4.....	15	18	10	26	7	12	1	17	39	32	57
6.....	168	260	92	157	72	142	17	41	181	340	349	600
7.....	28	136	56	88	6	1	1	63	89	91	225
8.....	97	194	66	113	47	56	17	23	130	192	227	421
9.....	127	208	65	93	81	82	30	26	176	201	303	409
10.....	24	18	18	42
11.....	81	91	28	63	21	32	9	12	58	107	139	198
12.....	61	78	20	31	16	23	9	9	45	63	106	141
13.....	17	4	20	5	3	20	8	37	12
14.....	47	92	19	34	17	30	7	16	43	80	90	172
15.....	118	141	96	93	37	38	10	5	143	136	261	277
17.....	56	56	63	42	31	37	5	13	99	92	155	148
18.....	7	11	11	18
19.....	12	7	7	19
20.....	77	127	41	47	45	49	10	14	96	110	173	237
22.....	63	53	35	15	19	11	9	3	63	29	126	82
23.....	149	376	65	231	73	172	11	41	149	444	298	820
24.....	101	158	53	94	42	52	11	11	106	157	207	315
25.....	52	63	30	40	22	21	8	11	60	72	112	135
26.....	10	12	15	2	1	14	16	14	26
27.....	159	138	84	98	47	59	25	14	156	171	315	309
28.....	193	156	79	71	48	57	20	20	147	148	340	304
29.....	12	10	15	17	15	17	27	27
30.....	8	7	8	7	8	7
31.....	25	23	48	41	8	7	56	48	81	71
32.....	40	69	21	16	6	8	1	8	28	32	68	101
33.....	..1	1	1	2
34.....	21	2	23	23
	1717	2577	1059	1529	675	935	207	280	1941	2544	3658	5256



1—Senior Relay. 2—75-Yard Dash, Finals. 3—Oat-Bag Relay.

ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Constitution of the Jersey City Public School Athletic Association

NAME.

This Association shall be known as the "JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION."

ARTICLE I.

OBJECTS.

The particular object for which the Association is formed is to promote useful athletics and gymnastics among the pupils in the elementary and high schools of Jersey City, New Jersey; in connection therewith, to cooperate with and encourage athletic associations, provide athletic grounds and teachers, organize games, offer prizes, and conduct competitions.

ARTICLE II.

MEMBERSHIP.

SECTION 1. The active membership shall consist of all the male principals of Jersey City.

SEC. 2. The associate membership shall consist of all the female principals of schools of Jersey City.

SEC. 3. Honorary officers and members may be elected.

ARTICLE III.

MEETINGS.

SECTION 1. The annual meeting of the Association for the election of officers and for such other matters as may properly come before it shall be held on the first Wednesday in October in each year, due notice of which meeting shall be sent by the secretary to each member. Election shall be by ballot.

SEC. 2. At any meeting of the Association, six members shall constitute a quorum.

ARTICLE IV.

OFFICERS.

SECTION 1. The officers of the Association shall consist of a president, vice-president, treasurer, secretary, and two assistant

secretaries. Other assistants to the secretary may be appointed by the president.

SEC. 2. The officers of the Association shall be annually elected at the meeting of the Association held the first Wednesday in October.

SEC. 3. The president, vice-president, and treasurer shall perform the duties usually performed by such officers.

SEC. 4. The secretary shall attend meetings of the Association and of the executive committee and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by a member. He shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of a secretary. He shall have the custody of all the papers relating to the affairs of the Association.

SEC. 5. The assistant secretaries shall perform such duties as are delegated to them by the secretary and shall assist him in preserving the records and taking the scores of all official events.

ARTICLE V.

COMMITTEES.

SECTION 1. There shall be an executive committee composed of the president, vice-president, treasurer, secretary, assistant secretaries, and three other active members, appointed annually by the president, which shall have all powers of the Association, when the Association is not in session. This committee shall meet at the call of the president or of the vice-president. Four of this committee shall constitute a quorum.

SEC. 2. The executive committee shall have control and management of the affairs and funds of the Association.

SEC. 3. The executive committee shall constitute a games committee which shall have charge of all games and athletic events authorized by the Association. This committee shall act upon all protests and complaints which arise in the conduct of any official athletic event. Their decision upon all matters referred to it shall be final. This committee may associate with it for the purpose of conducting athletic meets or gymnastic contests persons who are not members of this association.

SEC. 4. An auditing committee, consisting of three members, appointed by the president, shall annually audit the books of the treasurer.

SEC. 5. There shall be such other committees as may be authorized by the Association or deemed expedient by the president or the executive committee. The members thereof shall be appointed by the president unless otherwise prescribed by the Association.

ARTICLE VI.

DISTRICT LEAGUES.

SECTION 1. Girls' and other auxiliary, associate, or district leagues, may be established under regulations to be made by the executive committee.

SEC. 2. The Jersey City Public School Athletic Association shall have control of all district baseball leagues, basketball leagues, football leagues, or such other leagues as may be established in the public schools of Jersey City.

ARTICLE VII.

AMENDMENTS.

This Constitution may be changed or amended by the unanimous vote or the written consent of the Association without previous notice at any meeting of the Association; also by a two-thirds vote of the Association at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each member at least five days before the meeting.

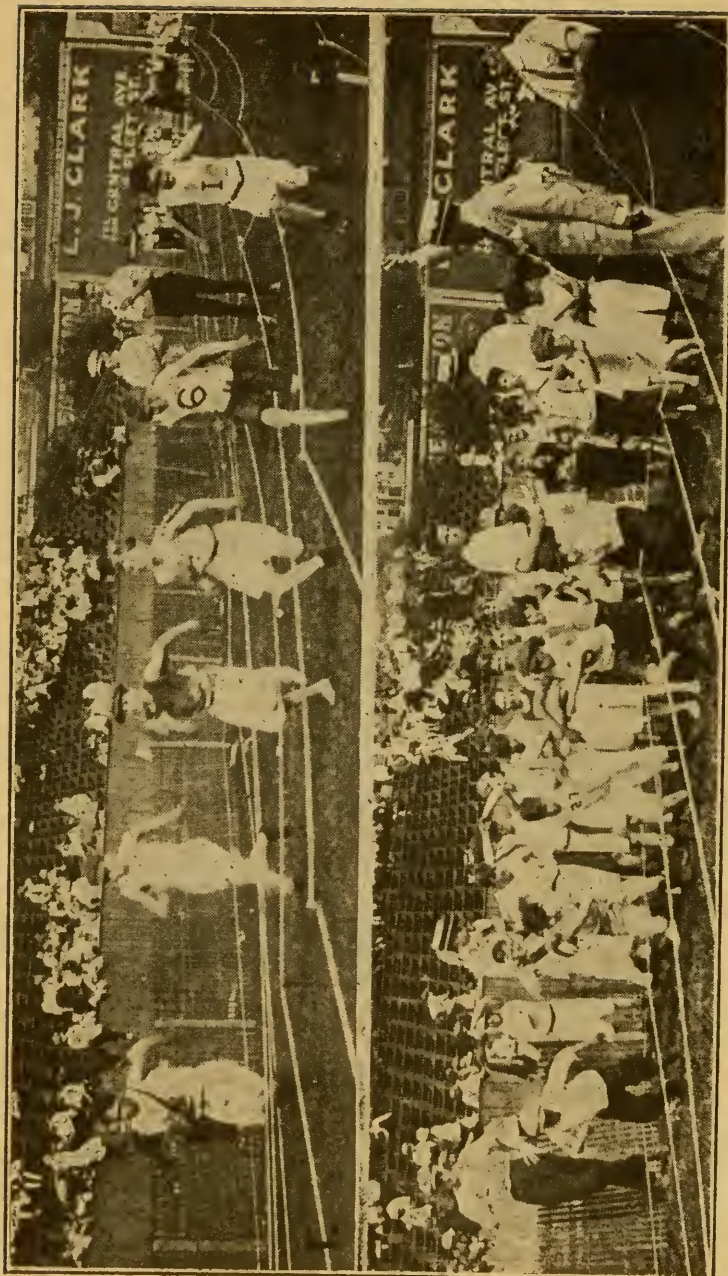
ARTICLE VIII.

ATHLETIC RULES.

Athletic rules shall be made from time to time by the executive committee, and are subject to change when deemed expedient for the best interests of the Association.

ARTICLE IX.

All notices to members, and also all notices to all officers and directors, shall have been sufficiently served, if mailed to them at the address given by them to the Secretary and Treasurer respectively.



1-100-Yard Dash, Finals. 2-Ready for the Start.
ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Athletic Rules of the Jersey City Public School Athletic Association

RULE 1. The Jersey City Public School Athletic Association recognizes as athletic members all boys and girls, pupils of Jersey City public schools.

RULE 2. Attendance of at least three months in the school system directly previous to any contest shall be required of all pupils before they shall be entitled to represent their school in athletics. The age limit for competition in events of the elementary schools, except baseball, shall be from the ninth to the seventeenth birthday. *No boy will be allowed to enter in more than two events, one field event and one track event—except in the relay. Only three boys are allowed from each school, to enter a prize event.* Only pupils who are in the standing of amateurs shall be eligible to represent the school. No entry shall be accepted unless countersigned by the principal of the school.

RULE 3. The classification of competing athletes shall be recognized in the name of juniors, intermediate and seniors. No pupil shall be allowed to compete in events of the elementary schools who is not nine years of age.

CLASSIFICATION FOR ALL EVENTS.

Adopted March 1, 1912.

Junior.

Boys must be over nine and under thirteen, and not over four feet, ten inches in height.

Intermediate.

Boys under fifteen, and not over five feet, three and a half inches in height.

Senior.

Over fifteen, any height.

Note.

If a boy is over either age or height, he goes into the class above; for instance, a boy twelve years of age, four feet, ten and a half inches high, would be in the INTERMEDIATE class; or, a boy fourteen years of age, five feet, four inches high, would go into the SENIOR class.

Note.

Measurements to be made in STOCKING FEET.

RULE 4. There shall be certain standard events for each classification, qualifications in which will entitle competitors to special buttons.

One button will be given for each event if the standard is made by the contestant. A special button will be given to contestants winning two different standard events at the same meet.

BOYS' STANDARD EVENTS.**Junior.**

Standing broad jump—5 feet 10 inches.

Chinning the bar—9 times.

50-yard dash—7 3-5 seconds.

Intermediate.

Running broad jump—11 feet 9 inches.

Running high jump—3 feet 6 inches.

Chinning the bar—9 times.

75-yard dash—10 2-5 seconds (time subject to change).

Senior.

Running broad jump—12 feet 9 inches.

Running high jump—3 feet 9 inches.

Chinning the bar—9 times.

100-yard dash—13 1-5 seconds.

RULE 5. The following shall be a special list of championship events for the elementary schools:

BOYS' PRIZE EVENTS.**Junior.**

50-yard dash.
Running high jump.
Running broad jump.
440-yard relay race (4 boys to a team).

Intermediate.

75-yard dash.
Running high jump.
Running broad jump.
Putting the 8-pound shot.
660-yard relay race (4 boys to a team).

Senior.

100-yard dash.
Running high jump.
Running broad jump.
Putting the 12-pound shot.
880-yard relay race (4 boys to a team).

RULE 6. All entries must be in the secretary's hands at such time as designated by the executive committee. Each principal will be provided with an entry blank on which to make formal entries for the several events. The games committee may reject any entry it may deem objectionable.

RULE 7. Prizes will be as follows, viz., 1st, 2nd, 3d prize. A button will be given for fourth place.

RULE 8. Special trophies will be given as follows:

1. To the school scoring the most points.
2. To the grammar school scoring the most points in standard events.
3. To the primary school scoring the most points in standard events.
4. To the school winning the senior relay race.
5. To the school winning the intermediate relay race.
6. To the school winning the junior relay race.
7. To the school having the greatest number of points in field prize events.

8. To the school having the greatest number of points in track prize events.

RULE 9. In all relay races no more than five teams shall be run in a heat, except by order of the referee. In all running events no more than six shall be entered in any heat. The captain of each school team shall go with the clerk of the course and see that his men are placed in their proper positions on the track.

RULE 10. The uniform entrance fee for all contestants shall be ten cents. This includes admission to the field. Admission for all other pupils shall be ten cents, adults twenty-five cents.

RULE 11. All athletic meets shall be run according to the rules of the Association.

RULE 12. Points. First prize shall count five points, second prize three points, third prize two points, fourth place one point. Those teams winning in the relay races shall be credited with double the number of points mentioned above.

RULE 13. There shall be an official physician and nurse in attendance.

RULE 14. Relay teams will be allowed to enter two substitutes in each event.

RULE 15. Outdoor track and field, baseball, football, and basketball championship meets may be held annually at such times and places as may be decided upon by the executive committee.

RULE 16. The awarding of trophies, except in prize events, shall be on the basis of a ratio of total number of points to the total registration of the school for the month of April as found in the Superintendent's report. All pupils under one principal shall be considered as constituting one school within the meaning of this rule. In case of schools having a grammar department only, their rating shall be computed by comparing the registration in all grades represented in such schools with similar grades in all other grammar schools. In no case will any grammar grades be omitted from such comparison.

RULE 17. The kindergarten, first and second years, and the lower half of the third year shall be omitted from the enrollment of the schools in arriving at the percentage and in reckoning for points and trophies.

Girls' Athletics

BRANCH OF THE JERSEY CITY PUBLIC SCHOOL ATHLETIC ASSOCIATION.

It is the policy of the Executive Committee of the Public School Athletic Association to encourage the development of suitable forms of exercise and recreation for the great mass of girls in the public schools, and to avoid all evils of over-strain or excitement by carefully selecting the competitive events. The girls are given a pin, the same as the boys are given a button, when they make a standard.

Girls' Athletic Meet.

There shall be an annual athletic meet held each year for the girls which shall consist of the following events:

Girls' Prize Events.

Grades 8-A and 8-B.

Oat Bag Relay (contestants to run around a pole, and the first girl not running in each team *must* stand on an 8-inch painted line; the one running with the bag shall run in front of the line and pass the bag back over her head with both hands, and afterwards get back on the line; the one receiving it must stand on the line until she has passed the bag back).

Grades 7-A and 7-B.

440-Yard Relay, eight girls to a team.

Grades 6-A and 6-B.

Indian Club and Flag Relay (flag to be **without stick** and to be at least 16 inches long).

Grades 5-A and 5-B.

Potato Relay (six girls to a team).

Grades 4-A and 4-B.

20-Yard Dash (ten girls to a team) and total time taken by stopwatch.



1—Winners 20-Yard Relay. 2—Winners 440-Yard Relay. 3—Flag Relay, Second Prize.

RELAY TEAMS, PUBLIC SCHOOL No. 27.

Girls' Standard Events.

Grades 8-A and 8-B.

Throwing the basket ball for distance—40 feet (three trials).

Grades 7-A and 7-B.

Throwing the oat bag for height—17 feet (three trials); (weight of bag four pounds); disk 20 inches in diameter; jump allowed.

Grades 6-A and 6-B.

Hand walk twice the length of a 16-foot horizontal ladder; from rung to rung without touching the floor (or by skipping), over and back with a turn.

Grades 5-A and 5-B.

30-yard dash—5 seconds.

Grades 4-A and 4-B.

Throwing the indoor base ball (17 inches in circumference) for distance—30 feet (three trials).

Oat-Bag Relay

For Girls in the 8-A and 8-B Grades.

The oat-bag relay race consists of a competition of teams made up of ten pupils from the 8A and 8B grades of each school. The teams line up, one pupil behind another, No. 1 girl standing on the starting line and the rest of the team spread out behind, one in back of the other. Sixty feet back of this starting line there is a second line drawn parallel to the first on which poles are to be placed. In front of the starting line a third line is drawn thirty feet away. The first or No. 1 girl standing on the starting line holds an oat bag approximately eight inches in diameter and weighing four pounds, which she passes at command over her head with both hands to No. 2 girl, behind. Each girl in turn passes the bag over her head with both hands until it reaches the last or No. 10 girl, who turns and runs to the rear line around the pole which was spoken of as being sixty feet back of the starting line. Here she turns and quickly returns to the starting line passing to right of her team and passes the bag over her head in the same way that the first girl did; then gets

back on the line. The successive members of the team thus run to the rear line and to the front until at last the first or number 1 girl has gradually moved back to the last one in the line. She must not only run to the back line, but instead of stopping at the starting line she runs at full speed to the finish line thirty feet away and crosses it, thereby finishing the race.

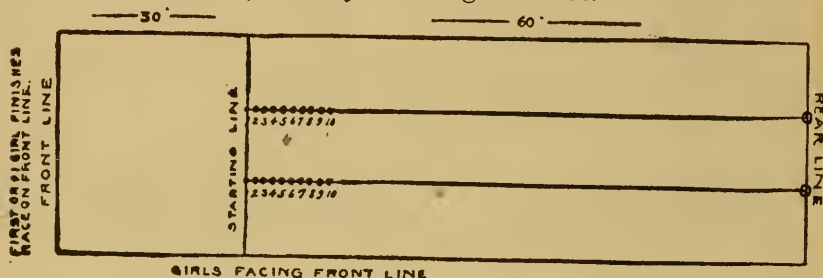


Diagram Illustrating Oat-Bag Relay.

The first girl is responsible for the team being on the line, but this shall not be interpreted as referring to the girl who is running with the bag.

440-Yard Relay

For Girls in the 7-A and 7-B Grades.

Eight girls constitute a team; each girl is stationed on a mark, the marks being 55 yards apart. At the starting signal the first girl runs to the second and touches her off in the manner of boys' relays. The race continues until the eighth girl crosses the finish line.

Indian Club and Flag Relay

For Girls in the 6-A and 6-B Grades.

An Indian club and flag relay race consists of a competition of teams made up of six pupils from the 6-A and 6-B grades of each school. The teams line up as in the oat-bag relay race;

that is, one behind the other, the front or No. 1 girl standing on the starting line and the rest of the team standing behind her. Fifty feet in front of the first girl (in the oat-bag race it is behind) is a line drawn parallel to the starting line, and behind the starting line and back of the team the finish line is drawn twenty feet away (in the oat-bag race this line is in front of the girls). In front of each team on the line fifty feet in front a pole is set up. At the word of command the first or No. 1 girl, who holds a United States flag 16 inches in length without stick, runs to the pole in front of her team, circles it with her right side towards the pole and returns to the starting line,

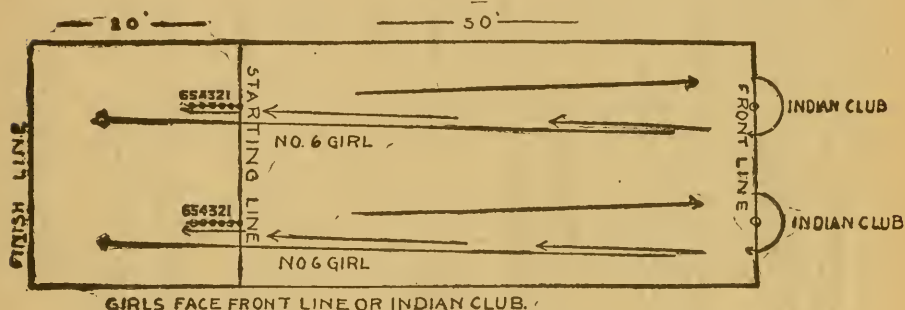


Diagram Illustrating Indian Club and Flag Relay Race.

where the second member or No. 2 girl of the team has taken her position ready to run. As the first runner runs by on the right side of her teammates, she hands the flag to the outstretched right hand of the one on the starting line, who immediately dashes off to circle the pole as the first member of the team has done before. Each one in turn on the team receives the flag, runs around the pole, and returns to the starting line where she delivers the flag as above described, and then takes her place back of the line of standing teammates. Each member takes her place back of the one last running, except the sixth member or No. 6 girl of the team. When she receives the flag, she runs around the pole, returns and crosses the starting line and continues on to the finish line, which has been said was twenty feet behind the starting line.

The flag should not be dropped throughout the race; but any girl who drops one must pick it up before continuing the race.

If the pole is knocked over it must be reset in its original position by the one knocking it down, before the team continues.

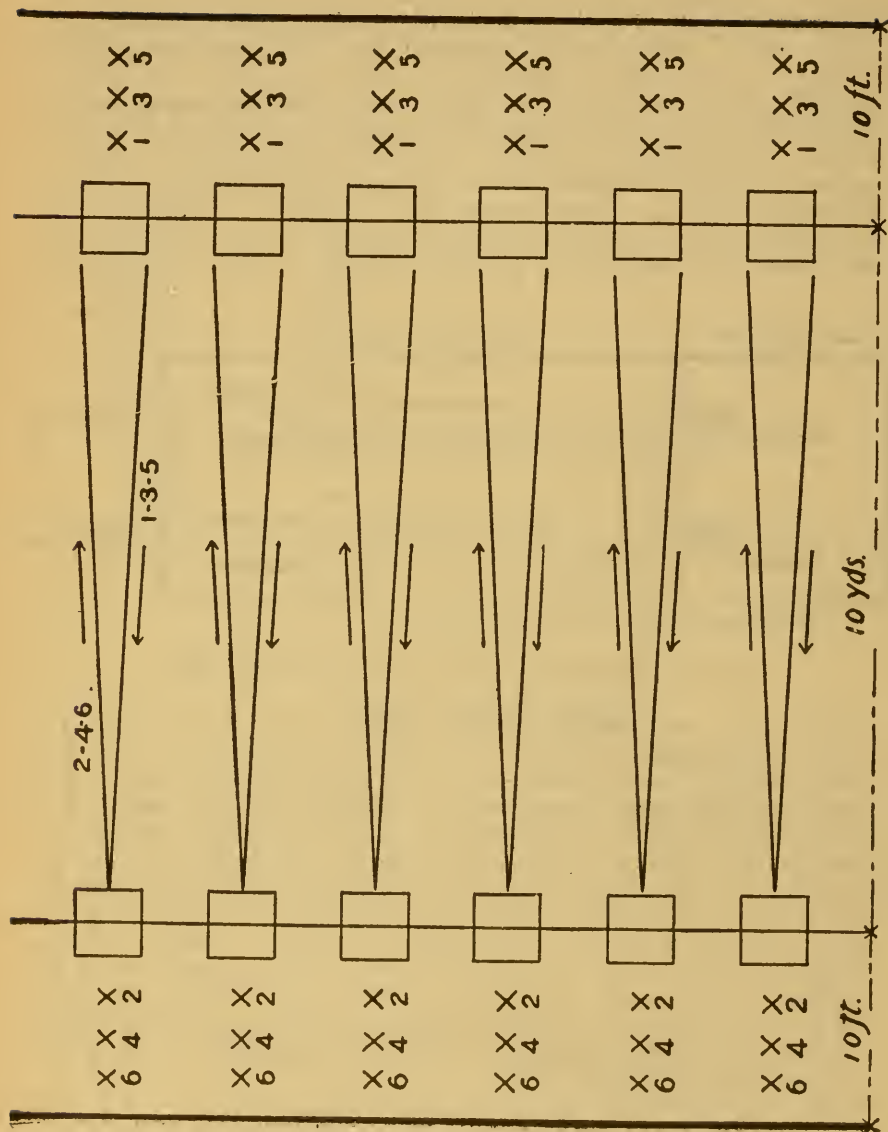


DIAGRAM SHOWING LINE-UP, DISTANCES AND ARRANGEMENT OF PLAYERS IN POTATO RELAY RACE.

Potato Relay

For girls in the 5-A and 5-B Grades.

The Potato Relay Race consists of a contest between teams of six girls from the 5-A and 5-B grades.

The competitors line up standing behind two stands, which are 10 yards apart. The 1st, 3d and 5th girls stand behind one of the stands and the 2nd, 4th and 6th stand behind the opposite one. At the signal No. 1 takes her place on the right side of her stand. At the pistol shot she runs to the opposite stand from which she brings, one at a time, four potatoes and places them on her own stand, which is empty; having placed the last potato on the stand she runs and touches No. 2 girl, who has taken her place on the right side of her stand, toeing the mark. The touch off is made the same as in the Indian Club Relay. After No. 1 makes the touch off she takes her place on a line 10 feet back of the starting line and sits down. The same order is followed by numbers two, three, four, five and six. No. 6 finishes the race by crossing the opposite starting line and holding up her hand. (Each girl will run 90 yards.)

The potatoes must be on the stand, if they roll off they must be put back by the one who makes the mistake, otherwise the team shall be disqualified.

20-Yard Team Relay

For girls in the 4-A and 4-B Grades. 10 girls to a team.

The girls line up one behind the other back of the starting line. The starter stands at the finish line and starts the girls one at a time by waving a handkerchief. A Referee stands by the girl at the starting line and lets one after another go at the signal of the handkerchief which is made as each girl finishes. The timer starts his watch with the first girl and keeps it going until the finish of the last or tenth girl. The team that runs in the shortest time wins.

Rules Governing Girls' Athletic Contests

1. The competition shall be between girls of the same grade.
2. The judges shall be selected by the executive committee of the Jersey City Public School Athletic Association.
3. First, second, and third prizes will be awarded for each event.
4. First place will count five points, second place will count three points, third place will count two points, fourth place one point.
5. The last girls on a relay team should wear a broad sash with a number as a distinguishing mark, sashes to be different colors. The same could be purchased by the different schools or by the P. S. A. A.

Points.

6. The points will be counted for these events the same as they are for the boys' athletic events. The points made by the girls will count in the total points made by the school in its girls' and boys' athletic and gymnastic meets and will, therefore, help a school materially in winning cups and banners.

Special Trophies for Girls' Prize Events.

1. To the school winning the Oat-Bag Relay.
2. To the school winning the 440-Yard Relay.
3. To the school winning the Indian Club and Flag Relay.
4. To the school winning the Potato Relay.
5. To the school winning the 20-Yard Team Relay.

Girls' Standard Events

1. Throwing Basket Ball for Distance. 8A and 8B. Distance 40 feet (3 trials).

2. Throwing the Oat Bag for Height. 7A and 7B. Round oat bag weighing 4 pounds. Distance 17 feet—3 trials—(Throw with both hands.)

RULE. The contestant may jump from the ground and must hit a round disc, 20 inches in diameter with the 4-lb. oat bag.

3. Hand Walk on 16-foot Horizontal Ladder. 6A and 6B.

The contestant shall place herself under one end of the ladder and without assistance jump and catch over-grasp the rungs of the ladder. She shall then "walk" the full distance moving one hand at a time. When she has reached the end she shall turn around and grasp the first rung of the ladder and then "walk" back on the rungs. Contestants may skip rungs by swinging and reaching forward, or they may return on sides of ladder.

Only one trial shall be allowed.

4. 30-Yard Dash. 5A and 5B. Time, 5 seconds.

5. Throwing the Indoor Base Ball. 4A and 4B. A Spalding indoor base ball 17 inches in circumference shall be used.

The ball must be thrown 30 feet.

Rules Governing the Base Ball Leagues of the Jersey City Public School Athletic Association

RULE No. 1. The City shall be divided into four districts for the present, and the names of the leagues shall be the Greenville League, Bergen League, Hudson City League, Eastern League.

RULE No. 2. Each District League shall have as officers a President and a Vice-President.

RULE No. 3. The President and Vice-President shall be selected from the principals of the city schools.

RULE No. 4. A schedule of games, never more than two a week, shall be made by the Presidents of the District Leagues and submitted to the Executive Committee of the Athletic Association for approval before the opening of the season.

RULE No. 5. The duties of the Presidents of the District Leagues shall be, besides those usually designated to this office, the providing and assignment of the baseball diamonds to the several teams, and the general oversight of the field of play during the contest.

RULE No. 6. The Vice-President, besides the usual duties of this office, shall aid and abet the authority of the President and may assist the President in assigning the diamonds.

RULE No. 7. All players must be eligible according to the rules of the Association. (See Rule 2, page 49; Rule 19, page 63.)

RULE No. 8. Any team playing ineligible members may be dropped from the League in consequence.

RULE No. 9. The official ball shall be adopted each year by the Association. For the year 1915 Spalding's Boys' League Ball shall be used exclusively in all games.

RULE No. 10. At least one principal or a teacher shall be in attendance to supervise each game.

RULE No. 11. On the field of play only the two captains shall be recognized and any dispute arising shall be settled between these two men and the umpire. The umpires have power to retire any player who questions their decisions, and they have

power, in case any team refuses to play, to award the game to their opponents, if play is not resumed within two minutes.

RULE No. 12. The official rules shall be the playing rules adopted according to the national agreement for the year.

RULE No. 13. Before the opening of the game the balls, in original unopened boxes, must be submitted to the President of the League and to the umpire to be passed upon. Each team must furnish one ball.

RULE No. 14. All baseballs and bats for the series will be furnished by the Association. A limited number of bats and balls for practice will also be furnished.

RULE No. 15. All trophies shall be provided by the Jersey City Public School Athletic Association and shall consist of five cups.

RULE No. 16. Each school shall raise funds for the support of its baseball teams, and shall own and supply all uniforms and baseball paraphernalia, except bats and balls.

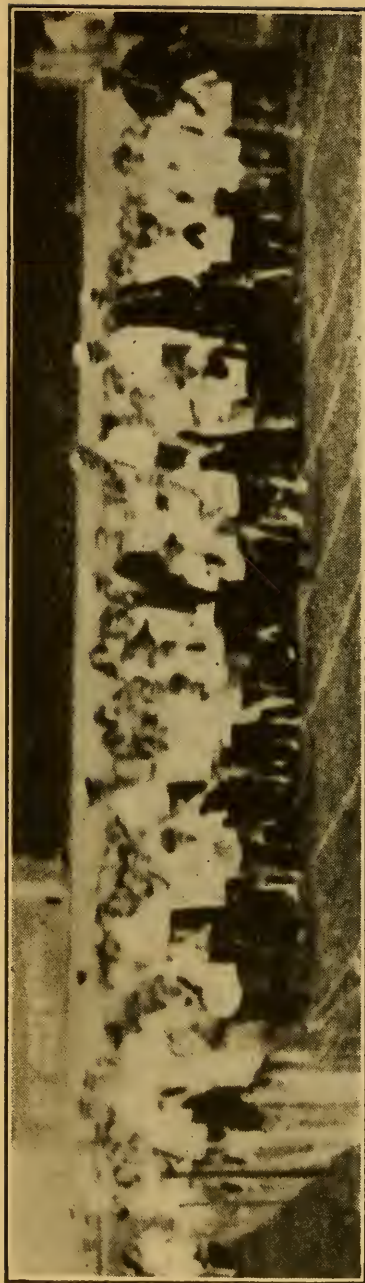
RULE No. 17. All championship games of the Baseball Leagues shall be played on the baseball diamonds approved of by the Executive Committee of the Association.

RULE No. 18. Any boy who receives money for playing in any sport shall be ineligible to play on the school teams.

RULE No. 19. Boys playing on any team must have been a member of the Jersey City Public Schools twelve weeks previous to the games.

RULE No. 20. There will be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of purchasing trophies.

RULE No. 21. The names of all players are to be sent to the President of the League before the season opens and by him furnished to each principal.



GIRLS' 30-YARD DASH—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.



THROWING THE BASKET BALL—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Bergen League Base Ball Schedule, 1915

PRESIDENT, K. L. THOMPSON.

April 26.

Public School No. 23.....vs.....Public School No. 11
Public School No. 22.....Public School No. 12

April 29.

Public School No. 23.....Public School No. 17
Public School No. 12.....Public School No. 11

May 3.

Public School No. 23.....Public School No. 12
Public School No. 22.....Public School No. 17

May 6.

Public School No. 23.....Public School No. 22
Public School No. 17.....Public School No. 11

May 10.

Public School No. 17.....Public School No. 12
Public School No. 22.....Public School No. 11

May 13.

Public School No. 11.....Public School No. 23
Public School No. 12.....Public School No. 22

May 17.

Public School No. 17.....Public School No. 23
Public School No. 11.....Public School No. 12

May 20.

Public School No. 12.....Public School No. 23
Public School No. 17.....Public School No. 22

May 24.

Public School No. 22.....Public School No. 23
Public School No. 11.....Public School No. 17

May 27.

Public School No. 12.....Public School No. 17
Public School No. 11.....Public School No. 22

Eastern League Base Ball Schedule, 1915

PRESIDENT, JAMES T. MACKEY

April 26.

Public School No. 1.....	Public School No. 4
Public School No. 9.....	Public School No. 32

April 29.

Public School No. 1.....	Public School No. 3
Public School No. 9.....	Public School No. 4

May 3.

Public School No. 1.....	Public School No. 9
Public School No. 3.....	Public School No. 32

May 6.

Public School No. 1.....	Public School No. 32
Public School No. 3.....	Public School No. 4

May 10.

Public School No. 3.....	Public School No. 9
Public School No. 4.....	Public School No. 32

May 13.

Public School No. 4.....	Public School No. 1
Public School No. 32.....	Public School No. 9

May 17.

Public School No. 3.....	Public School No. 1
Public School No. 4.....	Public School No. 9

May 20.

Public School No. 9.....	Public School No. 1
Public School No. 32.....	Public School No. 3

May 24.

Public School No. 32.....	Public School No. 1
Public School No. 4.....	Public School No. 3

May 27.

Public School No. 9.....	Public School No. 3
Public School No. 32.....	Public School No. 4

Greenville League Base Ball Schedule, 1915

PRESIDENT, W. J. TUERS.

April 28.

Public School No. 14.....	Public School No. 20
Public School No. 24.....	Public School No. 34

April 30.

Public School No. 14.....	Public School No. 15
Public School No. 24.....	Public School No. 20

May 5.

Public School No. 14.....	Public School No. 24
Public School No. 15.....	Public School No. 34

May 7.

Public School No. 14.....	Public School No. 34
Public School No. 15.....	Public School No. 20

May 12.

Public School No. 15.....	Public School No. 24
Public School No. 20.....	Public School No. 34

May 14.

Public School No. 20.....	Public School No. 14
Public School No. 34.....	Public School No. 24

May 19.

Public School No. 15.....	Public School No. 14
Public School No. 20.....	Public School No. 24

May 21.

Public School No. 24.....	Public School No. 14
Public School No. 34.....	Public School No. 15

May 26.

Public School No. 34.....	Public School No. 14
Public School No. 20.....	Public School No. 15

May 28.

Public School No. 24.....	Public School No. 15
Public School No. 34.....	Public School No. 20



JUNIOR RELAY RACE—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.



THROWING THE OAT-BAG—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Hudson City League Base Ball Schedule, 1915

PRESIDENT, H. B. HOWELL.

April 27.

Public School No. 6....vs.....	Public School No. 25
Public School No. 28.....	Public School No. 8

April 29.

Public School No. 27.....	Public School No. 25
Public School No. 28.....	Public School No. 6

May 4.

Public School No. 8.....	Public School No. 27
Public School No. 25.....	Public School No. 28

May 6.

Public School No. 27.....	Public School No. 6
Public School No. 8.....	Public School No. 25

May 11.

Public School No. 28.....	Public School No. 27
Public School No. 6.....	Public School No. 8

May 13.

Public School No. 25.....	Public School No. 6
Public Sschool No. 8.....	Public School No. 28

May 18.

Public School No. 25.....	Public School No. 27
Public School No. 6.....	Public School No. 28

May 20.

Public School No. 27.....	Public School No. 8
Public School No. 28.....	Public School No. 25

May 25.

Public School No. 6.....	Public School No. 27
Public School No. 25.....	Public School No. 8

May 27.

Public School No. 27.....	Public School No. 28
Public School No. 8.....	Public School No. 6

Basket Ball Leagues of the Jersey City Public School Athletic Association

RULE 1. A. A. U. Rules shall govern play.

RULE 2. The rule for membership in basketball shall be the same as in baseball.

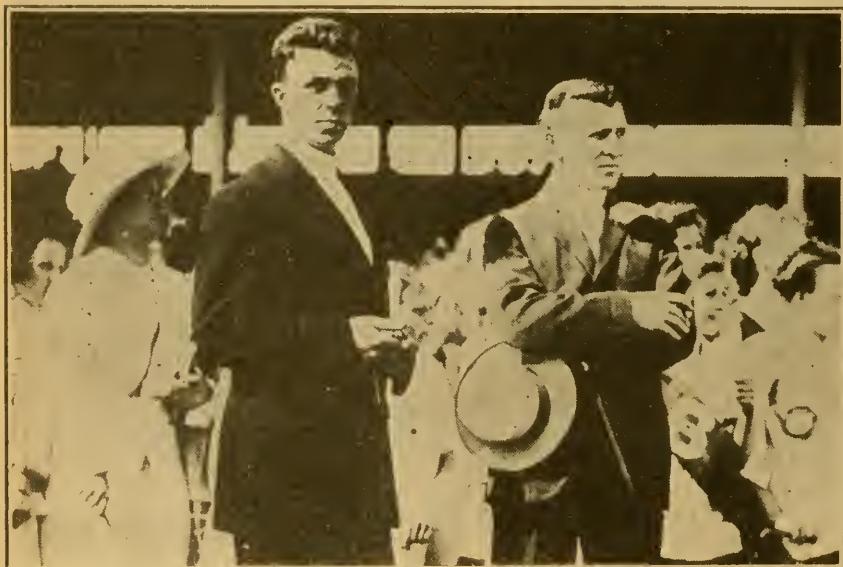
RULE 3. Rules of conduct shall be the same as those that govern all entries in the Association.

RULE 4. Spalding's "Official" Basket Ball shall be used in all games.

RULE 5. There shall be an entrance fee of one dollar for each team entered from a school. This money is for the purpose of procuring trophies.

RULE 6. The names and ages of all players are to be sent to the President of the League before the season opens.

RULE 7. The Games of the League shall all be played before the opening of the February term.



REFEREE AND TIMEKEEPER—ANNUAL MEET JERSEY CITY P. S. A. A.,
1914.

Rules for Conducting an Athletic Meet

RULE I.

OFFICIALS.

Every athletic meet of the Public Schools Athletic Association shall be under the control of the following officials:

- The executive committee.
- A field marshal.
- An assistant field marshal.
- A referee.
- An assistant referee.
- Three or more judges at finish.
- Four or more field judges.
- Three or more inspectors.
- Three or more time keepers.
- One starter.
- One assistant starter.
- One clerk of the course with assistants.
- One announcer.
- One assistant announcer.
- One chief scorer.
- One assistant scorer.
- One official reporter.
- One official photographer.

RULE II.

EXECUTIVE COMMITTEE.

The executive committee will have general supervision but shall not interfere with the officials in the performance of their duties. The referees shall settle all protests within their usual power, but those concerning a boy's amateur standing must be referred to the executive committee.

RULE III.

REFEREE.

The referees shall decide all questions relating to the actual conduct of the meet, whose final settlement is not otherwise

covered by these rules. He shall disqualify for fouls. He shall disqualify for ungentlemanly conduct. He shall decide all ties by the toss of a coin, the loser taking the next lower rank, and the others being reduced one point in rank. The referee alone shall signal the starter that everything is in readiness for the race or event. The referee may delegate his authority when it will facilitate the meet.

RULE IV.

INSPECTORS.

The inspectors shall watch closely the conduct of all competitors during the meet and in case of a foul, they shall make a report at once to the referee. They have no power to make decisions.

RULE V.

JUDGES.

The judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line. Their decision is final and without appeal. In case of disagreement the majority shall govern. A competitor crossing the finish line without a number shall not be selected by the judges unless with the consent of the referee. The judges shall measure all distances of field and track events.

RULE VI.

THE TIME KEEPERS.

They shall time all events which are recorded by time and shall report to the referee. Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted. The flash of the pistol shall denote the actual start of the heat or race.

RULE VII.

THE STARTER.

The starter shall be in charge of the competitors after they have been assigned to their marks by the clerk of the course.

He shall start the heat or race by the report of a pistol. The following formula shall be used by the starter:

1. "On your marks."
2. "Get set."
3. The report of the pistol.

Until the pistol has been properly discharged, it shall not be considered an actual start, and in case the pistol goes off accidentally, the starter shall recall the competitors by discharging his pistol twice. A false start is one where any part of the person of a competitor touches the ground in front of his mark before the starter properly discharges his pistol. The following penalties are imposed by the starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including three hundred yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 600 yards three yards for the first and three more for the second attempt; in races over 600 yards and including 800 yards four yards for the first and four more for the second attempt. In all cases, a third attempt disqualifies.

RULE VIII.

THE CLERK OF THE COURSE.

The names and numbers of all competitors in each event shall be given to the clerk of the course who shall call them by name and check them off on the programme before the meet is begun. He shall afterwards assign them to their marks. The clerk of the course shall not allow any competitor to start without his number except with the consent of the referee. The assistant clerks of the course shall perform whatever duties are assigned them by the clerk of the course.

RULE IX.

THE SCORERS.

The scorers shall keep track of the order in which each competitor finishes and also the time for the event. He scores all points and announces the various winners and the schools who have taken the most points. The Assistant Scorers are

subject to the Chief Scorer and shall perform whatever duties are assigned by him.

RULE X.

THE MARSHALS.

The marshal shall prevent any but officials and actual competitors from entering upon the track or inner circle or remaining therein.

Any competitor entering into the inner circle and not there for the purpose of competition must leave at once upon the request of the marshal. If, after the second request, the competitor shall refuse to leave the track, the marshal or his assistants must report the matter to the referee who may disqualify the offender. The marshal shall have general oversight of the boys and shall be the general director of the track and field.

RULE XI.

THE OFFICIAL ANNOUNCER.

The scorers shall make known to the official announcer the results of each event, and he shall announce them to the spectators.

RULE XII.

OFFICIAL REPORTER.

The official reporter shall receive from the scorers the order of finishing and the time and distance made by the competitors in the field and track events. This information he shall immediately make known to the representatives of the press.

RULE XIII.

THE INNER CIRCLE.

Only officials and actual competitors shall be allowed within the inner circle. Competitors must leave the inner circle immediately after finishing their event or when requested to do so by the proper authorities.

No attendant, friend, or trainer shall be allowed to accompany the competitors on the track or in field.

RULE XIV.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the referee.

If in a dash race the competitor does not confine himself to his own lane, but instead crosses into the lane of his opponent, the referee shall disqualify him. In all races the competitors shall run on that part of the track they were assigned without crossing over in front of their opponents unless they are at least two paces in advance of the nearest competitor. Any jostling, crossing in front of, or otherwise impeding the opponent will disqualify the offender from that event.

The referee shall further disqualify from the meeting any competitor, who in his opinion, is trying to lose, to coach, or otherwise to impede in any way the chances of another competitor. The referee shall notify the Executive Committee of such offence, who will take further action.

Any competitor acting in an ungentlemanly manner, whether towards competitors, spectators, or officials, may be disqualified by the referee from all other participation in competition, and if the referee thinks the offence merits further punishment, he shall make full report on the case to the Public School Athletic Association for further action.

RULE XV.

PROTESTS.

Protests against any competitor entering any games may be made verbally or in writing to the Executive Committee before the meet or to the referee during the meet.

If the protest is a claim of foul committed during the meet, the referee shall decide the matter at once.

If the protest is a question of age, then the competitor must produce satisfactory proofs of same.

If possible the Executive Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Executive Committee shall decide the matter within one week after the date of the games.

When a contestant is allowed to compete under protest, the prize that he may win shall be withheld until the case is settled.

RULE XVI.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track.

In straightaway races, distance shall be measured in a direct line from the starting mark to the finish line.

RULE XVII.

THE COURSE.

In straightaway races lanes shall be laid out for each competitor by means of stakes driven into the ground to which cord is attached. Each contestant shall run in his own lane.

In all championship races, position shall be drawn for, and the drawing shall be in the names of schools. The Clerk of the Course shall not allot positions. The school having the first choice shall have first position next to pole; the school having second choice, second position, etc. If possible there shall not be two contestants from one school in the same heat.

RULE XVIII.

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track. Four feet above the ground shall be placed a tape attached to both finishing posts.

The finish of any race shall be counted when any part of a competitor's body except his hands and arms shall reach the finish line.

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

RULE XIX.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the

succeeding runner. Failure to do this shall disqualify the team in that event. There shall be judges of relay racing whose duties it shall be to see that all touches are properly made.

RULE XX.

THE SHOT.

The shot shall be put with one hand, and in making the attempt it shall be above and not behind the shoulder. All puts shall be made from a circle seven feet in diameter. The circle shall be a painted or whitewashed circle and on one side a stop-board four feet long and four inches high shall be firmly fastened to the ground. In making his put a competitor shall rest his foot against, but not on top of the stop-board.

That put shall be considered a fair put when no part of the body of the competitor touches the top of the stop-board, the circle or the ground outside the circle, provided the competitor shall leave the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be considered foul if any part of the body of the competitor shall touch the ground outside the front half of the circle before the put is measured.

The field judges shall measure each put from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the center of the circle.

Foul puts and letting-go the shot in making an attempt shall be counted as trials without results.

Each competitor shall have three trial puts, and the first, second, and third in the trials shall have three more trials each in the final.

The best put made by a competitor whether made in the trials or finals shall count as his best put, and the result will be decided accordingly.

RULE XXI.

RUNNING HIGH JUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

The bar shall be a thin stick two inches in width and shall rest on pins which shall project not more than three inches from the uprights. When the bar is knocked off it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be decided by the field judges.

The height shall be measured from the middle of the bar to the ground in a perpendicular line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that height.

A competitor may decline to jump at any height in his turn and by so doing, forfeits his right to jump again at the height declined.

If, however, a competitor takes a trial at any height and fails in his first trial he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take before attempting a jump.

In case of a tie, the officials shall raise or lower the bar at their discretion, and those competitors who have tied, shall be allowed one trial at each height.

RULE XXII.

RUNNING BROAD JUMP.

A joist two inches wide on the top shall be sunk at least five inches into the ground so that the top is flush with the running path. The outer edge of the joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break made in the soft ground, or in the turf or earth outside the soft ground, by any part of the body of a competitor.

In front of the scratch line, the ground shall be removed to a depth of three and a width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps shall each have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults, or hand springs of any kind.

RULE XXIII.

STANDING BROAD JUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward lifting heels and toes alternately from the ground but may not lift either foot clear of the ground nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad jump govern the standing broad jump as well.

RULE XXIV.

CHINNING THE BAR.

Boys chinning in competition may take any grip they choose (over grip or under grip or over and under grip), but the chinning must be done without swinging and the arms must be extended to full length each time before the chin is raised above the bar. Good form will be insisted upon by the judges. A boy cannot start chinning from a jump; he must hang an instant before commencing.

RULE XXV.

RUNNING.

All runs are started by a pistol shot fired by the starter. The commands given by him preparatory to starting a race are:

1. "On your marks."
2. "Get set."
3. After a short interval the starter fires a pistol.

After the first command the contestants hurry to the starting line and take their places as assigned to them.

At the second command, all make ready for the start, each one

assuming the position best suited to his style. Usually the "crouching start" is the better way.

The pistol shot comes next and is the signal to run. Should anyone start before the pistol is fired he is penalized.

RULE XXVI.

COSTUME.

Only the boys with pants reaching approximately to the knees, and shirts that adequately cover the body shall be allowed to compete.

Hints on Training

The following are a few suggestions to boys who are endeavoring to better their physical well-being by competing in athletic amusements.

Running.

If you have speed and lack endurance, run more than your distance at three-quarter speed. If, on the other hand, you lack speed, run three-fourths your distance at top speed.

Running Broad Jump.

The sprints must be practised faithfully if one desires to excel in this event. Form should be acquired first of all. The essential points to work for are the stride, the take-off, and the rise after leaving the board. One must practice the sprint until he can reach the take-off board with the same foot in exactly the right place time after time without losing speed. After leaving the board the knees should be drawn up to the chin, and the eyes kept on a point some distance beyond where you are able to jump.

It is well to pace your distance and mark the third and seventh stride. Then you will have two marks to aid you in striking the take-off.

Determine the location of take-off, and mark the third and the seventh strides from that, so the jumping foot strikes the take-off. Don't attempt too much jumping, for over-exertion may result in a strained tendon. Always limber up first by short sprints, jogs, and easy jumps. On the first attempt, try more for form than distance, and be sure of the take-off. The highest speed should be reached at the take-off and at the moment when the body is gathered for the jump. Unless the speed is considerable the jumper cannot throw his legs forward to the full limit. Get elevation in a jump. To get height, in practice use jumping standards placed some distance from the take-off. Keep the arms well forward and fix the eyes on a point considerably higher than the probable landing point. After leaving the take-off, the knees are drawn up under the chin. Just before landing, the feet should be thrust as far forward as possible. Don't fall back. After one has learned the broad jump, practice every other day. Practice sprints to get the

speed. Practice running at the take-off. Practice using only three or four steps to get the rise.

Running High Jump.

Every other day is often enough to practice high jumping. The first attempts should be made with a bar about two feet six inches. As form is acquired, gradually raise the bar. As in the running broad jump, the place where the stride is reached and the take-off must be determined by experiment and practised until it can be reached without changing the stride. Have just enough speed in your run to carry the body over the bar after you get your elevation. Emphasize the last four strides. Don't get any higher than is necessary. Practice running from the front and not from the side. Jump with a twist. Turn to the left if you take off with the left foot.

Shot Putting.

Heavy work in the gymnasium during the winter is one of the greatest aids toward putting one in condition for this event. Parallel bar exercises and bag punching are especially good. It will be necessary to learn the form from some person qualified to teach the different parts of the movement, for shot-putting is quite complicated, and knack as well as strength is required.

Develop the muscles of the arm and back. Practice with different weight shots, the heavier for form and the light one for speed. Stop before the fatigue point is reached. Practice putting from a stand first. Have the shot rest against the shoulder, the elbow well back of it. Use a hop, step and a jump, or a glide, step and a jump, in putting the shot. Finish facing the side of the circle. There should be no stop from start to finish. As the right side of the body comes to the front the right arm must be thrown straight outward with much the same motion as used in delivering a direct punch at a bag hanging about on a level with the head. Remember it is a sharp thrust rather than a throw. Put the body weight into the thrust.

General Training.

Don't overdo; don't work until fatigued.

Don't specialize.

Don't take too many hot baths.

Don't do any violent exercise before or one or two hours after a meal.

Strive for an all around development. Train faithfully for events. Always warm up before a severe exertion; always finish the day's work feeling that you could do more.

Always cool off after exertion with mild exercise.

Get plenty of sleep, plenty of fresh air day and night, and plenty of water.

Diet.

Don't drink coffee; don't eat pastry or candy; don't smoke cigarettes; they are fatal to athletes.

Don't over-eat or over-drink.

Eat fruit, beef, mutton, steak, eggs, vegetables, prunes, apple sauce, cheese, rice, peas, beans, tapioca, custard, bread pudding.

Eat no bulky food the day of the race.

Be regular in the meals; have the same well cooked.

Clothing.

Light weight, sleeveless shirt, trunks that reach almost to the knees, shoes to fit comfortably, so that feet will not slide around in them and become chafed.

Training for Sprints.

Master the crouch start.

Don't look around or allow other competitors to worry you.

Don't run with the head up in the air or bending backward.

Don't throw the heels up in back; don't run on the heels; don't turn the toes out in running.

Don't make stride too long.

Don't run the full distance at top speed more than once or twice per week.

Don't stop suddenly after you have finished the race.

Don't do too much distance work when training for the sprints.

Use the crouch start for all sprints.

CROUCH START—Dig depressions in the track for the feet, one about seven inches in back of the mark and the other about twenty inches back of the first. "On your mark"—Place the fingers on the mark (arms straight), the left foot in the first depression and the right foot in the second, kneeling on the right knee. "Get set"—Raise the back (head well up), and throw the weight well forward so the body weight is divided between the hands and forward leg. At the sound of the pistol, take the hands away and dive straight forward. Make the first five or

six strides short in order to get into stride as soon as possible. Slow down by degrees. Always land running, that is, body inclined forward. Have the body well balanced for the start. Get your stride naturally; don't over-stride at any time. Run straight and true; don't let your competitor pull you out of stride; don't chop your stride; don't be nervous on your mark; don't expect to break records the first year. Alternate fast work one day and some slow work the next. Practice starting four or five times per day when practising the slow work.

Chinning the Bar.

Use the reverse grasp; that is, with the palms of the hands turned toward the body, and raise the body steadily, don't jerk it or try to swing up. Straighten the elbow in every extension. Practice once or twice every morning just before school and again in the afternoon after school. Don't raise the body more than ten times.

Standing Broad Jump.

It is permissible to toe over the take-off about one inch and thus get a firm support for the spring forward. The body should be inclined well forward, knees bent, the arms in back. In making spring, throw the arms forward, draw the knees up and shoot the legs forward. Practice the broad jump four or five times a day.

The Ethics of Competition

Obedience to Rules.

It is impossible to conceive of games without rules; for all they are necessary. They have been carefully thought out by experts, with the intention of making the games interesting, fair to all taking part, and, where great activity is required, as in basketball, football, soccer and baseball, to prevent injury to the players.

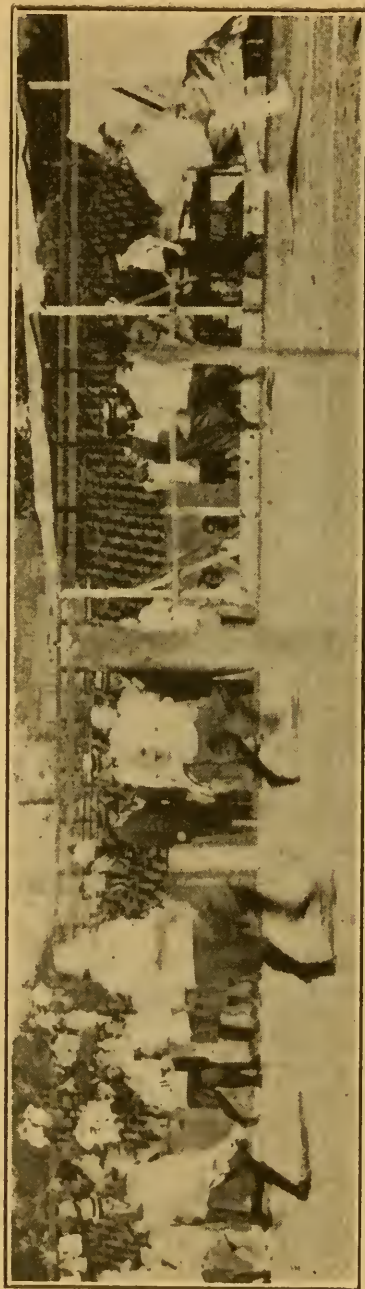
Without question, before beginning to play, these should be read, and should be thoroughly understood. Then after a full understanding, the next thing is strict obedience to them. Unfortunately, this is not always the case; at times, in order to gain some advantage over an opponent, or opposing team, there is a temptation to infringe upon the rules, but when one stops to consider the ethics of this, he must confess that such action is absolutely wrong. It is taking an unfair advantage, and may also lead to further infringement, which will spoil the game.

Abide by the Decisions of the Judges.

To see that rules are strictly carried out, a judge, an umpire, or a referee is appointed, and he is expected to be perfectly unbiased in his decisions. But however careful he may be, now and then he may make a mistake. At such times, the players should realize the difficulty of his position, and should abide by his decision.

Should, however, a decision be manifestly unfair, the captain of the team is the proper one to protest to the umpire; he is the one to do the talking, and while he is doing it, the other players should keep their places, for there is nothing more undignified than a crowd of baseball players, for instance, rushing towards the umpire, and clamoring their protests. As a matter of fact, they can accomplish nothing because of their noise. Such disputes must be settled by cool heads with quiet argument, and the captain is the one to do it.

If he is unable to make a satisfactory settlement, do not further delay the game, nor refuse to play, but continue under protest, and later such protest can be laid before the proper authorities for their decision.



FLAG RELAY—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.



GETTING READY—ANNUAL MEET JERSEY CITY P. S. A. A., 1914.

Gentlemanly Conduct.

Sometimes, when games are being played, remarks are made about the personal appearance of an opponent, or his race is held up to ridicule. Clearly this is not clean sport, and should not be indulged in for a minute. By all means avoid such personalities; ever keep in mind that rarely is a person responsible for his facial appearance, and that all races have good qualities, and have produced great works. A broad minded person looks for good points in others, rather than for some peculiarity.

Sometimes, when there has been a close or a wrong decision, individual players, or even whole teams, or the backers, or all, conduct themselves in a most unbecoming manner. They guy the umpire, hoot and yell, and sometimes indulge in bad language. The same thing sometimes happens when the game is going against a team, and then the opponents are treated in a similar way. It also sometimes happens that players quarrel among themselves, and indulge in unbecoming remarks. Sometimes, after a game, a team and its backers quarrel with their opponents.

All such conduct is not proper, and should be strictly avoided. Be courteous to your superiors, your umpires, and to one another.

It frequently happens that emphasis is put upon the poor plays of the opponents, rather than upon the good plays of one's own team. Such is also the attitude of the backers. It would seem better to applaud the good plays, rather than to jeer at the bad; be generous enough to appreciate and applaud the good plays of your opponents.

A courteous player never attempts to do injury to another. Games won by such foul means were better lost.

Possess Good Nerve.

Frequently a team competes with one that is far its superior. This is the time when good nerve is required. Don't be discouraged, don't make petty complaints, don't give up the game, but play for all you are worth, and you will not only feel happier yourselves, but you will have the respect of others.

Team Work.

When two or more players are on a side, they constitute a team. Clearly when teams play, the individual players must subordinate themselves for the general good of the team. Each must keep in mind that a great responsibility rests upon him in his position, and that as far as possible he should keep that position. It may seem to him, at times, that he should like to

take a more active part in whatever play is being made at a particular time, but as a matter of fact failure to play his position might lose his side the game. During an entire game, he may not have opportunity to make any marked play, but if he has played his position to his utmost, he should be satisfied in the consciousness of having done his duty. It is this team work that means victory.

Honesty.

Frequently, a participant is the only one who knows the truth about a play, under dispute, and by keeping silent, or by not telling the truth, points would be gained by his side. At such times, the best course is honesty; tell the truth even though it may hurt your side. Get above the idea of winning at any price.

Usually, classifications are made according to age, and at times there is a temptation to misrepresent the fact, in order to place one's self in a different class. Clearly this procedure will not stand the test of conscience, and should never be attempted.

Character.

In all athletics, keep in mind that while you play to win there is something higher than this. It is Character. Get self-control, play fair, be courteous to all, and ever act like a gentleman.

ACCEPT NO
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TRADE-MARK

GUARANTEES
QUALITY

SPALDING OLYMPIC CHAMPIONSHIP SHOES



No. 3-0



All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.

Spalding "Monitor" Sprint Running Shoes

Patent applied for.

No. 3-0. Lightest running shoe made. Hand made spikes. Especially for 100 and 220 yards races. Strictly bench made throughout. . . Pair, \$6.00

Spalding "Olympic Championship" Short Distance Running Shoes

No. 2-0. Extremely light and glove fitting. Hand made steel spikes firmly riveted on. Worn by all champions for short distances, especially 440 and 880 yards and 1 mile races. Pr., \$6.00



No. 2-0



The uppers and soles of all Running and Jumping Shoes should be kept soft and pliable by using SPALDING "DRI-FOOT" PREPARATION. It prevents deterioration of the leather due to perspiration. Can, 15 cents.

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SPALDING OLYMPIC CHAMPIONSHIP SHOES

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.



No. 14C



Spalding "Olympic Championship" Long Distance Running Shoes

No. 14C. For long distance races on athletic tracks. Low, broad heels, flexible shanks. Hand made steel spikes in soles. No spikes in heels. Pair, \$5.00

Spalding "Olympic Championship" Jumping Shoes

No. 14H. Specially stiffened soles. Hand made steel spikes placed as suggested by champion jumpers. Also correct shoes for shot putting, weight and hammer throwing. . . Pair, \$6.00



No. 14H



The uppers and soles of all Running and Jumping Shoes should be kept soft and pliable by using SPALDING "DRI-FOOT" PREPARATION. It prevents deterioration of the leather due to perspiration. Can, 15 cents.

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SPALDING OLYMPIC CHAMPIONSHIP SHOES

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olympic Games, and they are worn in competition by all prominent athletes in this country.



No. 14F



Spalding "Olympic Championship" Hurdling Shoes

No. 14F. Same last as our Sprint Running Shoes. Hand made steel spikes. Perfect for hurdling. To order only. Not carried in stock. Pair, \$6.00



No. 14V



Spalding "Olympic Championship" Pole Vaulting Shoes

No. 14V. High cut; special last. Supplied to record holders. Hand made steel spikes in soles. One spike in heels. To order only. Not carried in stock. Pair, \$6.00



No. 14W



Spalding "Olympic Championship" Walking Shoes

No. 14W. For competition and match races. These shoes same as used by all champion walkers. Pair, \$5.00

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Spalding **MARATHON** "Μαραθών" Long Distance Running Shoes

No. MH. High cut,
but light in weight.
Well finished inside
so as not to hurt the
feet in a long race.
Special leather soles,
will not wear smooth,
light leather heels;
special quality black
calfskin uppers.
Hand sewed.

Pair, \$5.00



No. MH



No. MO



No. MO. Low cut.
Blucher style. Other-
wise same as No. MH.
Pair, \$5.00

Keep the uppers of all
running shoes soft and
pliable by using Spalding
"Dri-Foot." It will greatly
add to the wear of shoes.
Can, 15c.

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No. 10

Spalding Outdoor Running Shoes

No. 10. Fine quality calfskin; light weight. Bench made. Hand made steel spikes.

Pair, \$5.00

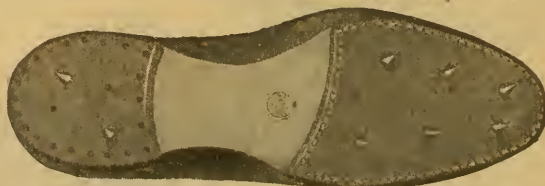


Spalding Outdoor Jumping Shoes

No. 14J. Good quality calfskin; machine made. Satisfactory quality; durable. Steel spikes. Pair, \$4.50



No. 14J



For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. Can, 15c.

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Spalding Outdoor Running Shoes



No. 11T

No. 11T. Calfskin, machine made; solid leather tap sole holds spikes firmly in place.

Pair, \$4.50

★ \$48.60 Doz.



No. 11. Chrome leather, machine made.

Pair, \$3.50

★ \$37.80 Doz.

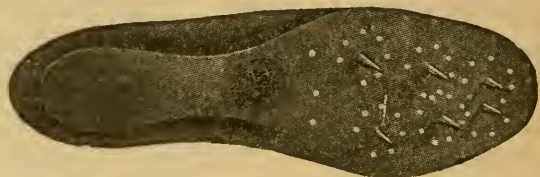
Juvenile Outdoor Running Shoes

No. 12. Leather, good quality, complete with spikes. Sizes, 12 to 5 only.

Pair, \$3.00



No. 11



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Spalding Indoor Running and Jumping Shoes



No. 111



Spalding Indoor Running Shoes

No. 111. Calfskin,
special corrugated
rubber soles, with
spikes. Pair, \$4.50

DON'T PUT OIL ON
RUBBER SOLES

Spalding Indoor Jumping Shoes

No. 210. Hand made.
Calfskin uppers; rub-
ber tap soles and
rubber heels.

Pair, \$5.00

Keep the uppers of all
running shoes soft and
pliable by using Spalding
"Dri-Foot." It will greatly
add to the wear of shoes,
Can, 15c.



No. 210



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Spalding Indoor Running Shoes



No. 112



No. 112. Good leather; rubber tap soles. No spikes.

Per pair, **\$3.50**
★ **\$39.00 Doz.**

No. 114. Leather uppers; rubber tap soles. No spikes.

Per pair, **\$3.00**
★ **\$33.00 Doz.**

For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with Spalding "Dri-Foot." It will extend the life of shoes. . . . Can, 15c.

Juvenile Indoor Running Shoes

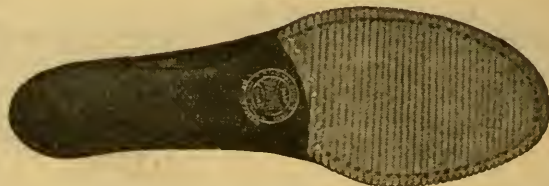
No. 115. Leather, good quality, without spikes. Sizes, 12 to 5 only. Per pair, **\$2.50**

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**DON'T PUT OIL ON
RUBBER SOLES**



No. 114



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SPALDING CHAMPIONSHIP HAMMERS

WITH BALL BEARING SWIVEL—Patented May 15, 1900

Used by the World's Record Holder, Pat Ryan. The Spalding Championship Hammer has been used exclusively by all the leading hammer throwers, including the record holders, for years past. The benefits of the ball bearing construction will be quickly appreciated by all hammer throwers. Special quality steel wire handle, with double triangle handpieces. Guaranteed absolutely correct in weight. Lead ball. No. 12F. 12-lb., without sole leather case. Ea., \$4.50 No. 16F. 16-lb., without sole leather case. Ea., \$5.00 No. L. Leather case, to hold either 12 or 16 lb. hammer. Each, \$2.00

EXTRA WIRE HANDLES

No. MG. For championship hammers. Single grip style. Each, \$2.00

Spalding Regulation Hammer, with Wire Handle IRON—Guaranteed Correct in Weight

No. 12IH. 12-lb., iron, practice. . . Each, \$3.50 No. 16IH. 16-lb., iron, regulation. Each, \$3.75

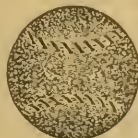
EXTRA WIRE HANDLES—For Regulation Hammers

No. FH. Improved design, large grip, heavy wire. Each, 75c.

Spalding Rubber Covered Indoor Shot Patented December 19, 1905

Made on scientific principles; perfectly round; gives a fine grip, and has the proper resiliency when it comes in contact with floor; will wear longer than the ordinary leather covered; no possibility that the lead dust will sift out; always full weight.

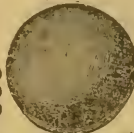
No. P. 16-lb. Each, \$12.00 | No. Q. 12-lb. Each, \$10.00



Spalding Indoor Shot

With improved leather cover. Our special method of construction prevents loss of weight, even when used constantly.

No. 3. 12-lb. Each, \$6.50
No. 4. 16-lb. " 7.50

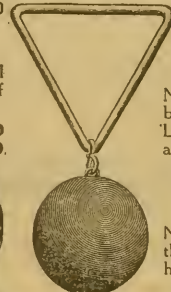


Regulation 56-lb. Weight

No. 2. Used and endorsed by all weight throwers. Lead. Packed in box, guaranteed correct in weight. Complete, \$12.00

Tambourine

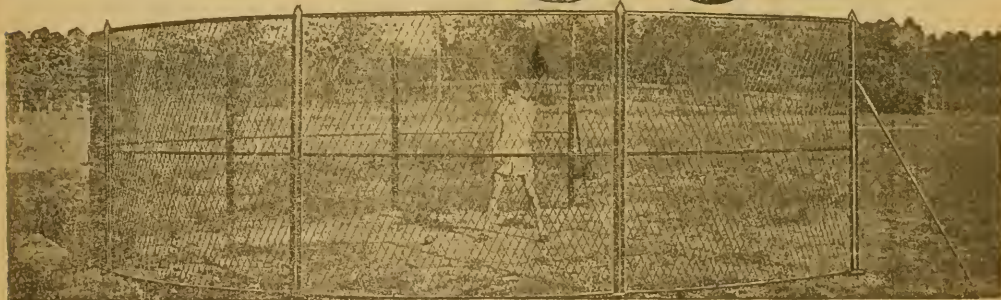
No. 1. Required when throwing 56-lb. weight for height. Each, \$10.00



Regulation Shot—Lead and Iron

Guaranteed Correct in Weight

No. 16LS. 16-lb., lead. \$3.50	No. 12IS. 12-lb., iron. \$1.50
No. 12LS. 12-lb., lead. 3.00	No. 24LS. 24-lb., lead. 6.00
No. 16IS. 16-lb., iron. 1.75	No. 24IS. 24-lb., iron. 5.00



Hammer Throw Cage

To protect judges and spectators from any accident that might be liable to occur in the throwing of the hammer. One-third of circumference of cage is left open in direction in which hammer is thrown. Cage is made of 1/4-inch crimped wire, in sections 8 feet long by 7 feet high, supported by heavy iron posts set four feet into the ground in concrete bases. Complete (shipping weight 1000 lbs.), packed for shipment f.o.b. Boston.

Spalding Juvenile Athletic Shot and Hammers

Made according to official regulations. Weights guaranteed accurate; records made with these implements will be recognized.

JUVENILE HAMMER—No. 8IH. 8-lb., Iron Juvenile Hammer. Each, \$2.50

JUVENILE SHOT

No. 26. 8-lb. Leather Covered Shot, for indoor, schoolyard and playground use.	Each, \$5.00
No. 5. 5-lb. Leather Covered Shot, for indoor, schoolyard and playground use.	" 4.00
No. 8IS. 8-lb. Solid Iron Shot, not covered. Each, \$1.25 No. 5IS. 5-lb. Solid Iron Shot, not covered. " 1.00	

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SPALDING VAULTING POLES

SPECIAL NOTE—It is our endeavor always to supply Athletic Equipment of the very highest quality, and which is at the same time made of the most satisfactory material and in the best possible manner for the purpose intended.

We have discontinued making Spruce Vaulting Poles because we find ourselves unable to recommend their use, owing to danger of breakage and possibility of serious injury to user. Bamboo poles we do recommend, having proven to our satisfaction that they are superior for vaulting to poles made of any wood we know of, and, furthermore, if they do break while in use, the danger of personal injury is very remote.

Spalding Bamboo Vaulting Poles

INDOOR AND OUTDOOR STYLES

Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from cracking. These cracks or season checks do not appreciably detract from the merits of the poles, except where they are continuous. Much of the real strength of the pole is in the joints. All of our tests would seem to prove that poles with season checks may be accepted as safe and durable, except where the season check is wide open and extends through several sections on one side. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.



INDOOR BAMBOO VAULTING POLES

Tape wound at short intervals. Thoroughly tested before leaving our factory. Fitted with special spike.

No. 10BV. 10 ft. Ea., \$4.00 | No. 14BV. 14 ft. Ea., \$6.00
No. 12BV. 12 ft. " 5.00 | No. 16BV. 16 ft. " 6.00



OUTDOOR BAMBOO VAULTING POLES

Tape wound at short intervals. Thoroughly tested before leaving factory. Rounded end wound with copper wire and soldered.

No. 100BV. 10 ft. Ea., \$4.00 | No. 104BV. 14 ft. Ea., \$6.00
No. 102BV. 12 ft. " 5.00 | No. 106BV. 16 ft. " 6.00

Indoor Pole Vaulting Board

No. 117. Made up of sectional blocks of wood placed on end so that the spike of the vaulting pole will not split them. Bound in by heavy wood frame.

Complete, \$16.00



Spalding Vaulting Standards

Substantially built and measurements are clearly and correctly marked.

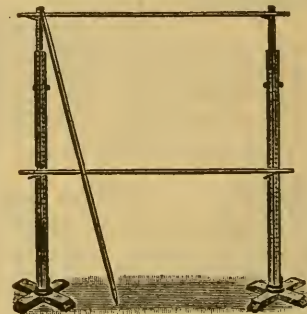
No. 109. Graduated in half inches, adjustable to 13 feet.

Complete, \$15.00

No. 111. Inch graduations, 7 feet high.

Complete, \$9.00

No. 112. Cross Bars. Hickory. Doz., \$3.00



No. C. Cord, with Weight Bags at either end, for use on Vaulting Standard. Each, \$2.00

Spalding Olympic Discus

Since Discus Throwing was revived at the Olympic Games, at Athens, 1896, the Spalding Discus has been recognized as the official Discus, and is used in all competitions because it conforms exactly to official rules. Exactly the same as used at Athens, 1906, London, 1908, Stockholm, 1912. Price, \$5.00

Spalding Youths' Discus

Officially adopted by the Public Schools Athletic League

To satisfy the demand for a Discus that will be suitable for the use of the more youthful athletes, we have put out a special Discus, smaller in size and lighter in weight than the regular Official size. The Youths' Discus is made in accordance with official specifications. Price, \$4.00



Spalding Official Javelins

To be thrown—not for vaulting. Vaulting Poles listed above.

No. 53. Swedish model, correct in length, weight, etc., and of proper balance. Steel shod. Each, \$5.00

Competitors' Numbers

Printed on Heavy Manila Paper or Strong Linen



	Manila, Linen,	
	Set	Set
No. 1. 1 to 50. . .	\$.25	\$2.50
No. 2. 1 to 75. . .	.38	3.75
No. 3. 1 to 100. . .	.50	5.00
No. 4. 1 to 150. . .	.75	7.50
No. 5. 1 to 200. . .	1.00	10.00
No. 6. 1 to 250. . .	1.25	12.50

For larger meets we supply Competitors' Numbers, on Manila paper only, in sets as follows:

No. 7. 1 to 300. . .	Set, \$1.50	No. 16. 1 to 1200. . .	Set, \$6.00
No. 8. 1 to 400. . .	" 2.00	No. 17. 1 to 1300. . .	" 6.50
No. 9. 1 to 500. . .	" 2.50	No. 18. 1 to 1400. . .	" 7.00
No. 10. 1 to 600. . .	" 3.00	No. 19. 1 to 1500. . .	" 7.50
No. 11. 1 to 700. . .	" 3.50	No. 20. 1 to 1600. . .	" 8.00
No. 12. 1 to 800. . .	" 4.00	No. 21. 1 to 1700. . .	" 8.50
No. 13. 1 to 900. . .	" 4.50	No. 22. 1 to 1800. . .	" 9.00
No. 14. 1 to 1000. . .	" 5.00	No. 23. 1 to 1900. . .	" 9.50
No. 15. 1 to 1100. . .	" 5.50	No. 24. 1 to 2000. . .	" 10.00

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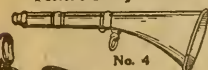


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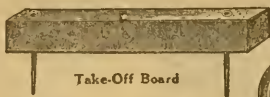
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Foster's Safety Hurdle



No. 4



Take-Off Board



Toe Board

No. 1 Baton



No. L



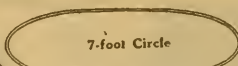
No. 1



No. S



No. 111B Tape



7-foot Circle



No. 1

Thigh Straps



No. MS Sacks

No. BS Sacks

No. A
Steel
Tape



No. 1B

Patented May 24, 1892

Foster's Patent Safety Hurdle

The frame is 2 feet 6 inches high, with a swinging wooden hurdle 2 feet high, the swinging joint being 6 inches from one side and 18 inches from the other. With the short side up it measures 2 feet 6 inches from the ground, and with the long side up, 3 feet 6 inches. The hurdle can be changed from one height to the other in a few seconds, and is held firmly in either position by a clamp lever.

Single hurdle, \$3.50

Spalding 7-Foot Circle

The discus, shot and weights are thrown from the 7-foot circle. Made of one-piece band iron, with welded joints. Circle painted white. Each, \$10.00

Spalding Take-off Board

The Take-off Board is used for the running broad jump, and is a necessary adjunct to the athletic field. Regulation size; painted gray. Each, \$3.00

Spalding Toe Board or Stop Board

Used when putting the 16-lb. shot, throwing weights and discus, and is curved on the arc of a 7-foot circle. Toe Board, regulation size, painted gray and substantially made. Each, \$3.50

Spalding Referees' Whistles

No. 7. Nickel-plated, heavy metal whistle. The most satisfactory and loudest of any. Each, 35c.
No. 4. Horn Whistle, nickel-plated, heavy metal. " 75c.
No. 3. Nickel-plated, special deep tone. " 75c.
No. 2. Very reliable. Popular design. " 25c.

Spalding Lanes for Sprint Races

No. L. We supply in this set sufficient stakes and cord to lay out four 100-yard lanes. Stakes are made with pointed ends and sufficiently strong, so that they can be driven into hard ground. Set, \$15.00

Official Harness for Three-Legged Racing

Made according to official rules. Complete set of straps for fastening men, and with extra straps for keeping fastenings at required height in long distance races.

No. 1. Official Harness for Three-Legged Racing. Set, \$2.50

We supply everything needed to fit out an athletic field in proper shape, in addition to everything needed by officials in charge. Write us about anything required but which is not listed on this page. We are the "official outfitters" for all organized athletic bodies in the United States.

Spalding Official Sacks for Sack Races

REINFORCED

Spalding Official Sacks for Sack Races are made in two sizes, for men and boys. Are all strongly reinforced, will wear for a great length of time, and by their construction it is practically impossible for racers to work their feet free. These sacks are made in exact accordance with official regulations. No. MS. Men's Sack, reinforced, 3 ft. wide. Each, \$1.50
No. BS. Boys' Sack, reinforced, 2½ ft. wide. " 1.00

Spalding Official Batons for Relay Races

No. 1. Correct size, length and weight. . . . Each, 15c.

Patent Steel Tape Chain on Patent Electric Reel

For Measuring Distances in Athletic Competitions Superior steel about ¼ inch wide. The reel allows the entire tape open to dry and can be reeled and unreel as easily as tapes in cases. Especially adapted to lay off courses and long measurements. Last foot only marked in inches. No. 1B. 100 ft. long. Ea., \$5.00 | No. 11B. 200 ft. long. Ea., \$7.50

Official Athletic Steel Measuring Tape

No. 111B. 300 feet long; has etched markings throughout; feet, inches and eighths. Complete on reel, with convenient wood handle. Each, \$16.50

Patent "Angle" Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles. All mountings nickel-plated. No. A. 50 feet long, ¾ inch wide. Each, \$4.00
No. B. 100 feet long, ¾ inch wide. 6.75

Spalding Stop Watches

No. S. Combined Chronometer and Stop Watch. Keeps good time and in addition to regular hands has split second hand. A very satisfactory time-piece as well as a useful article for athletes. Supplied on special orders only. Each, \$15.00
No. 1. Stem winder, nickel-plated case, porcelain dial, registered to 60 seconds by 1-5 seconds, fly back engaging and disengaging mechanism. Each, \$7.50

We are the "official outfitters" for all organized athletic bodies in the United States.

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SPALDING KNIT ATHLETIC SHIRTS



No. 600. Each, \$1.25

Spalding Sleeveless Shirts

No. 600. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, and Black. Each, \$1.25 ★ \$13.50 Doz.
No. 6E. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. . . . Each, 50c. ★ \$5.40 Doz.

Spalding Quarter Sleeve Shirts

No. 601. Worsted. Carried in stock in Gray, White, Navy Blue, Maroon, Black. Each, \$1.50 ★ \$16.20 Doz.
No. 6F. Sanitary cotton. Bleached White, Navy Blue, Black, Maroon or Gray. Each, 50c. ★ \$5.40 Doz.

Spalding Rowing Shirt

No. YR. Sanitary Cotton. Quarter sleeve. Supplied in White with any color silk binding around neck and sleeves and down front. On special order only. Each, \$1.25 ★ \$13.50 Doz



No. 601NV. Each, \$1.75

No. 601NV. Worsted. Quarter sleeves. V-neck. With stripes around neck and sleeves. Supplied on special orders only, one color body, two colors striping (any colors). Each, \$1.75 ★ \$19.20 Doz
No. 601N. Same as No. 601NV, but round instead of V-neck. Special orders only. . . . Each, \$1.75 ★ \$19.20 Doz.



No. 600S. Each, \$1.50

Spalding Sleeveless Shirts

No. 600S. Worsted, with 6-inch stripe around chest, carried in stock in following combinations of colors: Navy with White stripe, Black with Orange stripe, Maroon with White stripe, Black with Red stripe, Gray with Cardinal stripe. Each, \$1.50 ★ \$16.20 Doz.
No. 6ES. Sanitary cotton, solid color body, with 6-inch stripe around chest, in same combinations of colors as No. 600S. . . . Each, 75c. ★ \$8.10 Doz.

Woven Necklace on Shirts

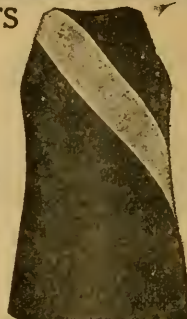
Nos. 600, 601 or 600S Shirts, on special orders only, with necklace stitched on of different color to body of shirt, for an extra charge of \$1.00 per garment.



No. 600V. Each, \$1.25

No. 600V. Worsted. Sleeveless, V-neck. Supplied on special orders only, any color. . . . Each, \$1.25 ★ \$13.50 Doz
No. 600NV. Same as No. 600V, but any two colors striping around neck. Special orders only. Each, \$1.50 ★ \$16.20 Doz.
No. 600N. Same as No. 600NV, but round instead of V-neck. Special orders only. . . . Each, \$1.50 ★ \$16.20 Doz.

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen or more at one time.



No. 600D. Each, \$2.00

SPECIAL ORDERS

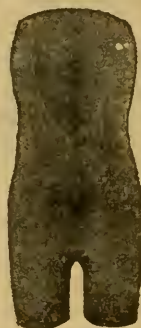
All shirts listed on this page we furnish in any colors on special order, at no extra charge. No more than two colors in any striped garment.

Spalding Shirts, with Sash

No. 600D. Worsted, sleeveless, with woven sash of any color. Not carried in stock. . . . Each, \$2.00 ★ \$21.60 Doz.
No. 6WD. Sanitary cotton, sleeveless, with woven sash. Same combinations of colors as No. 600S. Not carried in stock. . . . Each, \$1.25 ★ \$13.50 Doz.
No. 6ED. Sanitary cotton, sleeveless, solid color body, with sash stitched on. Same combinations of colors as No. 600S. . . . Each, 75c. ★ \$8.10 Doz.

Spalding Full Sleeve Shirts

No. 602. Good quality worsted. Solid colors. Special order only. Not carried in stock. . . . Each, \$2.00 ★ \$21.60 Doz.
No. 3D. Cotton. Flesh, White, Black. Each, \$1.00 ★ \$10.80 Doz.



No. 12L. Each, \$2.50

Spalding Leotards

For Gymnasium Use, Wrestling, etc.

No. 12L. Combining athletic shirt and trunks. Good quality worsted. Not carried in stock. Supplied on special orders only in any color. Each, \$2.50

PRICES SUBJECT TO CHANGE WITHOUT NOTICE.

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STORES IN ALL LARGE CITIES

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ACCEPT NO
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THE SPALDING



TRADE-MARK

GUARANTEES
QUALITY

The Spalding Official Basket Ball



**THE ONLY
OFFICIAL
BASKET BALL**

WE GUARANTEE

this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use.

Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

A. G. SPALDING & BROS.

OFFICIALLY ADOPTED AND STANDARD. The cover is made in four sections, with capless ends, and of the finest and most carefully selected pebble grain English leather. We take the entire output of this superior grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. Extra heavy bladder made especially for this ball of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail. To provide that all official contests may be held under absolutely fair and uniform conditions, it is stipulated that this ball must be used in all match games of either men's or women's teams.

No. M. Spalding "Official" Basket Ball. Each, \$6.00

Extract from Men's Official Rule Book
RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.



Extract from

Official Collegiate Rule Book

The Spalding Official Basket Ball No. M is the official ball of the Intercollegiate Basket Ball Association, and must be used in all match games.



Extract from Women's Official Rule Book

RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.



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SPALDING BASKET BALL SHOES



No. BBS



Spalding "Sprinting" Basket Ball Shoes
No. BBS. Made with flexible shank, on same principle as on "sprinting" base ball and foot ball shoes. Extremely light in weight, well finished inside. Improved patented pure gum thick rubber suction soles, with reinforced edges, absolutely guaranteed to give satisfaction with reasonable use. Lace extremely far down. Uppers of best quality black genuine kangaroo leather. Light, flexible and durable. Strictly bench made. Supplied on special order only, not carried in stock. Pair, \$8.00 ★ \$7.50 Pair.

On orders for five pairs or more, price in italics, preceded by ★, will apply.

SPECIAL NOTICE—In a game like basket ball, which is played generally on board floors, there is a strain on the feet altogether different from that in almost any other athletic game, and to support this strain, properly made shoes with leather uppers and correctly shaped soles are absolutely necessary. It is a fact that players on many teams wear canvas top shoes and we supply in our No. P shoes, listed below, absolutely the best canvas top basket ball shoes ever made, and the same style as worn by some very successful teams, but from our long experience in catering to athletes and watching closely, as we have done, the development of basket ball and its effects on the physical condition of players, we cannot consistently recommend canvas top shoes for any athletic use and especially not for basket ball.



No. AB

No. AB. High cut, drab calf, Blucher cut; heavy red rubber suction soles, superior quality.

Pair, \$5.00



No. BBL

No. BBL. Women's. High cut, black chrome leather, good quality, red rubber suction soles. Pair, \$4.50

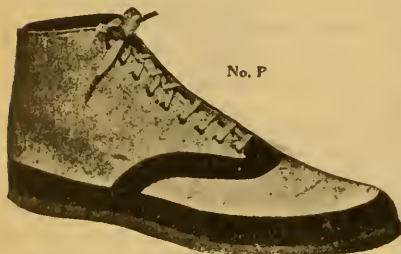


Spalding Special Canvas Top Basket Ball Shoes

Special quality soft rubber soles. These soles absolutely hold on the most slippery floor. Light weight, durable, correct in design. Sizes 5 to 11 only. No other sizes.

No. P. Pair, \$4.00 ★ \$39.00 Dozen pairs.

On orders for five pairs or more, price in italics, preceded by ★, will apply.



No. P



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QUALITY

SPALDING CANVAS TOP GYMNASIUM AND BASKET BALL SHOES

No. HH. High cut, white canvas uppers. Sole surface is similar to our popular gymnasium shoes, but of white, best quality rubber, twice as thick as on rubber sole canvas gymnasium shoes. Men's sizes, 6 to 12, inclusive.

Pair, \$2.25 ★ \$24.30 Doz.

No. HHB. Boys', 2½ to 5½, inclusive. Otherwise same as No. HH.

Pair, \$2.00

★ \$21.60 Doz.

No. HHX. Youths', 11 to 2, inclusive. Otherwise same as No. HH.

Pair, \$1.80

★ \$19.44 Doz.

No. H. Men's, same as No. HH, but low cut. Sizes, 6 to 12, inclusive.

Pair, \$2.00

★ \$21.60 Doz.

No. HB. Boys', 2½ to 5½, inclusive. Otherwise as No. H. Pair, \$1.75 ★ \$18.90 Doz.

No. HH. Youths', 11 to 2, inclusive. Otherwise as No. H. Pair, \$1.60 ★ \$17.28 Doz.

Spalding Canvas Shoes, with Rubber Soles

MEN'S—Sizes, 6 to 12, inclusive.

No. IH. High cut, best quality white rubber soles. Men's, white canvas; women's, black. Pair, \$1.75 ★ \$18.90 Doz.

No. I. Low cut. Otherwise as No. IH. Pair, \$1.50 ★ \$16.20 Doz.

No. M. High cut. Pr., .90 ★ 9.72 "

No. K. Low cut. " .80 ★ 8.64 "

YOUTHS'—Sizes, 11 to 2, inclusive.

No. IHX. High cut, best quality white rubber soles. Youths', white canvas; misses', black. Pr., \$1.40 ★ \$14.12 Doz.

No. IX. Low cut. Otherwise same as No. IHX. Pair, \$1.25 ★ \$13.50 Doz.

No. MX. High cut. .80 ★ 8.64 "

No. KX. Low cut. .70 ★ 7.56 "

BOYS'—Sizes, 2½ to 5½, inclusive.

No. IHB. High cut, best quality white rubber soles. Boys', white canvas; girls', black. . . . Pair, \$1.60 ★ \$17.28 Doz.

No. IB. Low cut. Otherwise same as No. IHB. Pair, \$1.50 ★ \$16.20 Doz.

No. MS. High cut. Pr., .85 ★ 9.18 "

No. KB. Low cut. " .75 ★ 8.10 "



No. L
Fencing
Shoe

Spalding Clog Shoes

No. 1-0. Goatskin uppers. Specially seasoned wood soles. . . . Pair, \$4.00

Spalding Fencing Shoes

No. L. Drab Glove Leather, red trimmings. Not carried in stock. Specify on order if to be made with or without toe extension sole, and on which shoe. Pair, \$5.00

No. LW. Women's. Otherwise same as No. L. . . . Pair, \$5.00



No. 1-0
Clog Shoe

Gymnasium and Acrobatic Shoes

No. FS. Flexible Soles. Special acrobatic shoes. Leather uppers, very high cut, and soft leather soles. . . . Pair, \$3.00

No. FL. Extra high cut acrobatic shoes. (Patent applied for.) Special leather soles, will not harden. Shoes are reinforced where upper and sole are attached. . . . Pair, \$1.50

No. FE. Extra high cut, best quality canvas shoes with leather soles. Especially for acrobatic work. Pair, \$1.25

★ \$13.50 Doz.

No. E. Low cut canvas, canvas soles. Pair, 35c.



No. FS



No. GWH

No. GWH. High cut. Special pearl colored leather. Flexible soles. Well made. . . . Pair, \$1.50

No. GW. Low cut, otherwise as No. GWH. " 1.25

The prices printed in italics opposite items marked with ★ will be quoted only on orders for one-half dozen pairs or more. Quantity prices NOT allowed on items NOT marked with ★

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GUARANTEES
QUALITY

SPALDING GYMNASIUM SHOES

Gymnasium Shoes must be comfortable and easy, yet fit snugly and give the wearer a sure footing—they must also be durable. Spalding Gymnasium Shoes possess all of these good qualities and, in addition, are reasonable in price.



No. 15
Correct
Shoes for
Boxing

No. 15. High cut, kangaroo uppers, genuine elk-skin soles. Will not slip on floor; extra light. The correct shoes to wear for boxing. Pair, \$5.00



No. 155

No. 155. High cut, elk-skin soles, and will not slip on floor; soft and flexible, women's and men's sizes. . . . Pair, \$4.50

No. 166. Low cut, selected leather, extra light and electric soles; men's sizes only.

Pair, \$3.00

No. 66L. Women's. Low cut, extra light, selected leather uppers. Electric soles. . . . Pair, \$3.00

No. 90L. Women's. Low cut, black leather, electric soles and corrugated rubber heels. Pair, \$2.50

No. 21. High cut, black leather, electric soles. Sewed and turned, which makes shoes extremely light and flexible.

Pair, \$2.50

No. 20. Low cut. Otherwise as No. 21 Sewed and turned shoes.

Pair, \$2.00

No. 20L. Women's. Otherwise as No. 20. Sewed and turned shoes.

Pair, \$2.00

Spalding

Special Bowling Shoes

No. 133. Best selected drab chrome tanned leather uppers with corrugated rubber soles and flexible shank. A perfect bowling shoe and very satisfactory also for general gymnasium use.

Pair, \$4.50

No. 148. For bowling and general gymnasium use. Light drab chrome tanned leather uppers with electric soles. Laces extremely low down

Pair, \$3.50



No. 166



No. 66L



No. 90L



No. 20



No. 21



No. 133



No. 143
Bowling
Shoe

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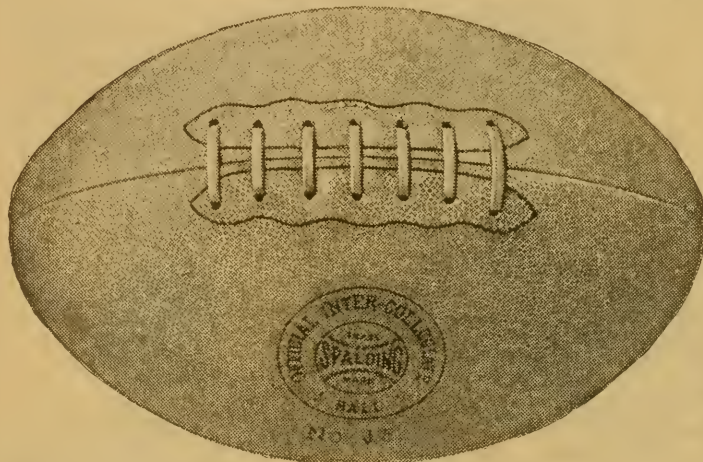


TRADE-MARK

GUARANTEES
QUALITY

The Official Intercollegiate Foot Ball

Patented September 12, 1911



THIS is the Only Official College Foot Ball, and is used in every important match played in this country. *Guaranteed absolutely if seal of box is unbroken.* Each ball complete in sealed box, including leather case, guaranteed pure Para rubber bladder (not compounded), lacing needle and rawhide lace.

No. J5. Each, \$5.00

WE GUARANTEE every No. J5 Spalding Foot Ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. *Owing to the superb quality of every Spalding Foot Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee which we will not allow.*

A. G. Spalding & Bros

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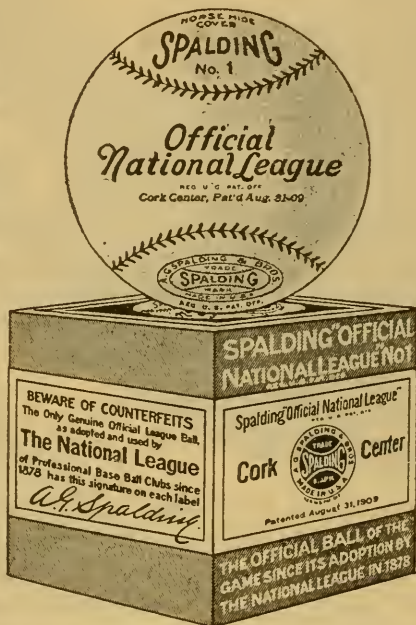
REG. U. S. PAT. OFF.

The Spalding "Official National League" Ball

REG. U. S. PAT. OFF.

PATENT CORK CENTER

PATENTED AUGUST 31, 1909



Adopted by The National League in 1878 and is the only ball used in Championship games since that time and, as made now with Patent Cork Center, has been adopted for twenty years more, making a total adoption of fifty-four years.



This ball has the SPALDING "PATENT" CORK CENTER, the same as used since August 1, 1910, without change in size of cork or construction. Same ball exactly as used in World Series Games of 1910, 1911, 1912 1913 and 1914.

No. 1 { Each, - - \$1.25
Per Dozen, \$15.00

Each ball wrapped in tinfoil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

THE SPALDING "OFFICIAL NATIONAL LEAGUE" BALL
HAS BEEN THE OFFICIAL BALL OF THE
GAME SINCE 1878

Spalding Complete Catalogue of Athletic Goods Mailed Free.

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**GUARANTEES
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Standard

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A Standard Quality must be inseparably
Without a definite and Standard Mercantile
Manufacturer to long maintain a Standard Quality.

To market his goods through the jobber, a manufacturer must provide a profit for the jobber as well as for the retail dealer. To meet these conditions of Dual Profits, the manufacturer is obliged to set a proportionately high list price on his goods to the consumer.

To enable the glib salesman, when booking his orders, to figure out attractive profits to both the jobber and retailer, these high list prices are absolutely essential; but their real purpose will have been served when the manufacturer has secured his order from the jobber, and the jobber has secured his order from the retailer.

However, these deceptive high list prices are not fair to the consumer, who does not, and, in reality, is not ever expected to pay these fancy list prices.

When the season opens for the sale of such goods, with their misleading but alluring high list prices, the retailer begins to realize his responsibilities, and grapples with the situation as best he can, by offering "special discounts," which vary with local trade conditions.

Under this system of merchandising, the profits to both the manufacturer and the jobber are assured; but as there is no stability maintained in the prices to the consumer, the keen competition amongst the local dealers invariably leads to a demoralized cutting of prices by which the profits of the retailer are practically eliminated.

This demoralization always reacts on the manufacturer. The jobber insists on lower, and still lower, prices. The manufacturer, in his turn, meets this demand for the lowering of prices by the only way open to him, viz.: the cheapening and degrading of the quality of his product.

The foregoing conditions became so intolerable that 16 years ago, in 1899, A. G. Spalding & Bros. determined to rectify this demoralization in the Athletic Goods Trade, and inaugurated what has since become known as "The Spalding Policy."

"The Spalding Policy" eliminates the jobber entirely, so far as Spalding Goods are concerned, and the retail dealer secures the supply of Spalding Athletic Goods direct from the manufacturer by which the retail dealer is assured a fair and legitimate profit on all Spalding Athletic Goods, and the consumer is assured a Standard Quality and is protected from imposition.

"The Spalding Policy" is decidedly for the interest and protection of the users of Athletic Goods, and acts in two ways:

First.—The user is assured of genuine Official Standard Athletic Goods.

Second.—As manufacturers, we can proceed with confidence in purchasing at the proper time, the very best raw materials required in the manufacture of our various goods, well ahead of their respective seasons, and this enables us to provide the necessary quantity and absolutely maintain the Spalding Standard of Quality.

All retail dealers handling Spalding Athletic Goods are requested to supply consumers at our regular printed catalogue prices—neither more nor less—the same prices that similar goods are sold for in our New York, Chicago and other stores.

All Spalding dealers, as well as users of Spalding Athletic Goods, are treated exactly alike, and no special rebates or discriminations are allowed to anyone.

This briefly, is "The Spalding Policy," which has already been in successful operation for the past 16 years, and will be indefinitely continued.

In other words, "The Spalding Policy" is a "square deal" for everybody.

A. G. SPALDING & BROS.

By *A. G. Spalding*
PRESIDENT.



Hollinger Corp.
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